

DIVINE TRUTH

The Battle for Your Soul

Divine Truth (divinetruth.com)

Discover God's Universal Truth and Receive God's Love

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Preface

This transcript and compilation book is an independent project undertaken by me and is not associated with the Transcription Team at Divine Truth nor is it associated with Jesus and Mary and the Divine Truth Organization.

This book is a collection of excerpts from the Human Soul series from the [Divine Truth](http://divinetruth.com) website (divinetruth.com) focusing on the *Battle for Your Soul*.

Part 1 and 2 of the discussion is about the battle for your soul that rages between yourself, and the different forces for love and fear that surround you, seen and unseen.

This seminar was recorded in Buderim, Queensland, Australia on July 24, 2010.

The seminars used for this compilation are:

- Battle for Your Soul Part 1– [July 24, 2010](#)
- Battle for Your Soul Part 2 – [July 24, 2010](#)

Any areas that were difficult to decipher what was being said while transcribing has been marked with a double question mark (??). My apologies for any error in transcription.

To access the links for these seminars you can either go to the [Divine Truth](http://divinetruth.com) website (divinetruth.com) and click on downloads, click on event year, and scroll to the appropriate date to find the video from YouTube.

Or you can go to [The Written Word](http://thewrittenword.ca) website (thewrittenword.ca) and click on the appropriate book under the Books tab. To find the pdf with all the links, click on the Book Title in the Book Details section.

Other than this Preface and Headings for the Table of Contents, I did not write any of the material in this book. All information came from the [Divine Truth](http://divinetruth.com) website (divinetruth.com).

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The Battle for Your Soul – Part 1

(Transcript starts at approximately 2:30 minutes)

Jesus:

Today's subject, I'm going to talk about the human soul again, but there is a subject that I want to raise with you, so let's write down the subject, it's part of the Human Soul series of talks that I've been giving, and this one I'm going to title, "*The Battle for Your Soul*" because I can feel that quite a lot of you feel now you're in a battle for your soul. Is that not the case, yes. And what I would like to do is be able to describe to you what's actually going on and why these things are going on and how it all works.

Background information

But before I do that, I want to give you a little bit of background information. The background information applies to 2000 years ago and it's interesting how many of the things that happened 2000 years ago are getting repeated back on Earth again now, and there are reasons for that as well.

Two thousand years ago, a group of spirits in the spirit world who were quite organized who were in a malevolent condition, a very dark condition, decided very early in my life, in the 1st century to actually do everything they could possibly do to make the Earth stay in the place where it was 2000 years ago.

The place where the Earth was 2000 years ago was much darker, if you can believe it, than it even is now, in terms of its general condition, it was a hellish condition really. So, if you're looking at the spheres, the dimensional existences, it was basically in the lower realms of the 1st sphere, the Earth's personal condition. When I say the Earth's condition, of course, the Earth doesn't have a soul so it's not the Earth's condition, it's the sum total of humanity's condition on the Earth that determines the general feelings that you get from the Earth.

What is actually going on

Now what happens spiritually, is this general condition is like a greyish-black fog or mist that is over the entire Earth. And the primary or dominant emotions that are on the Earth are fear and rage, and these emotions in particular along with lots of others cause a very black and dark condition to surround the entire atmosphere of the Earth from a spiritual perspective.

When you're a spirit, you actually see it as a physical mist of black or darkness. If any of you have read the book, 'Through the Mists' by Robert James Lees, you'll realise that the mist is actually the emanation or the odour, if you like, of our collective soul condition here on Earth. Does that make sense? That's the mist and that's the thing that creates a lot of our difficulties.

Why this creates a lot our difficulties

Now the reason why it creates a lot of our difficulties is because it's the general atmosphere that we have to get through before we deal with anything emotionally. So, there's this mist surrounding the entire Earth, which is actually a very, very dark condition, mostly containing these two emotions (pointing to 'fear and rage' on the whiteboard) but then of course surrounding those emotions are other emotions that also create us staying in the same location.

The emotion of doubt

So, emotions such as doubt, for example, particularly doubt that God exists and doubt that God is good, and all of those kinds of emotions cause the same emanation of odour. When you're a spirit, you can smell it and feel it, right, so it has a smell and it has a feeling that you feel as you come through it which is the emanation of the collective emotions, the collective emotional condition of every single person on this planet. Does that make sense? And by the way, it's not just every single person on the planet but it's every single spirit who is Earthbound is also contributing to the collective emotional condition.

Now that being the case, basically if we drew it, (drawing on whiteboard) so here is you here on Earth, let's say, so what we could say is we are sitting here on Earth and we have our own emotional condition to deal with, so there's what is called our own soul condition that I've been calling it, which is the sum total of all of our beliefs, all of our passions, all of our desires, and all of our entire emotional condition has an energy, has a force and this entire emotional condition which we can call our soul condition determines all of our personal Law of Attraction and everything else that is going on in our life. Now most of us are aware of that now, now that we've listened to many of the talks.

Opposition to humanity's soul condition

So, there's this personal soul condition we have, then there's this cloud, if you like, surrounding the entire Earth of humanity's soul condition. Now while my condition matches closely to humanity's condition, I will feel

relatively happy because I'm not receiving any opposition to my own condition. Does that make sense?

So, I'll actually have a feeling of relative contentment or happiness generally. The more I try to buck against humanity's soul condition, the more I feel the pressure of humanity's soul condition. So, let's say you try to get yourself from firstly, being similar to humanity's soul condition which by the way is in a low 1st sphere condition right at this moment and you try to raise yourself to a high 1st sphere soul condition, by dealing with a whole group of emotions. What happens is now you've got the pressure of humanity's soul condition working against you doing that. Does that make sense?

Straight away, humanity's soul condition is in opposition to what you're trying to release so that you can accept new beliefs and new constructs within yourself. And the human's soul condition is almost like an opposition or a barrier you've got to barge your way through before you can raise your own condition.

Hellish condition of spirits

Now on top of that, we've got in the 1st sphere of the spirit world, we've got all of these male and female spirits who have passed from the Earth who are in what you would classify as a hellish condition. Now when I say the word hellish condition, we're not talking about the fire and brimstone of the Christian beliefs, but hellish condition in that if you met one of these people, you would actually assume that they are the devil that the Bible speaks about, that's how bad their condition is, that's how lacking in love their condition is.

If you could see them physically, you would see them and probably in most cases be terrified, this is one of the main reasons why many of us turn off the gift of mediumship in our childhood because sometimes we see some of these spirits and then as a result of seeing these spirits, what happens is we get terrified because of that. Does that make sense?

These spirits would like the Earth to get into an even worse condition

So, this hellish condition of all those spirits - now they also do not want you to change. In fact, they would like the Earth to get into a worse condition than what it currently is. Now the reason why they would like that is because the only way for them to get any emotional satisfaction at all out of their entire existence is to have people on Earth they can control and manipulate to do what they want that they can no longer do while

they are in the spirit state, and so they want people on Earth to get dark again, to go black as possible.

These spirits want the world to remain in terror and rage

And in fact, they spend a lot of their time looking for people who are black to try to make them blacker, right, to make their condition so dark that they then influence other people on the Earth to get dark as well. They are the kind of spirits who want the world to remain in terror. They want you remain terrified as well. They want you to remain in a rage; they don't want you dealing with a single emotion in a positive way, and they certainly don't want you to become loving.

In fact, not only do they not want you to become loving, but they are also going to do everything possible in their power to get you to become more unloving; that's their goal. And it's a very self-serving goal and they feel they get joy out of it. In fact, it's the only joy they have in their existence. It's the same kind of joy that a person on Earth who's a torturer gets out of torturing his victim, that's the kind of joy they get, a sense of satisfaction. They even sexually get off on the joy of it. So, they have a lot of very, very dark emotions, these groups of spirits.

Now they are there impressing their condition onto you as well. So can you see already why you're starting to feel like it's a bit of a battle. You've got your own condition which is sometimes bad enough to deal with. Like when I began my own injury, I was in a suicidal state, so my own condition was bad enough, let alone having to deal with the condition of the human soul condition and then, of course, the spirits in a hellish condition.

Barriers for Natural Love spirits to communicate with us

Now, of course, there's also these Natural Love spirits above that (drawing on whiteboard) who are in various conditions of what we could rate from the 2nd dimensional existence to the 6th dimensional existence which is the pinnacle of a development of a Natural Love spirit, and they are also impressing their belief systems, their ideas, their knowledge and all of those things unto the Earth, but of course, they have the same problem as every other spirit who is in a good condition has of getting through all of this darkness, through the mist, if you like, that surrounds the planet and therefore, surrounds us living here on Earth to actually influence us.

Resistance to truth coming to Earth

So, when one of these spirits up here (pointing to the '6th sphere' on the whiteboard) try to communicate with us on the Natural Love Path, they are going through all of these different conditions (pointing from the '6th to the 1st dimensional spheres' on the whiteboard) to get to us, and in the process of going through all of those conditions, obviously, there is a modification of some of the thoughts that they are trying to transmit. Does that make sense? Because each one of these stages has a limiting factor, it's like a resistance to the truth coming to be known on Earth.

Barriers for Celestial spirits to communicate with us

Now there is also above that, what you call Celestial Spirits, right, these are the spirits who are on the Divine Love Path, the spirits from the 8th sphere, the 8th dimension through the 22nd (36th) dimension who are trying to influence you. You can see what they've got to go through to get to you.

They've got to go through a heap of natural love beliefs, and ideas, and concepts that we've learnt through the entire of our life. Then, they've got to go through a heap of dark, emotional concepts that we've learnt through our life, you know, many of which pertain to God, but others of which pertain to our own soul and our own life. Then they've got to go through the general human condition, you know, this mist that surrounds the Earth, of fear, doubt, anger, rage and all those emotions, and then they can get to communicate to you. Only if your soul condition is willing to receive it.

Barriers for God to communicate with us

Can you see how many barriers there are now to the communication. And then, of course, way above all of that we have our Heavenly Parent who actually is totally capable of a permanent connection with you individually. So, that Heavenly Parent is totally capable with the connection to your soul, but can you see what that parent has got to go through to really connect with you.

So, all of these other belief systems and all of these other conditions and the emotions and our own emotions all add up to a large amount of resistance in our soul to really ever becoming at-one with God. Can you see that? That's the truth.

So, while God is certainly able to barge Her way through all of that, to do so, she would have to break Her own laws of free will, so She's not going to break Her own laws. God doesn't create a law just to break it. So, the

truth is that actually God will not break the Law of Free Will on every one of these people in order to communicate with you. In fact, it would be a very unloving act if God chose to do that. Does that make sense? So, God doesn't choose to do that.

Can you see there are a lot of barriers to truth and love entering your soul as a result. And not only are they just physical barriers, but they are actually in some parts of the universe direct opposition to you ever getting into this condition of at-onement with God.

When somebody on Earth connects to God it is like a supernova going off

Now in the 1st century a group of spirits noticed that when I began connecting to God directly, what happens on Earth when somebody on Earth starts connecting to God, it's sort of a great big supernova going off. If you can imagine a huge bright burst of energy going off. Every time you actually connect to God this happens as well. But if you imagine somebody in that permanent condition, then it's like that bright energy all the time.

These spirits spend the majority of their energy on attacking persons in a brighter condition

Now everyone around that knows that it's there. Even on Earth, people can feel it from you, but spirits in particular can see it happening. And a whole group of spirits in this hellish condition decided that what they're going to do is spend the majority of their energy and concentration and time attacking the persons who are in the brightest condition. And the reason why they want to do that is because these persons are the ones who are having an effect on the Earth.

While you are all here and you are allowing yourself to connect to God and receive some love while you're here, often times that is the case as you're receiving truth. The whole energy here is very bright. So, spirits can see it from the opposite side of the Earth, they can see how bright it is and they come and visit, to investigate.

Now there are a whole group of spirits who are in this condition (pointing to 'hellish' on the whiteboard) who know that that brightness means their peril, is the way they see it. Their death now is the way they see it. Does that make sense? And what they are going to do is they then zone in on every single person who is in a brighter state and what they do is they try

to get you back into a state that is the same as the Earth or worse. That's their goal.

Participant Female:

Can one spirit be attached to more than one person?

Jesus:

They will go from person to person to person often influencing whole groups of people and it's not just one spirit here. These are like whole groups of spirits who are in this state.

Participant Female:

Yes, so if just say, there's a negative spirit attached to me, hooking into my stuff that I'm denying, can that one spirit not affect another person at the same time, or ...

Jesus:

No, they can.

Participant Female:

Oh, okay.

Direct attachments versus spirit influence

Jesus:

They can, but obviously if they're attached to you that's very different than their attempts to influence you generally. See direct attachments are due to emotional addictions inside of ourselves. What I am talking about here is not a group of spirits who are directly attached to you, but rather a group of spirits who you would call the rulers of this world. They are the rulers currently of this entire system of things that we are living in.

Participant Female:

Okay, I didn't realise there was a difference between a spirit being attached and then a spirit just influencing.

Jesus:

Yes, a spirit being attached to you is very much about your own addictions and their addictions being met, so the only reason why a spirit would be personally attached to you is because you have an addiction of some kind whatever that addiction may be. Let's say, give an example, the addiction might be that you have an addiction where you always do what the man wants you to do no matter what the circumstance, and what will happen is different types of spirits will connect to you permanently in that regard, some of them who are women in the spirit world who believe they also

have to do everything that a man wants you to do in every circumstance and they permanently attach to you.

That's not these groups of spirits that I'm talking to. Those group of spirits are directly affected by your soul condition and the instant you raise your soul condition and release the emotion; the attachment breaks and so, they have to leave. There's no alternative for them to leave you.

These spirits will attack you no matter what your condition

This other group of spirits are a group of spirits who are going to try to influence you no matter what your condition is. They are going to try to attack you no matter what your condition. And in fact, the brighter your condition, the stronger they're going to try to attack you, right, because they want to bring you down to their condition or lower.

Participant Female:
Thank you.

Jesus:
Any other questions.

Participant Female:
I'm finding that the more that I'm processing and releasing, the more that I don't want to put myself in situations like going out to clubs and pubs and all that sort of stuff anymore. And like I can feel when I'm in a dark space, I can actually feel them just coming in, right in ...

Jesus:
... to try to influence you to go somewhere.

Participant Female:
... totally.

These spirits want Earth to be in as hellish a condition as what they are

Jesus:
Yes, we'll talk about all of this. There are spirits who - like I'm saying, they are not connected to you permanently because you've dealt with different emotions and worked your way through different things, but they themselves are in a hellish condition and they want the Earth, their goal is to have the Earth in as hellish condition as what they are.

These spirits would like anarchy on the entire planet

Basically, if you could think of a world, a seedy underworld, if you like, where there's basically public sex, public drugs, everyone is just doing their own things, murders, rapes and all those things going on constantly, these spirits would like that happening to the entire planet. They would like there to be just anarchy on the entire planet, that's their desire. So, that gives you an idea of how dark they are. And their whole goal is to bring every single person on this planet to that condition; that's their entire goal.

God's Laws

Participant Male:

AJ, taking that example where the intent of the negative spirits is to keep humanity in darkness and attached to all of their addictions, but that would immediately then bring the Law of God onto humanity too to bring lessons to that part of humanity in a severe way like Sodom and Gomorrah or something like that.

Jesus:

Of course. There would be an automatic correction or system going on which we'll talk about in a minute, but what I'm trying to do is just describe to everyone what's really going on from a spiritual perspective first so that we have an understanding of it and then, we can start seeing what other things are kicking in to correct it, to actually bring correction to this system if you like.

Participant Male:

Right, thank you.

People who want to improve their condition unfortunately are under more attack

Jesus:

And one of things that is most powerful bringing correction to the system is you, actually, and this is why you become the focus of the attack of these spirits because any person who is in a state who wants to improve themselves immediately has the power to, not only, improve themselves but to help others improve as well. So, obviously these people then become under more attack from these spirits, automatically.

Archangels are just people who lived on Earth

Participant Another Male:

Hello, good day AJ, I'm just wondering in the Celestial spirit, you mentioned earlier on about 2000 years ago which you're obviously going to get to more about that in a minute, where did the archangels play a role in that knowing that these hellish spirits were around there and 2000 years have gone by since their domain and establishment on Earth, how do they fit into it, and are there extra-terrestrials from Andromeda and there are things on the internet talking about you coming here now. They are actually supporting you, but they come from another constellation in the universe, and they know of this time on the Earth, and I'm wondering how they fit into this picture.

Jesus:

No worries. Well, there're two questions there so let's answer the first one. Who you call archangels actually are just people who lived on Earth prior to your existence and when I lived on Earth, they were in the 6th sphere condition, right, so you've heard of the Archangel Michael, for example, and the Archangel Gabriel, they are actually people who lived on Earth prior to my existence and up until the 1st century, they lived in the 6th sphere condition, and they had a deep connection with God, more so than many others, and God actually used them to transmit truth to the Earth when God had the opportunity.

So, what would happen historically is people from all walks of life on the Earth, not just from Judaism walk of life, so not just a Jew, but all walks of life, they were given prophecies via these spirits if you like who were in the 6th sphere condition at the time. Once they learned that the Divine Love was opened for them to receive, they were amongst the first spirits in the spirit world to receive that love.

And as a result of that, they then progressed into the Celestial spirit world. So, after I entered the Celestial spirit world, they then entered the Celestial spirit world as well. So, they now are actually, many of them are in a 22nd sphere state or in these spheres between the 8th and the 22nd (36th) sphere state. You call them archangels, that's not what they call themselves.

And in fact, there are many spirits on Earth currently trying to misrepresent them. You notice that any medium you go to, to get some channelling they say, oh, but I have the Archangel Michael here or the Archangel Gabriel here and many times it's actually a 1st sphere very low condition spirit trying to impersonate a Celestial spirit, and all you need to do is challenge them and you'll soon see the anger that comes out of

them and you'll know straight away that's not the Archangel Michael or the Archangel Gabriel.

Extra-terrestrial – the Pleiadeans

The second question you asked was about what you call extra-terrestrial beings. There are in the spirit world, on the Natural Love side of things, there literally millions and millions of different spirits who believe themselves to be and they will say to the Earth that they are actually extra-terrestrials. They live in a different dimension. They are not always conscious of the fact that they are in a different dimension, so some are in low conditions, but actually last week I talked to a group of spirits who were in a 6th sphere condition in that state where they were telling the Earth that they were extra-terrestrials.

If Mary was here, she would be able to remind who they were, but I can't remember. Sorry ... the Pleiadeans, that's right, yes. There were a group of Pleiadian spirits who came to talk with us. They came to talk primarily because they told me that they could help me with some of my emotions and so we had a discussion and then after the discussion, they actually went off and investigated a lot of Divine Truth and then over a period of three days, quite a group of them got on the Divine Love Path, and then they came back and told me they can't help me with my emotions (Laughter) which was quite disappointing for me, but anyway.

So, what actually happens in this state is that there are a lot of spirits in the spirit world who have a lot more of a metaphysical way of describing things and they see themselves as living on different planets, which they are, and they visit the Earth and they give a lot of truth to the Earth, again, with the same limitations of everybody else through these filters (pointing from the 6th sphere to the 1st sphere on the whiteboard).

Hundreds of light years between different dimensional spaces

Participant Male:

So, when they say they've travelled so many light years to Earth, it's just a dimensional travel through them because they're at the 6th sphere, they're able to tune into the Earth in its poor state and come here and try and help and impress on us a higher ??

Jesus:

The 2nd dimension, for example, is actually hundreds of light years from Earth, right, so I draw it like a line and call it a different dimension, but it's actually hundreds of light years from Earth, which by the way, if you're

a Celestial spirit you can traverse in an instant. So, it's like it doesn't even exist in terms of distance. Does that make sense?

Participant Male:
Yes, excellent, thanks.

Jesus:

There's a lot of metaphysical misunderstanding, I suppose you could say of what's really going on. But the Natural Love spirits who are like the Pleiadeans who are wanting to affect the Earth in a positive way, even if it's in a Natural Love way, they're in a much better condition than the spirits that I am speaking of.

These spirits' (aka demons) life is dedicated to your destruction

The spirits that I'm speaking of these ones in this hellish condition are - you could think of them all as demons, right, in the sense that their entire life is dedicated to your destruction. Now if you're feeling afraid about that, then deal with some fear about that because it is an actual truth, but we do need to release our fear about this.

These spirits have power through your unhealed emotions

Obviously, God is much stronger than any spirit, and in fact, these spirits having very little power unless it's through your unhealed emotions and this is why your emotional work is so important, and we're going to discuss that, how you can actually battle for your own soul; that's the point of this discussion.

An example of a participant's experience with spirit influence

Participant Male:

Thanks AJ. I would like to thank you - it's interesting that I've turned up today and you're talking about this because it has a lot to do with what I've gone through in my life. What I want to ask you is I've, in the past, have done some teachings too and I've let people know about the different influences that spirit can have upon us. A lot of people like to think it's all angels and it's all good out there, of course, we know it's not like that. The question I would like to ask you is many times in my life, I have experienced, not only bad influences but also what I call psychic ??attack

where I get electrocuted by spirits or they could almost take my life and it seems to last for a few days, so what area or level would that come from?

These spirits are organized as ‘rulers’ of this world

Jesus:

This group of spirits that I'm talking about are organized against the Earth to actually make the Earth stay in a poor condition. They have a global feel about them. They are like, you could think of them as the rulers of this world, that's what they are.

The kind of spirit that you're talking about are more spirits with personal vendettas against a certain type of person. And yes, certainly, a spirit can attack you in such a manner if you have certain openings, emotionally, can attack you in such a manner as to degrade your own condition, and in fact, you can die from their attack.

Dying from Leukemia is a result of spirit attack

The truth is that almost every child that has leukemia who dies is a result of dying from a spirit attack. So, these things are going on constantly around us. We call them even diseases, like the diseases which primarily affect the pancreas. For example, the diseases regarding insulin dependence, diabetes and so forth, a lot of them are all the results of spirit attack. So, there are a lot of even diseases that we've named that are the direct results of spirits being able to attack us in certain ways and in certain areas in our own body.

And certainly, a spirit can cause your own death, not just by external means, but actually cause it through your own blockages, through your own emotional condition. So, a spirit can certainly harm you quite greatly, personally, if they desire to, and there are many spirits who desire to.

Participant Male:

It's interesting just finishing up because ever since I was a child I remember a lot of episodes happening to me so, you know, I've experienced literally thousands and thousands of different attacks when I open myself up spiritually, and I've actually written a book about it to explain to people that it's not all beautiful out there. There are these lost souls out there.

These spirits are not ‘lost’, they know exactly what they are doing

Jesus:

Exactly, exactly, yes. And many of them are not lost actually, many of them know exactly what they're doing. So, I wouldn't call them lost even, they are very definitely down the evil road and they want to stay in that place and they will stay in that place for a period of time until their own pain, and I will talk about when it will stop for them, and that's when their own pain exceeds their desire to do something wrong. So, that's the only time they'll stop and by the way, that's the only time you'll stop doing things wrong too, by the way, is when your own pain from the result of it exceeds your desire to do it. Does that make sense?

Participant Male: Yes.

Jesus:

Yes, and that's when they will stop. Their desire to do wrong is so great. If you can imagine the amount of pain they are in, you would be freaked out. For the majority of persons on Earth, would be totally freaked out about the amount of pain these people are even experiencing.

But bear in mind that God has created a loving universe and therefore, these people are in the most loving place that their soul condition can place them at the time. So, they are actually living, right now, in the most loving place they could be for their own existence, which is an interesting thought, isn't it, really.

Participant Female:

When you were saying that about these spirits, I didn't go into fear; I think I've got more fear talking to you right now (Jesus laughs) than I did and that really blew me away because I felt a lot of compassion for them and I don't understand that.

Even though these spirits are creating horrible lives, a person who's in a position of love would love them quite strongly

Jesus:

Yes, well these people are obviously creating horrible lives for themselves and as their horrible life continues to degrade, obviously a person who's in a position of love would love them quite strongly. So, God loves them and they are in the position they are currently in because of their desires and

their passions. And the place they've created in the spirit world that they live in is unimaginable for the majority of you - you would never be able to imagine how bad it is, but it's the best place they could be given the amount of love that's in their own soul at the moment.

These spirits souls have shrunk

But it's sad to have people in that state that have so little love in their own soul that their souls have shrunk as to be non-existent almost, like their soul - if you could look at their soul, you see them as like a little shrunk, screwed up seed sort of thing, instead of this big light ball, you see them like this little dead - it's terrible to look at. And then if you look at their spirit bodies, most of them can't even keep their spirit body together. So, bits of their body flies everywhere. So, if you can imagine like bits of their arms falling off, and their skin falling off their face, and this is how they look in the spirit world. And this is where a lot of the movies come from about zombies and stuff, right, they come from people who have seen spirits in these conditions.

Participant Another Female: Hi AJ.

Jesus:

How are you doing?

Participant Female:

Just something twiggged?? when you said that they had a global feel about them.

Their entire purpose is to globally affect the Earth through fear and terror

Jesus:

The ones I'm talking about in particular are not these ones that are individually interested in your life for some individual purpose. I'm talking about now a group of spirits who have - their entire purpose is to globally affect the Earth and they actually, through fear and terror, help all these other spirits project at you. So, these people are thought to be the rulers of the spirit world in the hells. Does that make sense?

The irony is the only way they can control even the spirits who do a lot of their work for them is through fear and terror. And if the spirits didn't have fear and terror, then none of them would do any of things that these spirits want them to do.

These spirits control the entire world monetary system through manipulation and control

So, what I'm talking about, these spirits also control the entire world monetary system at the moment, they control the entire world economic system, they control the entire world system of things through their manipulation and control.

Participant Female:

Yes, and ?? mentioned the blue blood race, ??

Jesus:

Yes, there's a lot of misrepresentations of the truth of their condition on Earth and one is this whole idea that there is a blue blood race of people on Earth who basically will always rule the Earth, but this only happens through spirit manipulation.

These spirits connect to people on Earth who are in positions of power

So, these spirits connect to people on Earth who are in positions of power, and they heavily influence them into doing things that are very drastic in a negative way, an unloving way towards the Earth and towards you. So, the entire monetary system was created by these spirits. They are all spirits who have lived on Earth; all of these people have lived on Earth, by the way.

Participant Female:

Is there a lot or is it a bit like the monetary system, just a very small few ...

There are billions of these spirits

Jesus:

No, there is a lot. There're billions of them.

Participant Female:

Billions of them, okay, thank you.

Participant Another Female:

Hello, I was just wondering if you've been able to talk to them or is anyone talking with them

Jesus:

Last week, I managed to talk with some of them, and I'll tell you some of their comments as we go.

Participant Another Female:

I just want to ask; how do you get there?

Jesus: Get where?

Participant Female: To that area.

This talk is to focus the battle for 'your' soul

Jesus:

To this place - I can describe that to you as well. So, we'll do that in this part of the process. What I'm trying to do at the moment is give you a big overview of what's actually happening and then we'll start talking about more specific things that are going on in terms of how they get into that condition and why they want to remain in that condition, and then also how that affects you because remember we want to focus this on the battle for your soul (circling 'your' on the whiteboard) because this is all part of your individual soul that's going on.

Padgett Messages – Jesus was not present on the battlefields in WWI

In the Padgett Messages you will notice that James Padgett asked me a series of questions about whether I was present on Earth in the 1st World War and whether I was present on the battlefields like whether I watched what was going on, on the battlefields. And in my response to him I said that no, I wasn't present on the battlefields because they are not the persons that I can help.

Jesus wants to help people 'battle' for their soul, not 'battle' for a piece of land

The reality is that the persons that I want to help are the persons who recognise that they are in a battle for their soul, not in a battle for a piece of land. To recognise you're in a battle for your soul, you already need to have a bit of awareness about what your condition is and what's going on around you and what you want to be. And if you're in a battle for your soul, you'll always recognise that actually there are forces greater than yourself, when I say greater, there are forces like not greater than yourself but rather just there are a great many forces outside of yourself that actually can influence you in your own progression.

When you know what's going on, you can avoid things

And what I want to do is give you a heads up about these influences today because the future, over the next six to twelve months, you're going to receive quite a lot of a barrage from them and that's one of the reasons why I want to have this discussion with you.

Again, not to cause you to feel afraid but rather to know what's going on. When you know what's going on, it simplifies the entire thing. When you know what's going on, you can avoid things so easily. But when you hook into what's going on that's when damage occurs very, very rapidly and that's what I would like to describe.

Example of spirits trying to create torture and death to Jesus and Mary in the first century

Now a group of these spirits came to us this week while we had some mediums with us and they talked to us. There was a group of them who have gone through a bit of repentance. They were a group of spirits who all through my life and Mary's life in the 1st century, all they wanted to do was to bring us events that would create torture and death for us. And so, in the 1st century I was tortured on four different occasions, not just at my death. And Mary was tortured on quite a number of occasions through her life as well as her death.

And these spirits were the ones instigating and creating those events behind the scenes using our Law of Attraction and using the Law of Attraction of people around us which I will describe to you in a minute, and what they did was they created a whole series of events which included my own death. So, they actually finished up creating my death through their condition.

And then by their ability to manipulate, not only the people like the Romans and the Jewish Sanhedrin, but also even to manipulate the people who you would term my disciples from the 1st century. So, my death was actually created by these spirits manipulating a group of my own friends, and that's how my death was created. And what I want to do is talk to you about how that happened and what you can do so that these kinds of things don't happen again to you or others. Does that make sense?

It's only through your unhealed, unloving emotions that these spirits can influence you

So, in the 1st century, this group of spirits spent all of their life planning and plotting against myself. And I often refer to them, in fact, and there are some quotations of that in the Bible in terms of my reference to this group of spirits. And this group of spirits are very influential in being able to influence people on Earth through their unhealed emotional condition.

It's only through your unhealed, unloving emotions that these spirits can influence you. If you stay in a place of love and you stay connected emotionally and you own all of your own emotions, it's almost impossible, and in fact, it is impossible for them to directly influence you in this condition. But the instant you get out of that, and you get into an emotion of denial, now they can heavily influence you and do, often times heavily influence us. Many of you have already, by the way, have been heavily influenced by them without even knowing and I'll talk about some of the events, not specifically but some of the events that have caused those influences.

Spirits in conditions of love have a lot of negative things to get through before they can reach you

So, can you see though - at this point, what I'm trying to do is introduce you to the fact that the people who have love, so if we first, obviously God being the Creator of all love has the greatest love, an infinite love for you, and then you've got the spirits who are in at-onement condition with God, they also have huge amounts of love for you and also for humanity, but can see that the spirits in conditions of love have a lot of negative things to get through before they can reach you. Does that make sense?

Now you can make it easy for them or very difficult for them to assist you. By making it easy, what you do is you raise your soul condition, and you only ever act in harmony with love and truth which means you only ever act in harmony with the Laws of the Universe. When you act in harmony with God's Laws no spirit who is acting out of harmony with God's Laws can actually influence you personally. Does that make sense?

But as soon as you have an emotion inside of yourself or a belief inside of yourself that's out of harmony with one of God's Laws or Principles, now any spirit in the universe who is also out of harmony with God's Laws and Principles can influence you.

Progressing on Earth versus the spirit world

And the problem on the Earth is, the likelihood of you getting into a darker condition when you've got out of darkness is still fairly high. Now there's a very good reason for this and that is that here on Earth we're still living in this human soul condition environment. Does that make sense? So, when you raise your condition from a 1st sphere condition to a 2nd sphere condition, for example, in the spirit world you would be in an entirely different environment if you were in the spirit world. The environment would be much more beautiful. Everyone around you would be much more loving than what you were used to before. Everyone around you would treat you quite differently. Now do you think you would want to leave that environment very often? Of course not, would you?

What you would want to do is stay in that environment for as long as you can and many of them do, stay in that environment for many centuries actually before they even make the step up to the next sphere or the next dimension. And the reason why is because it's so beautiful being in an environment where you're loved and every interaction is the beginning of love for you, and particularly when your life has been in a hellish condition if it was on Earth, being in that environment is very, very attractive, and so of course, you will want to stay there. You would never want to go back to the hells, would you? You think? Even if it was to visit an old mate that was there, you might not want to go back, right. You'd go, oh, do I really want to visit him that much, you know.

So, what happens is that in the spirit world as you progress in your soul condition, your environment immediately reflects to you your changed condition which has a positive benefit on your soul of recognising that, oh, there are certain actions that are now harmonise with love, why would I want to give them up? To give them up would mean going back to the lower condition. So, can you see it's highly unlikely that a person in the spirit world who has progressed to a 2nd sphere condition would want to go back and live permanently in the 1st sphere again because they go and do something that is out of harmony with love. Does that make sense? And in fact, no one ever does which is understandable.

The problem here on Earth is very different though. On Earth we have a raise in our condition through different emotions that we work through and our connection with God and we're receiving Divine Love, starts purifying the soul, our condition raises, but our environment, the general environment of the Earth, right, is still in the same condition which means that we're not living in a personally loving environment surrounding us still. Does that make sense?

Now the amount of pressure on you to get back to the old condition is greater now that you're in the new condition than it was when you were in your old condition, right. And since the amount of pressure is greater, there is a higher likelihood of you succumbing to that pressure, the higher you progress.

Getting to the stage where you will never tell an untruth again

And it's only when you get to the stages in this development that you would never revert. Now one of those stages is where you will never tell an untruth again, that's a very positive state to be in. And once you get to that stage, there are certain places you would never go back to after you get to that stage, for example.

Lie to prevent your own embarrassment

But if you had an emotion in you of, oh, I feel embarrassed, right, so I don't say the truth. A spirit can now hook into that emotion of your embarrassment, place you in a situation where you lie to prevent your own embarrassment and straight away your soul condition has now just gone down a wrung again.

Our unhealed emotions can easily be manipulated

And this is the trouble on Earth you see. The trouble on Earth is our own negative, unhealed emotions become our Achilles heel. They become the thing that can easily be manipulated. So, what often happens in progression is this - a person in a darker condition, they start learning the Divine Truth, their condition ramps up, right, now they start getting into the 2nd sphere condition, now what's happening is there is more pressure on them from the environment to get back to their original condition.

And unless they have courage and a really deep desire to connect to God, they will at some point go back down. And then you'll feel bad about that and you'll feel terrible about that because you've received some Divine Love and so, you'll want to go back up again, right, and then the same emotion will get triggered that got triggered the last time and if you don't stay in harmony with love and truth in that place, what will happen is your condition will go back down again.

And this is what happens for many people on the Divine Love Path on the Earth is they go through this cycle and their general condition doesn't change very much their entire life on Earth because they get to emotions that they don't want to deal with emotionally and now they can be heavily

influenced by a group of spirits who want them to get back down to the previous condition and they do succumb to that influence.

Now do any of you have the Padgett Messages on you at the moment because I forgot to bring some up with me. I can't remember where I left mine, oh, I know where mine are. (getting his Padgett Messages)

Padgett Messages - The Prayer for Divine Love

The reason why I want to get the Padgett Messages out for you is because I wanted to remind you of the prayer for Divine Love (copy on last page of book). Can you remember it? How many of you can remember the Prayer for Divine Love?

Keep me in the shadow of your love

By the way, if you test this prayer with kinesiology, you'll find it probably rates around the 1500 mark on the Hawkins scale. But if you take out this paragraph, it will actually test lower on the Hawkins scale if you take this paragraph out that I want to read to you. And this is the paragraph I want to read to you:

"Keep me in the shadow of your love every hour and moment of my life and help me to overcome all the temptations of the flesh and the influence of the powers of the evil ones which so constantly surround me and endeavour to turn my thoughts away from you toward the pleasures and allurements of this world."

Now when I gave that prayer to the disciples in the 1st century, I focused a fair bit on that particular paragraph, and the reason why is because everyone of us often doesn't realise the amount of pressure there is on our soul to revert to unloving behaviour. And that part of the prayer is there to remind you that actually you do need some protection, and you do need to work through your own emotions that cause you to be drawn back into the world that surrounds you from an emotional perspective, from a love perspective.

Remember I said too that you would become the light of the world. The light of the world - when you become brighter within inside of your spirit form because your soul is brighter, in other words, you're more harmonious with love, the world, including the spirits, see you more. And as such, they have a tendency then to want to pull you down to their condition again. They have feelings that you can liken to jealousy, I suppose, and they will work on you and work on you as much as they possibly can to pull you down into that condition.

So, you've got these influences, these two positive influences, obviously God being the most influence, if you allow God to be, and then the Celestial spirits being the next most influence, that are harmonious with Divine Love, and then you've got all of these influences from the Natural Love spirits down that are out of harmony with Divine Love in some way. And all of those particular influences have the potential to pull you back down into the way the world thinks and acts and so forth. Does that make sense?

We want to be love in the world rather than the same as the world

Now what we want instead is to be love in the world, don't we, rather than to be the same as the world. And to be love in the world means that we're going to need courage. We're going to need courage to actually live a life of truth and love even when no one around us is living that same life.

And this is why a lot of the times I have been trying to help you with your emotion of expectation that other people are loving to you. Can you see why I've been trying to help you with that emotion? Because in the end, if you expect other people to be loving to you, your expectations are not going to be met because the truth is that the first group of people who get into a state of love means that everyone else is not in that state.

So, every time you expect your husband to listen to you and every time you expect your wife to cook you dinner as an act of love and every time you have these other expectations, you are actually not being harmonious with love yourself and you've automatically degraded your own condition and in that place people can connect to you every time you have an expectation that is out of harmony with love.

Love is a gift

Even when you expect to be loved, you are out of harmony with love because love is a gift and therefore, by definition, cannot be expected. Does that make sense?

So, every time I expect even someone to love me, I am out of harmony with love and now I have left an opening for a spirit who is in a negative condition to harm me in that moment, as soon as I expect them to love me, right.

When you no longer expect anything of anyone else and expect everything of yourself, in other words, you expect yourself to be loving even if nobody else is towards you, then you are going to be the least influenced by spirits

or negative people around you. Because no matter what they do, they can't stop you from being loving.

At the moment, many of you are easily stopped from being loving because you have expectations that other people love you and as soon as they don't, how do you feel? You get angry and resentful and hurt and all of those feelings. Well, all of those feelings bring you out of harmony with love and therefore, out of harmony with the protection of the Laws of the Universe, and therefore, of course, able to be influenced by the attack of spirits who want you to get into that darker condition. Can you see? Every moment you expect to be loved by someone else, you are actually placing yourself in a more dangerous spiritual condition.

So, does everyone understand this entire picture (pointing to the drawing on the whiteboard) of what's going on and does everyone get that there are a group of spirits who are in the hells of the spirit world whose only goal is to make the Earth worse than what it is, and therefore, any person who ever has a goal to make the Earth better than what it is, what do you think these spirits are going to do? They are going to attack you.

If you have a desire to make the Earth better, these spirits are going to target you personally

Now many of you have a desire to make the Earth better than what it is, yes? And so, these spirits are going to target you personally, right, in some way, and if they are not already done so, they will do so.

What's going on inside of us and how these spirits can manipulate us

Now what I would like to do is focus you on what's going on inside of you and how that is manipulated by them. We've seen the general overview, now what we want to do is concentrate on ourselves and how these spirits can easily manipulate us into doing things that we wouldn't normally consider doing, yes.

Now remember I told you earlier that we talked to some spirits from the 1st spirit who was with myself who were trying to cause harm to myself and Mary, and those spirits worked upon the emotions, the unhealed, unloving emotions that were still present within most of the people who were our friends to such an extent that those people made decisions that they possibly would not have normally made that eventually, firstly, caused my death and then caused a lot of trauma to Mary including her rape by some of her disciples and also her death.

What's going on inside of us emotionally

So, let's have a look at what's going on emotionally inside of us. So, here's us (pointing to the drawing on the whiteboard), remember that's our physical form only, isn't it. Our spirit form is basically the same kind of form but over top of that, and then we have this thing called a soul that most people can't see and in fact, no spirits can even see surrounding our form.

Now that is the real us, and that is a container full of all of these belief systems, emotions, desires and passions. So, if we just write that down, we have a set of beliefs, we have sets of emotions, but we also have desires and passions, longings, (intentions) and so forth, right, they are all part of the real us.

Now when all of those things, our desires, emotions, passions and longings are all harmonious with Divine Love, there is actually an automatic protective barrier, not created by spirits, but actually your own protective barrier created by yourself that surrounds you and no other person in the universe can influence you without your will being involved. Does that make sense, in that place.

You could think of it like a great big barrier surrounding your soul and therefore, also surrounding your bodies, right, and the only way now any other person can influence us is through external events that have not much to do with us except in that they might affect us in the longer term.

Being at-one with God gives us a protective barrier surrounding us

So, for example, if you are in a state of at-onement with God, you have this protective barrier surrounding you. Right at that moment, not a single spirit in the spirit world can ever implant in you a thought that is out of harmony with love. So, it's an automatic protective barrier. Not a single spirit in the spirit world, or person on Earth for that matter, can implant in you a desire that's out of harmony with love. They can't influence you in a negative manner. And not a single person in either locations, spirit world or here, can actually force you to do anything at all in that place; they can't ever make you do something.

They can put a gun to your head and try but they won't be very successful. Now your physical body might pass through that event but are you changed? No, you're still not affected by the action that they took.

So, there's our true condition; that's the condition we can aspire to. Instead, what really is happening is we've got these little holes everywhere in our protective armour and I've talked to you in the past about protective armour, so I've talked to you about this condition. So, we've got these holes in the field around us, if you like. And every one of those holes is created by either an emotion or a belief system or a desire that's out of harmony with love or truth, every one of them.

Desire versus demand

So, remember I just said earlier, my desire, not my desire but my demand to be loved is actually out of harmony so that creates a hole in my protective coating. And that's a hole that becomes an Achilles heel for me. In other words, it becomes a way for a spirit or another person on Earth to manipulate in order to control me.

So, how do I control a hole which is, 'please love me', let's say that's the hole. So, that is actually out of harmony with love, that demand. And that creates a hole into my soul which now a spirit or a person on Earth can manipulate. How do they manipulate it? Quite easy when you think about it. They give you love and now they have control of you. Or they give or withhold love on cyclic basis depending on what your reaction is. Does that sound a bit like some of your parents.

So, when I have this 'please love me' emotion and it's not healed inside of me, I then have a demand going out. You have to love me to interact with me and so I'll have a heap of people trying to please me, and the people who try to please me, I actually feel they love me and so, I allow them in my life, but they are actually manipulating me right at that point without me knowing. Does that make sense to everyone.

Participant Male:

What you're receiving in that condition isn't love, is it?

Jesus: No.

Participant Male:

You're believing, you're deluding yourself.

Jesus:

Totally, yes, that is exactly correct.

Participant Male:

So, how do you buy into that?

We are taught we have to ‘earn’ love in our childhood

Jesus:

Well, it begins in your childhood, obviously. Often what happens in our childhood is we aren't loved and so then we go through this process of realising that we have to earn love and so we then start doing things to get love and then we realise that if I do more I get more "love", quotation marks, and so now what I do is I start generating expectations that everyone around me does things for me and that's proof that they love me. So, it's a cycle of events that have occurred right from our childhood right to where we are now that cause us to have that particular belief.

Participant Male:

So, there is an absence of distinction between, well let's say real natural love and manipulative emotion ...

Love versus addictions

Jesus:

Yes, all this is basically an addiction and it's not any type of love actually; it's just an addiction. And it masquerades as love, but it's not love at all.

And that's why many times many of you feel somebody's giving to you and you'll notice this sometimes when somebody gives something to you and you actually feel like they're trying to take something from you right at that moment. Does that make sense? The reason why is they're probably giving it to you because they have an expectation of something in return from you. And if you're sensitive at the soul level, you'll feel a lot of those interactions.

Participant Male:

Is this the same portal of entry that other spirits who are over-cloaking people can use as well too even though they feel it's for benevolent purpose.

Jesus:

It's exactly the same portal of entry, exactly the same. Every time you create - you have an unhealed emotion inside of yourself that is out of harmony with love, it's like creating an energy system that is like a magnet drawing from people on the Earth or in the spirit world, drawing those people to you. In that location, you will draw to you two types of people. There will be people who only 'love' you, quotation marks, doing things for you so you feel loved or there will be the people who do the opposite to try to trigger you emotionally which is part of your Law of Attraction.

Participant Male:

And this can also be closely aligned to sexual projection as well.

Jesus:

Oh, it is very much aligned to sexual projection. Almost everybody on the planet sexually projects in order to feel love from another person, yes. So, when many of you have gone to Mary's workshops and got called on sexual projection, a lot of it is through this portal. You want somebody to love you so you project at them sexually so they feel nice about themselves sexually and then they might give you some love. And the more shame the person has sexually, if you project at them sexually, they'll probably feel better about their own shame. In many cases on Earth, they feel drawn to actually give you more attention as a result.

So-called flirting is like the epitome of that. Does that make sense? When you're flirting with another person, what you're doing is you're exchanging sexual energy with them through these portals that your soul has as injuries enabling them to project at you and you projecting at them in order to get some combined emotions satisfied which are all, by the way, addictions, and they are all unloving, every one of them.

Demanding of God rather than asking things of God

Participant Female:

AJ before when you were talking about love being a gift and you can't demand it; I was thinking back to not that long ago when I realised that I was kind of demanding God's Love and you can't do that.

Jesus:

No, you can't.

Participant Female:

But then I was thinking it was more of a request which is a place, love me from God so is it different when it comes to God.

Jesus:

Well, yes, and this is a very important question, and I want to spend a lot more time on it in another subject. Many of you actually are demanding of things of God rather than asking things of God. There is a very, very different emotion coming out at that time. A demand means that when you don't get it, you feel angry. So, every time you're angry with God for not getting what you wanted, it's telling you that what you wanted in the first place was a demand, and the same applies with your interaction with each other actually too.

So, the truth is that when we have a longing for something, it is not a demand and we won't be angry when it's not fulfilled, right, but as soon as we feel angry or upset or neglected or hurt, then they are indicators that we actually have a demand and therefore, have something inside of ourselves to be healed, so emotionally healed.

Now for the majority of people, we are projecting hugely at God. I was listening - one lady sent us a song list as people often do send us things to listen to for triggering emotions she said. And we played the first song, and it was a prayer to God and that triggers her emotionally. And actually, this prayer to God was nothing of the sort. It was actually just a list of demands that God should satisfy, couched in a sad song so that everybody could connect to it emotionally and if you did connect to it emotionally, you wouldn't actually be processing any causal emotions whatsoever. You would actually be processing effect-based emotions where you have demands of God instead, right.

And this is the trouble with even a lot of the songs that we listen to that trigger us emotionally. They trigger us emotionally because they connect us to our effect emotion and we start getting into our effect emotion which, by the way, is the addiction itself and we don't finish up dealing with the causal emotion.

An example of the emotion of 'I feel unloved'

For example, for the emotion, 'I feel unloved' (writing on the whiteboard), can you see that that is an effect emotion? Why would anybody feel unloved? It's because somebody didn't love them. Does that make sense? Like how did you feel unloved as a child? Only by your parents not loving you.

So, when you say you feel unloved, while you may be stating a truth of what you feel inside of you is actually an effect-based emotion and you can cry about that emotion for the rest of your life and not release it because it's not the truth. The truth is that God loves you right not whether you feel unloved or not, right, that's the truth. And the truth underneath you feeling unloved is that you were not loved by mum or dad or both, and that's the truth we don't want to feel most of the time. Does that make sense?

I don't want to feel that mummy didn't love me, so what I do is I blame myself, I just feel unloved instead. That is not the whole of the causal emotion, and you can stay in that cycle for the rest of your existence, feeling unloved, and it's also not the truth.

And whenever you get out of harmony with truth or out of harmony with love with any of your emotional processing work, you are not dealing with a causal emotion because it's only truth and love that opens causal emotions.

Now you'll notice this a lot in our work that we're doing with people as groups, when I state the truth to somebody, they immediately go into an emotion. Have you noticed that?

So, in the last group we had down at Coffs Harbour a lady asked me a series of questions and I just said, just stop for a moment, just listen to what I'm saying to you, 'your mother does not love you'. And she started saying things about, oh, but she thinks she does and all those kinds of things and I said, no, stop, stop, stop, stop. And I just said the truth again, 'your mother does not love you, right now, she does not love you' and when the lady allowed herself to feel that she just started crying because that truth connected with the feeling. The truth is her mother doesn't love her, even right now.

The truth is many of your parents don't love you right now. But we want to believe it's love and so we skip over even the emotions. We even are willing to feel totally unloved but still not realise what its source is. Can you see?

We're ready to feel unloved and we're ready to cry for days on end about how unloved we feel and still, in many cases, totally unwilling to see that that's because our parents even right now at this moment, don't love us, and we're unwilling to actually cry about that, and accept that truth. You see?

And it's when we accept the truth that the real emotions get accessed and then when the real emotions get accessed then your Law of Attraction changes immediately, not months and months and months and months and months of crying about a certain issue. Does that make sense to everyone.

'I feel unloved' turns into an addiction of 'please love me'

So, what happens is that many of these 'I feel unloved' turn into addictions, 'please love me', right. So, this feeling (pointing to 'I feel unloved' on the whiteboard) which is actually an effect feeling. It's a feeling that my parents created by not loving me; that's how they created it, otherwise it wouldn't be within me.

So, they created a feeling inside of me that they didn't love me, I as a result of their projection felt unloved. In fact, many of you, not only just felt unloved but you actually felt that your parents hated your guts in moments of your life. You know, you remember when mum or dad got out the strap and lost control with you, you remember those times, when they not only belted you once, but just belt you and belt you until they realised what they were doing. Did you feel loved then? Of course not. Were you being loved then? No, but often they're saying, I'm doing this (smacking a kid) because I love you, all these false messages.

And so, in that moment, did you feel unloved. Certainly. Why did you feel unloved? Because you were not being loved. In fact, in that moment, you were being hated. In that moment, you were hated by them. They had resentment and rage and anger and fury towards you. They hated your very being in that moment because if they didn't, they couldn't do what they just did. Does that make sense?

Now, sure they might have done it because they hate themselves and a lot of other things too, but I'm just talking about your personal emotions.

Participant Female:

AJ, could they have started with, you know, what you're saying there projecting on their child could that be because that's what they are feeling about themselves.

Jesus:

Oh, it's always about what they're feeling about themselves, but does me feeling bad about myself justify my murdering you? No. So, why do we even state that.

There is no justification for unloving behaviour

See this is what many of us are doing in our emotional processing work with our parents. What we're doing, is we're saying, oh, they only felt that way because ... and this gets you way out of your emotions. It's a great way to avoid a whole group of emotions. There is no justification for unloving behaviour, from God's Perspective, there is none. No justification for unloving behaviour, ever.

Participant Female:

Yes, I didn't feel I was justifying it.

Jesus:

You were.

Participant Female:

Oh, was I, okay.

Jesus:

By the question. By actually saying, oh, but wasn't there ... as soon as you do that, you're going into the space of trying to justify why they were willing to treat you unlovingly. Does that make sense?

We don't need to understand why we were treated unlovingly; we just need to feel the emotion of being unloved

You want to understand why they're treating you unlovingly. Why? Can't we just say, 'they treated us unlovingly' and leave it there. Why can't we just leave it there? Because we want to justify their unloving treatment because we don't want to face the emotion, 'they hated my guts in that moment', how did that feel. Does that make sense? That's why we're doing it.

Participant Female:

Yes, so ?? asked the question because it was like I was getting it, not getting it.

Jesus:

The instant you allow yourself to feel that your parent hated you in that moment, and in that moment, they were expressing all their rage, frustration and fury against you, a poor defenceless person - they weren't even brave enough to go and do it to an adult; that's how a lack of courage they had about that emotion. They weren't even brave enough to go and punch their next-door-neighbour in the face, instead what they did, was get a child who they say they control and is 'their child' and they have the right to do whatever they want to that child, they get that child, and by the way, I'm including myself in this because I've done this, right, and I get that child in that space and bang, bang, bang, expressing my frustration, anger, rage, whatever other things that I'm expressing into that child.

And what is that child feeling in that moment? That child is feeling hated. That child is feeling terrible right at that moment. Many of you have had hundreds of these, some of you, thousands of these experiences. Do you understand. Can you see why you feel unloved?

Can you see, 'I feel unloved', is the result of this terrible feeling you don't want to feel and that is my parents actually hated me; my parents resented me. And by the way, many of your parents did hate you and did

resent you. Like many of you women have grown up with a mother who resented you because you became a competition for daddy's love, for their husband's love, same goes with many of you men.

Now this emotion, 'I feel unloved', comes from the underlying emotion that you were actually unloved, and you don't want to accept it. You don't want to personally, fully accept that you were unloved and many of us need to feel that emotion that we were unloved. The majority of our lives we have been unloved. And we need to feel that these people did not love us rather than just feel unloved because feeling unloved is the effect of their actions. Do you follow me because some are still a bit confused about that.

But when I have this emotion (pointing to 'I feel unloved' on the whiteboard) and I don't want to feel this emotion, I will now have this emotion (pointing to 'please love me' on the whiteboard) which is the addiction, the flip-side addiction which is, 'please love me', 'please love me', 'please love me', and any person who comes along and does the slightest thing out of harmony with love with me, what I believe love to be, I get angry. I get upset. I diss them; I cut them out of life, cut them out of my will (Jesus laughs) you know, do all sorts of things in order to prevent that person from ever having my love. Does that make sense? When you are in a space of love yourself, you will not ever desire to prevent another person from being loved by you. That's how you feel.

Our addictions become 'hooks' into the world around us

But anyway, we have these addictions. I cannot answer the questions at the moment because we're getting a little off track because what I want to do is show you that these addictions become your hooks into the world around you and therefore, become the way in which the world around you can control you.

Now some of you feel that as soon as somebody makes a suggestion to you that you're being controlled - sometimes we sit down with some people and sometimes myself or Mary gets quite animated about a project or whatever, and then the people with us start feeling like we're telling them that they have to be involved in it. Well, that's an emotional injury. Why can't I be animated about a subject that you're not involved in. Of course I can be. Why would you feel like I'm trying to control you or manipulate you into doing something with it, only through an unhealed emotion, isn't it, that I can be in.

So, often what happens is we often have these emotions within us that even the hint of a suggestion to us is control, right, and that is another addiction. In other words, the addiction is, 'I want to live my own life'. Now why would that addiction be there? Because I have an unhealed emotion that I felt during my childhood that I could never live my own life, that I was never allowed to make my own choices, my own decisions. I was always punished when I made a choice or decision, so now I don't want anybody telling me anything. I don't want any suggestion being made to me about my life, right, I will resist it, resist it, resist it. There's another emotional hook in demand into my environment. Does that make sense.

Now that can be manipulated somehow. There are all ways of manipulating all sorts of emotions. As soon as we having an unloving-based emotion within us, we can easily get manipulated externally. And this is the trouble with us generally as humans, we've got so many of these - little addiction here, a little addition there. I just was about to burst out in a song, but I won't do that (Laughter). The song was totally inappropriate for the occasion too.

Alright, so here we have a whole group of emotions and desires and passions in us, some of them are loving, some of them are unloving. The ones that are loving, protect us, automatically. That's an automatic action of those loving emotions. The ones that are unloving don't protect us at all. The ones that are unloving really harm us and other people around us.

So, the problem is that many times we think ones that are loving but they're actually unloving. So, how many of us would have thought the desire to be loved is an unloving emotion before we began this? Right. Or I should say that the demand to be loved is an unloving emotion. Most of us would have thought, I've got the right to demand that everyone around me loves me, most of us would have thought that, wouldn't we?

And we would have thought that that meant we were being a loving person ourselves, right. Not realising that that actually is an unhealed emotion that is affecting our connection with God, not realising that actually in the end, it's saying that love isn't a gift. It's saying that we can demand love of anybody and receive it and if we don't, what do we do? We have the tendency to punish them because they're not giving us what we wanted.

So, the whole 'please love me' thing is a huge addiction and huge addictions allow our control by others. That's how we get control of others by having huge addictions.

The emotion of doubt

Let's look at some of them. If you look at a lot of them, things like doubt. I've talked about doubt before. Doubt is a huge emotion that actually is very unloving to yourself. You need to resolve your doubts. Because when you're in a place of doubt without it ever being resolved, what's going to happen is you're going to be pushed around so much.

Somebody will come along and say - many of you have been out to dinner, right, and you're sitting down and you're looking at the menu, and you can't really work out what you want. Now many times, if we can't work out what we want is because we're not feeling our feelings in the first place. Because if you felt your feelings, you'd know exactly what you want and you probably wouldn't even need to look at the menu. You'd just say, would you have something like this, that, this, that and they'd probably say yes or no, so I'll have that please.

But what happens is we're in this place and none of it really matches what we want, right. So, what do we start doing - what are you going to have? (Laughter) How is this going to resolve the problem? But we do, don't we? What are you going to have? Oh, you're going to have that, okay, oh, yes, that looks alright, but you've already seen the menu before, and you've already seen that might be alright, but you had some doubts about it in the first place. And you're looking, yes that looks alright too, yes, that looks alright too, so what are you going to have again? You know. What's happening is now I'm indecisive. Can you see that?

Doubts cause indecision. Indecisive emotions are so easy to manipulate. You notice that? If someone is in a place of indecision, you can just go up to them and make a little tiny suggestion and oh, yes, they'll go off on that track. It's so easy. You imagine a spirit - you imagine a spirit dropping these little thoughts in your brain. How easy is it to manipulate your indecision?

So, you are here coming along to these sessions. I'm still not convinced about the emotional work. I've got doubts about the emotional work. How easy are those doubts to manipulate? Any spirit come along, no, you don't have to do that. You could do it this way. And before I know it, I'm off on a path and then six months later I come back, oh, that didn't work too well.

I'm not trusting even that I'm for reason drawn to this knowledge, I'm not even trusting that. I'm going doubt, doubt, doubt, no, I've got doubts, and in the end, AJ says he's Jesus anyway so that can't be right, so they've got doubts there right. So, that then causes me to have doubts about all the other things that are being said as well.

So, doubt is very manipulative in a way and it's easy for others to manipulate you with it. At some point, you've got to resolve doubt so that you become decisive. When you're decisive, it's impossible to manipulate you.

Now you imagine if you're indecisive morally. In other words, you wouldn't have sex with someone who is not your partner except if they are good looking (Laughter). That's what you'd call indecisive morally, isn't it, don't you think. So, what do you think is going to come up in your life through that Law of Attraction, lots of good-looking people to trigger that emotion, who want to have sex with you. And your indecision morally is drawing those events to your life in order for you to work through this emotion, but often what we do is we don't work through it, what do we do instead? Oh, yes, they are good looking, aren't they. Yes, I'm now decisive morally and I'll go and have sex with them. You know what I mean.

And then, I'll maybe even regret it and then I won't tell my partner or whatever else. Now I've made a series of moral mistakes that now have degraded my moral condition and now I have a whole group of emotions associated with those morals that are going to need to be released to get closer to God. Do you see the result just from one bit of indecision, and straight away I've just made a ...

And there is a lovely quote in the book, 'The Life Elysian', by Robert James Lees where he says,

“it's amazing how our entire life can be destroyed by a decision that was so small, it was like the point of a diamond.”

Just one little, tiny decision and bang, off a person goes down a certain road. And this is where like if I'm indecisive and I'm doubting, it's so easy to have somebody implant in me all those kinds of things happening.

The emotion of fear

Fear is another one, is it not? If everyone around you was loving all the time which meant that everyone around you was willing to hear exactly what you felt about them and about everything that you ever thought about and they were willing and wanted to hear from you that all the time and none of them ever had any judgement about that, and none of them ever had any anger about that, and none of them had rage or shame about that and none of them ever projected at you when you were in this place of truth and love, how easy would it be to be in a place of truth and love?

Wouldn't it be great there. It would be so easy, wouldn't it? I'd just go along my merry way saying truth. Has anyone seen that movie where the whole world doesn't know how to lie. It was quite funny, the first I thought anyway; the second half I didn't connect to very well, but the first part was quite interesting.

He was going around saying the truth, oh yeah, oh yeah, do you want to have sex with me, no, no, no, you're too ugly for me, you know what I mean, all those kinds of things. And the truth was just being said and no one knew how to lie. Wouldn't that be fantastic, in terms of knowing how - and even if my emotions were angry or upset, that would be fantastic still for me, wouldn't it, because I could be angry and no one is going to judge me and no one is going to criticize me and no one is going to think I'm spiritual amoeba on the side of a swimming pool just because I'm angry for day, you know, none of those kinds of things are going to happen because everyone around me accepts it.

Now add a dose of fear into that little swimming pool of life. What happens now? Now I'm afraid of the judgement, I'm afraid of the punishment, I'm afraid of the different condescension emotions, I'm afraid of the person's returning rage, I'm afraid of their violence, I'm afraid of the potential of my own death, so now how easy is it for me to speak up in truth. Now I'm just terrified. I'm there shaking. I don't know how I can do it in this situation, right. So, can you see how fear straight away changes the pure condition, just a little dose of it. And so, fear then becomes an easy tool to manipulate.

Let's say I wanted to influence all of you to move over near to where I live, now why I want to do that, I don't know, but anyway, let's say I wanted to. What I could do is I could have a whole series of talks about Earth changes and how they are going to affect Buderim and the surrounding Sunshine Coast region. Does that make sense, couldn't I? And any of you who are in fear about all of that, I tell you what - your desire to get out of this place would ramp up quite rapidly, right. So, can you see, fear is so easily manipulated.

Down in Coffs Harbour, I was asked the question, what is going to happen to Coffs Harbour in Earth changes? I said, I don't want to go around the world to every town and tell every town what's going to happen to them with Earth changes, even if I knew, I wouldn't tell them? Why? Because I'd spend, how many towns are there on the Earth, particularly on the seaboard of the Earth, there's like literally millions, isn't there, and if I was going to treat one like that, I would have to treat them all like that.

And can't you see it's all fear anyway. Like if I trusted, if I actually trusted my connection with God, I would know what to do, I would know where to go, I'd know what to do with my life. As soon as you put in fear, fear is so insidious, as soon as you put in fear, things change so much.

And the Battle for Your Soul discussion is not about fear, it's about encouraging you to see the truth of what's happening around you in your life, and with spirits, and to start understanding that you're in a battle for yourself, for your own soul condition, that's the real battle. That's in fact the only battle there is really.

All these wars on the planet are all about much lesser important things than your soul and as a result, they are not worth really considering very much in comparison to the consideration you put into the battle of your own soul, so, fear.

The emotion of anger or rage

Another one is anger or rage. Another big, easy hook, isn't it, you notice that. How easy is like all the girlfriends get together for a coffee, right, and one of them starts talking about how their husband for the last four nights has demanded sex from them and they refused to give it, and he's got to look at his stuff, and he's got to look at his emotions, he's got to look at what's going on with him, and then one of the others starts feeling like some of that emotion within herself, does that make sense, like yes, yes, these men just demand sex all the time and before you know it, the entire discussion is centred around rage towards the opposite gender.

Now by the way, the same thing happens with men at the pub often times, so it's not limited to one gender. But what happens is we're then surrounded by a group of people who are in anger, how easy it is for us to connect to our own anger then, really easy, isn't it.

Now you imagine how easy it is to manipulate that from a spirit perspective, right. Now what a lot of people have noticed is that whenever they get angry with myself or Mary, there is instantly a large amount of spirit influence attracted to them. And there is a very good reason for this.

There have been spirits, like I've mentioned to you, that for 2000 years all they've wanted to do is destroy the work myself and Mary have done. So, if you can imagine 2000 years of frustration in a group of people surrounding the Earth, now what do you think they're going to want you to do with that?

So, every single time you get angry with myself or Mary whether I've done something evil or not, by the way, it is so easy for another person to manipulate you, and particularly a spirit. And these spirits are surrounding, the more you come to these sessions, the more they're going to surround you and keep their eye on you. Oh, keep an eye on that one, oh, there's an opportunity, chip away at that one, all of sudden that person is in a rage, a lot of barrage comes at me and Mary, hahaha, they feel very happy, right, and in the end, they're also happy because of the destruction of your soul has begun, again. Does that make sense? Every time you hook into this rage and hook into your own rage, you're hooking into often times the rage of others as well.

The emotion of shame

Any other emotions that you can think of that are really damaging? Here's one - shame. This has been a really difficult emotion for Mary to work her way through because of some of the events in her 1st century life, and many of the 14, many of you have met Cornelius now and know that Corny had a life in the 1st century that was checkered with murders and rapes and so forth, and so therefore, obviously has a lot of shame to work his way through.

And shame is an emotion that often we don't want to feel at all. You think about it, how many times in the past, if you had to rate the emotions you feel from your past and the events you feel from your past, often it's the shame-based ones that are the most prominent in your soul.

And many of us spend huge amounts of energy avoiding our own personal shame, huge amounts of energy. The trouble is, is that every shame-based emotion that's still within our soul is easily manipulated. Just the threat of its exposure will create a whole series of events inside of us that we want to do to avoid the exposure.

So, for example, if in the past you cheated on a partner and you felt a great deal of shame about that event. You will spend the rest of your life trying to avoid knowledge of that getting to your partner, right, and you may not even be with that partner anymore but still be trying to prevent the knowledge of it through the shame. And how does a spirit manipulate you with that? Quite easy, the spirit knows the event. The spirit knows all of the truth about the event quite easily by just reading your aura and the person who is with you, their aura and knows exactly what happened in that event.

And so, what do they do with that? All they need to do is just feed the possibility of that event into your partner's mind drip drip, drip drip, and

your partner says, oh, you know I've often wondered about what it would be like if you cheated on me and straight away shame comes up inside of yourself, straight away, and then you know, what's the tendency, the tendency is to lie again. Can you see? Because you want to keep the relationship together perhaps or you want to keep the truth from being known, but primarily it's because you want to avoid your own shame. You want to avoid the feelings.

Now whenever we try to avoid our own feelings of shame, we have heavy addictions, and in a place of heavy addictions, we are so easily manipulated by spirits, by avoiding the issues of shame, personal shame. And the problem with that, the problem with this is a spirit can just threaten the exposure, and you'll automatically go into protection mode. And we're often willing in this place to do very many unloving things in order to prevent the truth from being known. Trust me it is much simpler to just say the truth. Because that takes away all those potential events.

Participant Male:

I've spoken to a number of spirits who are in a dark place and in deep shame and feel that they're so afraid of their shame that they would rather stay where they are than look at it. They don't want God to know about what it is they're ashamed of.

Jesus:

Yes, and unfortunately, most of the time they don't want other people to know what they're ashamed of because the truth is the majority of people even in the spirit world do understand that God must know. And so, what the issue really is, is we don't want other people to know. We're okay with God knowing, most of us, right, are okay with the fact that God knows, but we're not okay with other people knowing.

Now my suggestion to them is exactly the same as my suggestion to the people on Earth and that is, when you are willing to feel your shame and tell the truth about what you're ashamed of, you'll find you'll release the emotion.

Now I don't know how much my mum would like me to say this to you, but I'll say it anyway. I'm just thinking about my mum for a moment there. My mother had an affair when I was a child, and I knew about this affair for the entire time she was having it. But she thought she had covered it over from the whole family. My younger brother, Joel, his name is, was the result of the affair. And my mum had deep shame about it, so deep was her shame that she was actually willing, from that moment on, to be controlled by my father in order to avoid the shame. So, if dad said, go to bed, she'd get up and go to bed.

Now when I first talked about this with her, she was so ashamed that she cried for an entire week, right, she just cried for the entire week. She was bedridden for the entire week in shame. But from that moment on, she learnt how to no longer live in her shame because she had released some of the emotions. Does that make sense. While she might not be willing to speak openly about it now, she was certainly far more open about it now than ever before and as a result is far less easily manipulated by the externals of the event.

And that is the beauty of dealing with your shame. Dealing with your shame, you'll find, is one of the most freeing parts of your life. When you actually speak what you're ashamed of and this goes right down to even your deepest, darkest sexual desires, speaking what you're ashamed of because a lot of our shame is a result of sexual projections in our life. And when you allow yourself to speak of that freely, you actually become very free because you deal with the emotions of why you were so afraid.

And ironically, in that point, now that you don't have the shame anymore and you've spoken openly how hard is it for somebody to manipulate you in another area. You see, before then, you can say, oh, I know something about you so all I need to do to manipulate you, if you're ashamed, is to threaten me speaking to a third party about it, that's all I've got to do. And you will almost - this is how bribery occurs; most bribery is by actually hooking into people's shame and then you can do anything. You can extort money from them for a long, long period of time if you want, right, until they get sick of it and they realise the shame wasn't worth it.

And this is what happens, is often - all of these emotions are not worth it, but what we finish up doing is we're protecting them, and particularly, our shame is a big one. We're protecting our shame so much that we spend all of our life invested in protecting the shame and ironically, now we are easily manipulated by all external events relating into this shame. So, can you see it's just a matter of speaking the truth, and all of sudden anything we're ashamed of will have to be felt and as soon as that happens, we start moving forward again.

Participant Female:

Does that truth have to be exposed to who you betrayed?

Jesus:

The truth has to be exposed to the world which surely would include the person you've betrayed.

Participant Female: Okay.

Jesus:

Can you see that the moment you pass, and this is one of the traumas of passing, the moment you pass, every single thing you've ever done is going to be available to every single person who has already passed. Every single person who comes up to you and meets you is automatically going to see every single thing you've done your entire life, everything, everything.

Now you imagine if you haven't got used to that emotion before you passed, what that's going to feel like at the time you pass (Laughter). Can you see how hard that would be. Can you see why many spirits who pass just want to shrink in a ball and go into a corner and stay by themselves for much of their life. They're so ashamed about a lot of their life that they actually want to stay in a corner away from people for the rest of their life. Much hardship in the spirit world in the 1st sphere occurs because people are not willing to address their shame.

Now if you're willing to address your shame, you're willing to address it openly, that includes the person that you've betrayed if you've betrayed somebody. Does that make sense? There is a lot of power in this, both for you and for them if you release it. You will no longer be carrying it around and ironically, in that moment, you are no longer able to be manipulated.

How easy is it for you to live in truth when you no longer in your shame. It's a lot easier, isn't it. Like somebody comes up to you, I heard that you belted your son 21 times in a row. Yes, I did. We're going to put you in jail because of that. No worries. That's an event that happened in my life. I belted my son 21 times in a row once. He was sticking a knife in a power socket and I gave him a tap on the back side, knife in the power socket again, looks at me, give him a tap on the back side, knife in the power socket again, we did that 21 times before he didn't put the knife in the power socket again. By that time, he was crying.

And unfortunately, right now Tristan's got an emotion, this was Tristan, Tristan's got an emotion that he is so afraid to act on his desires because of his fear of punishment. Can you see why? And I feel that - if I then feel ashamed of that and I cover all of that over, what happens then? Now that can be manipulated. Does that make sense, by anybody. But now it's just open, no, this is my life, my life is an open book.

Do you know that many of the people who people on Earth look up to have terribly shameful lives, right. The founder of the Lutheran faith on Earth, Luther, you have heard of him, yes. His viewpoints of women were terrible. If you could read some of the things he actually said about women, you would be shocked. In fact, I doubt whether they'd be many

Lutherans today, women Lutherans today, who actually wanted to remain a Lutheran if they read what Luther himself had said about women.

Now he is one of my Celestial friends. We've spoken on many occasions, right. But that doesn't change the fact that he did these things on Earth, and now he's not ashamed of them because he's had to work his way through all the emotions that caused him to do that. Does that make sense?

You see while you are covering over your shame, you are not going to allow the emotion to come up. You're not going to grieve your shame. You're just going to suppress it, control it, keep it under wraps, keep it under control and unfortunately, it's going to drive a lot of your life as a result. That's the problem with shame.

And not only that, but spirits can also easily hook into your shame. So, for example, let's say as a woman, as women there's much sexual shame in women generally and it's very easy to manipulate from a spirit's perspective. All you need do is you have a man walking along the road who you drop a thought into, this is the spirit, drop a thought in, that woman's sexually attractive and I project at her sexually. So, I might even whistle at her (whistles) and look at her and make some comments about her appearance sexually, right.

Most women under those circumstances will go into a rage. Many women will go into a rage from that event. Why? Because they are ashamed at some level. That's why the whole event happened because a spirit noticed their shame, I thought a bit of fun going on here, right, and off they go. It's so easy to manipulate. And in that moment, the woman going into a rage now just degraded her own soul condition. Now I'm not saying the man didn't as well, but I'm saying, if you're the woman on the Divine Love Path, surely you don't want to degrade your soul condition just by getting into a rage about an event.

But your shame is a very easy way to actually have that happen. And if you're not prepared to deal with your shame, and generally in our lives we have shames, you know, more than one. You think about all the secrets in your family. Every one of them is somebody's shame. And every one of them is so easy to manipulate, so easy to control.

In your own families, in the past, you know, your historical families in the past, many people have made even decisions to kill another person in order for an event not to become known. That's how powerfully manipulated we are with shame. We will even make decisions to stop the mouth of the person is willing expose us.

Holding on to doubt, fear, rage and shame, easily manipulates our life choices

Now can you see that every one of these (pointing to 'doubt, fear, rage, shame' on the whiteboard) in particular, they are like little hooks that we've got going out to the world, they are expectations going out to the world and as a result of that, now there are projections coming back to us that will fulfil them in some way or expose them in some way, and we will then work very, very hard in order to prevent them from occurring.

So, can you see, a lot of your life is spent avoiding your fear rather than allowing and going into your fears. So, why do you think we have a nice comfortable home? For most of us it's because we don't like discomfort which is actually a fear. Why are we uncomfortable in the bush? Because we have certain fears. Does that make sense.

So, even just fear easily manipulates our life choices even. Most of our choices in our lives are actually not based around love or truth, they become based around fear, right, and in a way to control our fears, to lessen our fears, to make them go away. And the same goes with our shames, and our rage is a result of denying even our fears, and our doubts, they can easily manipulate us.

There is a nice verse in the Bible, and it says,

“He who doubts is like a boat driven on the waves of the sea, tossed here and there, with nowhere to go.”

And that's what it's like when you doubt, when you don't have a direction.

If you doubt the Divine Love Path, you'd be far better off and you believe in the Natural Love Path, you would be far better off just ploughing ahead for the Natural Love Path, forget about the Divine Love Path all together than doubting. Because doubting, you won't do either. Do you know what I mean? You just get blown about, oh, somebody comes along and you do this for a bit, and somebody else comes along and you do that for a bit, and in the end, it results in more and more and more confusion and more and more and more frustration and more lack of direction in your life and everything starts to get muddied waters, you know, what's the point in all of that? You might as well make a goal to go for something than actually being driven around by doubt all the time and fear all the time.

And these states (pointing to 'doubt, fear, rage, shame' on the whiteboard) are so easily manipulated in the battle for your soul. That's the point. That's the point that I wanted to make with you.

An example of doubt degrading James Padgett's condition during the last few years of his life

Participant Male:

Yes, what was it that degraded Padgett's condition towards the last few years of his life?

Jesus:

Well, doubt was one of them. Doubt was a big part of it. He doubted a lot of the communication that he received. He also through one of his unhealed emotions, and his unhealed emotion was that he wanted a companion on Earth, and he attracted a woman who wasn't interested in any spiritualism truth into his life, and he actually married her. So, he then doubted that Helen, his soulmate, was really his soulmate and so forth, and he didn't allow himself to work through those emotions. And as a result of these specific influences, in the end, we couldn't even communicate with him.

So, it was just a process of a few doubts and a few things here and there not being worked through and an unhealed emotion regarding the opposite gender and a few things like that and before you know it, it was easily manipulated.

Examples of how easy it is to be manipulated

With Judas, many of you have heard of Judas, yes, the person who so-called betrayed myself. There was a whole group of disciples in the 1st century who felt that because of my treatment of women, I didn't always know what I was doing. Because I treated women in a loving manner, those male disciples believed that I was easily manipulated by women. Their beliefs about women were that women were owned. Their beliefs were that women were a possession.

And I treated Mary, my soulmate, as if she wasn't my possession. I treated her with equality, and they felt that that meant that I wasn't of sound mind when it came to my dealings with women. So, they also then went down the track of feeling that I wasn't of sound mind on a number of other subjects too that they disagreed with.

One of the other subjects was whether I should be a leader that was established on Earth rather than what I was talking about being a leader

in the spirit world. And so, what happened is they then took it upon themselves, they treated me very condescendingly and what they would often do is they'd tee up events, they would actually arrange events in my life without me knowing.

So, what they would do, for example, is they would go to some of the Sanhedrin members, and they would tee up an event. An event might be, oh, if you get together with Jesus and have a discussion, you'll find out actually that he really does know the truth about these subjects and he does love you and he does care for you and you really need to have these personal interactions with him, and so what they then do is they'd have one of their number, in one case, it was Simon and Simon - he lives nears Jerusalem and Bethany, I say lives, I should say lived, 2000 years ago, and what happened was he had a family, and a wife, and children, and everything and he invited me around for dinner.

Unbeknown to me, there were also four pharisees invited around for dinner at the same time. And then his wife, because his wife loved myself and Mary, his wife sits me and Mary at a very prominent place on the table, there's this huge table, if you can imagine it, and myself and Mary are sitting next to Simon and his wife which is a no, no because the pharisees should have the first place at the table. So, straight away they are angry.

So, this whole event was teed up by a group of disciples who felt that I should have more interaction with the Sanhedrin and what they did, was they teed it all up and you know what the result was, the result was that because I honoured my soulmate, Mary, and I honoured Simon's wife as well, because of those two things, those pharisees got up halfway through the meal and left and they were a key part of plotting my own death after that event.

Now what began it all was three of my disciples thinking that they knew better than myself how to run my own life. That's what began it, just that. And why did they think that? Because they looked at how I treated women and they thought, nay, he doesn't know what he's doing there. And they looked at how I was talking about God in the spirit world and they go, yeah, no, we want it to be a bit different to that. And what they did was just manipulate one little event and yet, four people that were a part of that event were a part of plotting my own death as a result of that event. Can you see how easy it is to manipulate something if you are a spirit into something that turns out quite bad.

Judas had a whole group of emotions related to that as did, by the way, quite a lot of the other so-called disciples, our friends, myself and Mary's

friends. And so, what would happen is that we often we go into a town with a whole series of events planned that we would then have to cancel. In other words, they would tee up something for us to do, and we, of course, by this stage, I, in particular, was in a state where I wasn't going to do anything I didn't want to do, and so I would say, no, well, I never organized that and I can't do that. That would mean a whole group of people were disappointed. But instead of being disappointed with those particular disciples of what they'd teed up, who do you think they were disappointed with? Me or Mary or both of us.

And so, what finishes up happening under all these kinds of circumstances is it's so easy to manipulate a whole series of events where certain people who are in a good condition start getting attacked on regular bases, does that make sense, which is the goal of these spirits. And all they have to do is manipulate a few basic emotions.

If I told had told Judas before his betrayal that he was going to be a major cause of my own death, he would have been shocked. If I had told Peter at the time of my death that he was actually going to rape my own soulmate, he would have been shocked. But that event did happen, three days after I died.

So, can you see it's just so easy to manipulate things. Now Peter had huge rage with women. From the moment Mary came into my life, Peter was struggling emotionally. He felt that I gave Mary too much credence, too much control and he felt just my listening to Mary - what would happen is every time a group of people would sit down to talk with me, a lot of times they were men because women weren't really allowed to do that by their husbands very frequently, right. So, often it was a group of men, but Mary always was involved in the discussion which they resented. So, they finished up having so much resentment towards my own soulmate that while she was grieving my death, he raped her just to make her feel worse, that was the only motive.

And you are not going to like hearing this, but there are a number of men in the audience right now who have an identical emotion. So, can you see it's like if we deal with these emotions, then we can address them, but the problem was in the 1st century for us many times the male disciples, in particular, did not deal with these emotions and as a result, they were so easily manipulated by a whole series of spirits who just wanted to create a whole series of events. And they were just so easily manipulated that they just went ahead and did those things.

Now Peter is now own of my Celestial brothers and sisters, he's a brother, obviously, but he's in the spirit world in the Celestial Kingdom. He had

quite a lot of emotions to work through to get there, particularly after the event.

And this why - there is a whole even like, you remember, Picasso's, is it Picasso's painting or ... which one is the Last Supper, who painted that.

Audience: Davinci.

Jesus:

Davinci, that's right, Davinci. Davinci painted the enmity between Peter and my soulmate. Which was what, nearly 1000 years later, it was known. And the reason why is because all of these events were events that actually happened prior and they are all events that were triggered by emotion.

Firstly, they were triggered by the emotion of the people, the individuals involved who didn't want to deal with those particular emotions. Now coming up, I've said to you coming up things are going to widen with the Divine Love movement on Earth, right. And you and I both know that this is not a cult of any kind; this is actually a way of life. It's a way of life of you connecting with God. Now you and I know that, but many of you have fears of cult within you, and how easy do you think that is going to be manipulated coming up. Pretty easy I would have thought until you deal with that emotion.

Many of you feel also worried sometimes about things that I say and all I'm doing is being honest with you, but sometimes you go away and go, oh, I don't like that what was just said there. Now that's really easy to manipulate that. Now as a spirit easy manipulate that into rage against AJ if you wanted to. You could easily manipulate that into rage with each other if you wanted to actually, right, so easy to do these things, you see. That's the trouble is that it's so easy to do these things.

The more of God's Love that enters this planet, these spirits will want to ramp up their desire to attack that position

And as the movement of the Divine Love, movement if you like, or the Divine Love, as God's Love, more and more of God's Love enters you, and therefore, more and more of God's Love enters this planet and the condition of this planet, the spirits who are on the dark side want to ramp up their desire to attack that position.

And as they do that, what will happen over coming months is that eventually there is going to be negative media attention. You can see it

coming for miles off, can't you? And every single emotion that I don't deal with inside of me and you don't deal with inside of you is going to add fuel to the fire, that's what it's going to do. And unless we're all willing to living in a space of love and truth and we're all willing to deal with our shame and we're all willing to deal with our fear and deal with our doubts and deal with our rage, it's going to be so easy to accuse this of being what it's not, isn't it, and for other people to believe it, just so easy.

More on the emotion of doubt

Participant Female:

AJ I can see where fear and rage and shame come from, I mean sort of related to our own past experience or whatever, but what's the basis for doubt.

Jesus:

Good question. Doubt is a very interesting series of emotions, right, because doubt which is the general emotion is the feeling, 'I don't know', isn't it. I don't know what to do. I don't know what's right and what is wrong. Can you see where it comes from?

I don't know what is right and what is wrong. Now how do you know what is right and what is wrong. We've learnt how to know and that is by connecting to God, feeling all the emotions that come up and after you've felt those emotions, you will know what is right and what is wrong in any situation. Does that make sense?

Until that moment in time, you are suppressing your emotions, you don't know what is right and what is wrong, that's doubt, the place of indecision if you like. So, most doubt is caused by our lack of desire to deal with an emotion so that we can know what is right or what is wrong. Does that make sense.

And our lack of desire to deal with those emotions can cause lots of trouble in our lives. So, my suggestion is with doubt is to write down everything you doubt, everything. Do you doubt the fidelity of your partner, write that down, do you doubt whether your mother or father loved you, didn't love you, do you doubt God's existence, write that down, and plug away working through those doubts because every single doubt is easily manipulated. It's because you don't know what is right and what is wrong, that's why you doubt. You don't want to make a choice.

And many times, we actually make a choice to doubt so that we don't have to face a truth. So, for example, our friend comes around and tells us that they saw our husband walking into a motel with a pretty woman and then

they hung around for a while and they decided they would hang around all night if need be and the next morning our friend's husband came out and gave the other girl a kiss on the lips and jumped in a car and drove off, right. And she observed all of that, and she comes around and tells you that (long pause). Many people in that place will still doubt the truth of what was just told.

Why would you want to doubt that? Because you don't want to face the truth emotionally. So, a lot of the time we purposefully choose doubt because doubt is a place where we think we can get away with things.

In the Robert James Lees books, I think it is in 'Through the Mists', it talks about the place of indecision and it talks about how indecision and doubt can cause so many troubles in our life and how, in fact, in the second book, in 'The Life Elysian' book, it describes the spirits in the spirit world in the hells who purposefully choose doubt in order to avoid their life. They purposefully choose agnosticism, if you like, doubt about all sorts of aspects of their life and they were in darkness in hell as a result.

See, a lot of darkness comes from our own unwillingness to act. Sometimes it's the people in the hells who have been willing to do terrible things, and they desired to do them at the time, that progress more rapidly than a person who's unwilling to act. Because as soon as they learn the truth, they're willing to act towards the truth as well. Does that make sense?

The people who doubt, who just sit on the fence are the hardest people to ever move in the spirit world. And many of our philosophers on Earth are like that. You try sitting down with a philosopher to try to come to some resolution of what the truth is and see how you go. You can spend days and days and days and days and then months, and I know some people - there are whole degrees on Earth about philosophy that teach you how to reason and structure your reason ability, of course none of it focuses on how to learn the truth from God directly because none of them want to do that. So, what they do instead is they come up with the mind of the human is the most powerful thing as long as it's used in a logical manner and so then what we do is construct all of these belief systems that we philosophise about but never choose. We never choose one of them and act upon them. Do you know what I mean?

And often it's our lack of desire to choose something because we're afraid of the consequences of choosing one of them. Now I put to you that it's actually better to choose something and feel its consequence and then you'll know whether it was right or wrong, than it is to sit on the fence and not choose anything. Does that make sense?

Instant feedback

You see, the way the universe is created is so beautiful, when we act, we get instant feedback of whether what we're acting upon was loving or unloving. If there is painful feedback, then we know it was unloving. If there is pleasurable feedback in the long-term for everyone, then we know it was loving. So, that's our feedback system, but it only depends upon our acting.

You see we can sit on the idea for months and months and months and not act and this is something I want to probably discuss with you tomorrow about the choices and decisions that you're making in your life. Many of are being offered these gifts on a daily basis from God, gifts of opportunities, right, and not acting. And the next day goes past - and many of you will never be offered the same opportunity again. Do you know that? For many hundreds of years maybe or even thousands of years, you might not get the same opportunity again.

There is an opportunity here for you, but it requires action

Like the opportunity, look at the big opportunity, there's an opportunity here for you to be at-one with God while you're living on Earth. But that requires actions, it requires you deciding and making some choices and decisions and going ahead with some feelings and dealing with different things, right. Isn't that a fantastic opportunity.

Like at this moment, there has only ever been one person on Earth who's been in that place, wouldn't you like to be the second one? Isn't that a wonderful opportunity. But many of us hear a bit of that truth and there has been literally over the last two millennia, literally millions and millions and millions of people who have heard this truth and not one of them has acted on it to the point of completion on this planet, not one of them.

So, there're opportunities constantly coming at us, bang, bang, bang, bang, God's like given out these gifts left, right and centre, right, and you know what we do with them, a lot of times we don't even notice them as a gift. Oh, that person just tried to control me, I don't go for that, might be one of our responses, not realising we were just offered a gift, and we could have said yes.

You know that movie 'Yes Man', it's so funny, isn't it. He's saying yes to everything, mind you he's saying yes to a lot of things that I would have had to say no to because they're not very loving, but it's just a funny

concept and it's very true. A lot of the times we're denying opportunity after opportunity and these are all gifts being offered to us by the universe and what we finish up doing is we deny them because we're afraid of the potential consequences perhaps, or to be more frank, we're afraid of dealing with an emotion. Usually that's the whole reason why we deny all these things.

So, every time that happens like these spirits noticing that as well, oh, yeah, opportunity, neglected there, opportunity, oh, I see three opportunities, every one of those opportunities meant that she had to deal with the fear of telling the truth to her family. So, if I want to manipulate her, all I've got to do is expose a truth to her family and now she's in the palm of my hands. I can now control her.

So, imagine that, if I saw that pattern happening as a spirit, interesting hey. Imagine if you were a manipulative spirit or you were somebody who was in a dark condition from a spirit perspective, wouldn't you notice those events. And wouldn't you go, hmm, how can I use that. This is what they do, how can I use that. Yeah, I can use that and so, what happens is time after time after time we get the attraction of having the truth, speaking the truth to our family and what do we do, we deny the truth or we avoid it or we might even lie. And what just happened when we lied, down went our soul condition again.

If we're in harmony with love and truth, we will always keep progressing towards God

Can you see how if we're in harmony with love and truth, we will always just keep progressing towards God. But can you see how attempting it is to not be harmonious with love and truth. A little lie here, a little thing there, down goes our soul condition and this is why this cycle thing occurs on Earth a lot where people go alright for a while, get some pretty heavy emotions triggered, as soon as the heavy emotions get triggered, downhill. Does that make sense?

And then they go, oh, then they feel all the regret and remorse emotions about that, then they desire to do that again because they know it's the truth and so they progress again, and then what happens again, the same issue generally comes up again, confronted, still not courageous enough to deal with that emotion, not realising the truth even that God, all of God's Laws are built around you speaking truth and living in love. All of God's Laws.

So, every time you don't live in those two places, one of God's Laws is automatically broken. And every time we break one of God's Laws, there

is an automatic degradation in our soul condition. There's an automatic feedback system that we feel inside of us, and we don't realise that and we don't trust that yet. Because if we did, we would never break another one of God's Laws knowingly.

Like many of you know that you have emotional addictions. Many of you are like this with your emotional addictions. What you're doing is you are like a smoker who knows that the smoking is bad for him (pretending to smoke a cigarette) just filled up those lungs with that crappy air, you know, that eats away those little - creates little polyps in my lungs, (inhaling smoke again) yeah, this is really bad for me. I can feel it; it's affecting my jogging. You know when I go jogging, I don't get (inhaling smoke again) but it makes me feel so calm (inhaling smoke again), isn't that good like my stressful life is now not feeling quite as stressful.

And in that moment, what am I doing. I'm just feeding the addiction. Now I know that it's bad for me. I know there's statistics that are being presented to me over and over again that it takes 10 years off my life on the average in terms of the longevity of my life. And adds to the amount of disease - 50,000 people in Australia die every year from smoking-related diseases, in Australia, and I know this (inhaling smoke again). But I just can't seem to give it up, right, why? Because we're not letting the truth of the thing really confront us, are we? Obviously.

Now this is what we're like with our emotional addictions, we're identical to that in our emotional addictions. See many of us don't want to just go cold turkey on our emotional addictions. What we want to do is have the emotional addictions met. And we say, oh, yeah, but I know that if I deal with the underlying emotion that creates the addiction, then I will be able to release this addiction, and it won't be with me anymore.

That's like the smoker going (inhaling smoke again), yes, I'll keep smoking until such time as I feel like giving up. Now the chances of him feeling like giving up as he's smoking are not very high, are they really. Because the smoke is feeding the addiction. You see while we're feeding the emotional addiction, we've got all these spirits around us feeding our emotional addiction, we've got all these people around us on the Earth feeding our emotional addiction and keeping our emotional addiction in play and unless I'm willing to go cold turkey on some of these addictions, I am never going to shake them, ever.

So how do you deal with the emotional addiction of comfort? It's certainly not by having a nice comfortable house that you're living in and everything's fine, is it? You can't deal with it there, can you? How can you deal with it? Go for a month with a tent, no cooking utensils, just food and

see how you go, right, no toilet. You've got dig a hole. Challenge yourself with it in other words, challenge the addiction. Allow yourself to challenge these addictions.

Because if you challenge the addiction, we can often break the addictions. You'll then appreciate the comfort, ironically, you will appreciate the comfort even more. Because instead of it being an addiction, it's something you enjoy and you love and you actually have a feeling of love for that comfort now rather than, I have to have comfort, if I don't have comfort one of you are going to pay for my lack of comfort. Rather than having that emotion, you have the emotion, oh, isn't it wonderful, this is so comfortable. Thank you so much. And when it's not comfortable, you're fine because you have dealt with the emotion. Does that make sense?

So, with our addictions, if we keep going into the space where we keep feeding them, how can we break them? So, if one of your addictions is say, sex with every beautiful person that comes along into your life, if that's your addiction, how are you ever going to break that addiction and find the underlying emotion. It's certainly not by continuing to have sex with every beautiful person that comes into your life that you're actually going to confront that addiction.

If your addiction is lying whenever you are confronted with your shame, right, if that's your addiction, how are you ever going to ever confront that addiction without telling the truth when you feel ashamed. Telling the truth and feeling ashamed is the only way to confront that addiction. Can you see that?

Every single addiction I have can now be manipulated and controlled by any spirit or person on Earth

And so every single one of these addictions that I have and this is something I want to discuss with you further after the break is every single addiction that I have, what is going to happen is any spirit or person on Earth who wishes to manipulate and control me emotionally in any way or physically in any way now has an opportunity to do so, any one of those (pointing to 'doubt, fear, rage, shame' on the whiteboard), anything, I can now be manipulated and controlled.

Now I don't know about you, but if we really want to express our own free will, my feelings are that we're going to have to learn to have them no matter what anybody else feels, thinks and so forth about us, aren't we? And if that is the case, then that means we're going to have to shake every addiction that we have towards anybody else giving us anything, emotionally, in particular. Can you see that?

Physical pain is the result of holding on to an unloving emotion or belief

Participant Male:

My question is about physical pain; how do you deal with that?

Jesus:

Well physical pain is the result - remember every pain is the result of an emotion that is out of harmony with love so, even our physical pain is the result of an emotion out of harmony with love that we're not allowing ourselves to release. So, with all physical pains in our bodies, we need to allow ourselves to tune into those pains. So instead of having the addiction of going to the headache tablet or the other addictions we have, we need to start facing what the pain is about.

Participant Male:

I'm talking about deeper, like torture.

Jesus:

In terms of pain.

Participant Female:

Yes, fear of the physical pain.

Fear of the physical pain is what creates the pain

Jesus:

Fear of the physical pain, well, fear of the physical pain is actually what creates the pain.

Participant Male:

So how do you ...

Jesus:

Well, you need to release the fear of physical pain. So, the best thing to do there is to get somebody who does deep tissue massage and give you a bit of torture and see how it feels for a bit. And you know they're digging in, they're digging in, they're digging in, and you're just there screaming and crying and screaming and crying and what will happen, is you will go through this place of screaming and crying and all of a sudden now, there're still doing the same things, but now you won't feel it as physical torture anymore. You'll feel it even as pleasure.

Participant Male:

So, you have the experience, is there anyway of tuning out from the part of your ...

Jesus:

No, it's the tune out of your body that causes you most of your problems.

Participant Male:

So, when you accept the pain, it just lessens.

Jesus:

When you fully accept all of the feelings and you don't have fear of the pain, that's when the pain disappears. Does that make sense? It's the fear of the pain that creates pain itself.

So, when you're being tortured, for example, and some of you may be in the future, I don't know, who knows, nobody really knows what's going to happen to us as a group of people or as individuals. Just because we're living in harmony with truth or love, but at the end of the day, when you're in a place of at-onement with God, you'll actually have released all of the fears about pain as well. You won't have any fear at all.

So, when something physical happens to your body, you will feel it, but it will pass through you, and you won't feel afraid of it which means that the intensity of it automatically lessens. You won't have to go out of body and detune from your body in order to not do it. And you could choose to do that if you wanted to and you know how to do it as well. So, there's all sorts of options available to you in that place with regard to the management of pain.

Many of us now manage our pain by taking pills or comfort-based things. So, the pain of I'm afraid, so I start feeling afraid, a cuppa at teatime, a hot drink, straight away, does that make sense?

Participant Male:

What about like a war type situation ...

Jesus:

Same applies.

Participant Male:

... when a person knows that they're coming for him.

Jesus:

Why would I be afraid?

Participant Male:

If I know how to not feel the pain, I wouldn't be.

Jesus:

Well, wouldn't you also not be afraid if you knew, if you actually in your soul truly believed in life after death, like if you truly felt that as a truth inside of you emotionally, do you think you would be afraid about somebody putting a gun to your head.

Participant Male:

Yeah, but it's not the life, it's the pain. I'm not afraid of dying, it's the pain.

Jesus:

It's the pain in between.

Participant Male: Yeah.

Jesus:

And what I said earlier is still the same answer. Once you deal of the fear of the pain, the pain is gone.

Participant Male: Thank you.

Participant Female:

This isn't a question, but I just wanted to say that - because I've moved quite a lot in the last year and every time it's just to avoid my emotions and I've been hit with a lot of my mum issues with the place that I'm living at right now and I've just decided to actually start owning some of my emotions.

Jesus: Awesome.

Participant Female:

And it's interesting because I'm now only just emotionally getting how loving it is for me to feel my emotions and how loving it is for me to actually be living in a place where I can just express myself.

Jesus:

Yeah, that's wonderful.

Participant Female:

Yeah, and I think I'm actually starting to let myself feel much how you love people and how much God loves me as well.

When you start feeling your own emotions rather than shutting them down, you are now loving yourself

Jesus:

And that's the beauty with living in harmony with truth and your emotion. When you actually start acknowledging and feeling your own emotions completely rather than trying to shut them down, that for the first time in your life is the first time you start loving yourself.

Participant Female: Yeah.

Jesus:

And there's so much truth in that by the way. So, when you're trying to get out of the emotion, get out of the emotion, avoid the emotion, avoid the event, you're actually not loving yourself. Like God's created this beautiful system for you to access these emotions and it's wonderful that you're experiencing that.

Participant Female:

So, I just want to say thank you.

Jesus:

Thank you. That's really good.

The Battle for Your Soul – Part 2

Jesus:

I was just thinking about that song, you know, *The Devil Went Down to Georgia*, you know that song (singing). Whatever it was, I can't remember ... the fiddle playing in that is pretty good hey. It's a good song.

We're often making deals with spirits who are very dark

What made me think of that song is that we often don't realise the deals we're making with spirits who are very dark. We're often making a lot of deals with them. And some of the deals with them are things like, oh, you tell me secrets about other people, and I will allow you to feel certain things through me. And often these deals are made emotionally. They are made because we have addictions.

So, for example, I know some fellows who have addictions to just having sex basically, and the deal they make with the spirits basically is allowing the spirits to be present in every sexual interaction they have. And they make that deal because the spirits actually set up the sexual interactions.

It's like a spirit finds the appropriate woman that they can focus on to get them into bed and then the person on Earth allows the spirit to actually be a part of the interaction. So, it's almost like every sexual act is a threesome pretty much. We have a lot of these kinds of deals happening constantly with different spirits around us because of the unhealed emotions that we have.

Now that all being said, let's look at how to protect ourselves and combat these issues, shall we? So, what we want to do now is focus on - it's becoming very evangelic, some of you (Laughter) - do you want to have a time when you yelled out Yes's to all of my ... (Laughter) Yeah, yeah, Praise the Lord, Hallelujah (Laughter). Oh boy, anyway.

It's funny, isn't it, how when truth sort of hits your soul, sometimes you just can't help but burst out ... but anyway.

Focus on our own personal lives

So, let's personalise this a bit (rubbing out 'Your' and changing it to 'My' on the whiteboard) The Battle for My Soul, let's do that. Because what we want to do is focus on our own personal lives here and how we're in this constant interaction with our spirit friends and some of those spirit friends aren't very friendly, obviously. They are quite a lot more interested

in damaging our future and damaging our life and causing our unhappiness than they are interested in causing our happiness.

Keep me in the shadow love and truth

So, what we want to do is work out how we can combat these forces. Now the prayer itself gives you some of the answers to that. One was,

"Keep me in the shadow of your love every hour and moment of my life."

So, this is a prayer to God that we're asking God to keep us in the shadow of God's Love every moment of our life.

I'll analysis these step by step of what's said in the prayer. So, this is the first thing, is stay in the shadow of love and truth (writing on the whiteboard). By shadow, I mean in the protection, if you like, because it's like if you imagine the hot mid-day sun coming over, you know, it's 45 degrees outside and you're looking for some place to hide from the sun, really, and this is what a lot of spirit attachment and attack is like, is it feels like oppression constantly, and we're looking for something to keep us nice and safe and in a bit more protective environment, and staying in the shadow of God's Love and Divine Truth is number one in that process.

When we step out of harmony with love and truth, we are now unprotected

Every time you step out of harmony with love or step out of harmony with truth, personally, you will automatically now be in an unprotected state as far as God's Universe goes. Because remember, every one of God's Laws are about love and truth. So, every time I stay in harmony with God's Laws, I'm staying harmonious with love and truth, and so therefore, I am afforded the most possible protection that anybody in the universe can ever have.

The instant I step out of harmony with love and truth with my actions and my words or even my thinking, is the instant that now I no longer have the protection of those laws. So, now I am in anarchy or I'm actually in opposition to those laws, personally. And while I'm in opposition to those laws, now attracted to me is everyone else who's also in opposition, they can actually affect me now.

So, if I stay in the shadow of God's Love and Truth, that is going to afford me the most possible protection at any one point in time for any spirit interaction or anything that is happening on Earth.

Now the problem is the majority don't believe that to be frank. Because what we believe is that that's true as long as we're living in an environment where nobody is hateful or nobody is violent, and we'll list all of these different emotions that other people have and we say, but how am I protected in that location.

Well, the truth is if I stay in love and truth, the majority of those events will not personally affect me. They may be attracted to people around me who are not staying in love and truth, but they won't actually personally affect me.

Like I've seen this happen a lot in my life, 1st century and now, where the only people that could affect me were the people who actually were the closest to me. The others couldn't affect me at all, very much at all. And in the end, like I've explained to you today, my own death in the 1st century was created by the unhealed emotions of those people who called themselves my friends, that's the only way that I could have ever died actually, in the 1st century, is by having a group of friends around me who were in an unhealed space and my still accepting them in that space, men, that I was almost accepting their Law of Attraction. Does that make sense? And this is what we finish up doing.

So, the more I stay in love and truth, personally, it is impossible for me to personally to be affected except by the interactions that I have with other people around me who are now out of harmony with that love and truth; that's the only way I can be affected.

So, that's a very important lesson to learn.

How others are unloving to others

Now remember I've said in another talk that there are four sort of levels of emotions that you will probably work through, and this is a bit of an aside. The first level are the emotions (writing on the whiteboard), let's convert it into love actually (rubbing out 'emotions' and using the word 'loving'), is 'how others are unloving to others'. In other words, normally the first thing I see in life with regard to love is how another person has treated another person unloving. I observe those events usually pretty easily and I can see them quite clearly, generally.

How others are unloving to me

The next level of emotions and feelings that I am generally less unwilling to deal with is 'how others are unloving to me'. Many of you are still stuck in this area by the way with regard to your emotions. So, you know, every time you resist the truth about your mother and father, you are stuck in

one of those emotions; not willing to see how your mother or father has been unloving to you. Does that make sense?

And that's a group of emotions that are quite difficult to deal with, we think, initially, but there are groups of emotions that are more difficult to deal with than that. So, many of us now are starting to deal with these groups of emotions which is really good. It is an essential part of your progression, but it's not going to be the hardest emotions you have to deal with, trust me.

How I have been unloving to myself

The next level of emotions that are more difficult to deal with (writing 'how I am unloving to me' on the whiteboard) are those ones, 'how I have been unloving to myself'. Now they are quite difficult emotions to deal with. And remember every one of these places, if I have unhealed emotions, spirits or other people, can hook into anyway. So, these are groups of emotions.

How I am unloving to others

Now the last set of emotions that are the most difficult for me generally to process and move through, and also my greatest amount of shame is linked to, and also, generally my greatest amount of fear is linked to it as well, and my greatest amount of resistance is linked as well, is 'how I am unloving to others'.

So, many of us see that really clearly (pointing to the 1st level - 'how others are unloving to others' on the whiteboard). When it comes to here (pointing to 'how others are unloving to me'), we start processing our emotions, in particular, we start processing emotions about how other people have treated us badly during our life. You know that mongrel of an ex-husband that you had, and how he occasionally beat you and expected sex at the drop of a hat. And then we start getting into the more difficult ones of that of how my mother treated me or my father, my mother is the most difficult probably there to deal with.

Then we go into how unloving we ourselves have been to ourselves. Now that's pretty hard because we're so used to other people being unloving to us that we have to firstly, generally, get through those emotions before we notice how we're being unloving to ourselves. Does that make sense? We usually have to go through the process of seeing how others have been unloving to ourselves before we start noticing how I, myself, have been unloving to myself.

Then the most difficult set is 'how I am unloving to others'. These are the ones that are the most difficult to access. They are the most difficult to deal with at the causal emotional level. There is a high tendency for us to go into self-punishment rather than actually deal with the emotion. And there is a very strong tendency as well, to deny all the things that we've done.

So, we often are very open to seeing all the things that other people have done to us, we're very, very closed to seeing all the things that we have done to somebody else.

(Summary of four levels of emotions from the whiteboard)

- 1) how others are unloving to others
- 2) how others are unloving to me
- 3) how I am unloving to me
- 4) how I am unloving to others

I am constantly amazed how one person can come up to me and say, oh, when you did that with me, you treated me badly, they feel, and yet, in the entire interaction I've had with that person, literally hundreds of times, they have projected rage, anger and a lot of other emotions at me and they don't see any of those emotions as unloving.

We fail to judge ourselves in the same way that we judge others

And this is the problem for it with us as humans, generally, we fail to judge ourselves in the same way that we judge others. And what I mean by judgement here, I'm not talking about negative judgement, what I'm saying is we fail to see what we do ourselves. In other words, we accept ourselves doing things to others that we would never accept from somebody else doing it to us.

Now many of you ladies are in this position with your men where you're accepting - you want your men to do a certain thing to you, but you would never do those things for your men. And by the way, many of the men are doing the same thing, of course. And what we need to do is we need to really start addressing this particular area of our life.

Now our resistance, in particular, to this area of our life (circling 'how I am unloving to others' on the whiteboard) is going to cause the majority of our inability to stay in the shadow of love and truth. Do you understand.

When I stay in love with you, now no spirit can influence me personally

In other words, my inability to love you and to be in truth with you is going to cause the majority of my problems when it comes to spirits, right, who are influencing me in some way; my inability to stay in love. When I can stay in love with you and actually with every interaction, no matter what you dish out towards me, stay in love with you, now no spirit can influence me personally. Now, of course, that's when you become at-one with God as well, ironically, and naturally so.

Justifying our own unloving behaviour

So, the issue is every time we justify our own personal unloving behaviour towards others and our own personal lack of desire to stay in harmony with truth, every time we justify those two things, we are now leaving ourselves wide open to spirit attack. And in that space, we are not staying the shadow of love and truth. Can you see? Of course we're not. In that moment, we've stepped out that - you could say, we've stepped out of God's shadow in that moment, and now we're on our own displaying a lack of love and truth. And in that process, obviously, generally, I will be unloving to others, firstly, more so than even being more unloving to myself generally.

It's our unwillingness to face those emotions that cause a lot of our problems. It's also our unwillingness to face those emotions that cause most of our rage, most of our anger, frustration, annoyance, and even slight irritation, are all caused by our unwillingness to face those emotions (pointing to 'how I am unloving to others').

The converse is also true in that, if I am willing to face these emotions, I can, in the most rapid manner, become at-one with God, so that's also true, if I am willing to face those emotions, if I am willing to process them and work my way through my resistance to those emotions ('how I am unloving to others').

And of course, as the next emotions down, they will help again. You know what I mean. It's like a scale, if you like. If I'm only willing to face those emotions ('how others are unloving to others') then I'm not going to get very far. If I'm willing to face these emotions ('how others are unloving to me'), I'll get a small distance, but when I start focusing on the last two groups of emotions ('how I am unloving to me' and 'how I am unloving to others'), that's when I'm really starting to deal with the real crux of the matter in terms of why I am unloving or why I am untruthful.

Participant Female:

So, with the number four one being the hardest, does that mean we're more likely, oh, no, hold on, so, is it - now I've just got to try and work out - I know what it is in my head - so, should I sort of try to access like number four emotions or should I just let my, I think I've just answered it myself ...

Jesus:

Your Law of Attraction, Arvana, is actually the most powerful thing, of course, and most of the time for almost all of us, it's focusing our attention on number four anyway ('how I am unloving to others'). It's just that most of the time, we're refusing that.

Participant Female:

Yeah, because I've been noticing just where I'm living that I blame others a lot so that's me - is me blaming others me, like really avoiding the number four thing.

Jesus:

Yes, well the actual action of blame to another person is actually not loving to them; just blaming them in that moment is not loving them. There's a whole difference between blaming and telling the truth about responsibility. There's a big difference between those two states.

Example of blame versus stating a truth

For example, I can say to you, 'your mother did not love you'. I'm not blaming her there; I'm just stating a truth that she did not love you. Yelling and screaming at your mother because she didn't love you is blaming her and you're not going to process an emotion deeper than that, are you, if you stay in that state. Does that make sense?

Participant Female:

Yes, it does.

Jesus:

But we do need to state the truth, 'mum, you did not love me', that's just stating the truth.

Participant Female:

So, do I actually - I'm actually a bit confused about when we should - should we just be telling the truth like all the time. Like, I've been holding back (Laughter) - no, hold on. Okay, now I feel stupid. (Laughter) Is it necessary to have to tell the truth like (Arvana laughs), okay ...

Jesus:

There is a certain slant that she's trying to get at here, so let Arvana get to it.

Participant Female:

I've sort of lost it ...

Jesus:

Do you have to tell the truth even when like events seem to be remotely associated to you in some way or do you have to say the truth all the time

Participant Female:

Yeah, like with my family, I've resisted telling them stuff because I feel like I am in error myself so how will I know, like I'm sure that I would be projecting something at them like if I was telling them - oh, I don't know ...

We're projecting our unloving emotions at others pretty much 24/7 until we release these emotions

Jesus:

I know what you're saying, yes. The truth is that you - if you're projecting something at them of blame, anger, irritation, annoyance, any of those emotions, then the truth is you are projecting at them in that moment. But the truth is probably, you're also feeling those emotions day-to-day most of the time which means you're projecting at them pretty much 24/7 until you release the emotion. Does that make sense?

Participant Female: Yeah.

Jesus:

So, the truth is actually that when I state, oh, I'm blaming you, I'm actually in a better place than if I just blame you without stating and recognising that I'm blaming you.

Participant Female: Yeah, okay.

Others don't receive as much of my projection, the more I personally own it

Jesus:

So, the more truthful I become, the better the projection is for the other person. In other words, they don't receive as much of the projection the more I personally own it.

Participant Female:

So, I should really just sort of challenge myself and just speak truth with my family or ...

Jesus:

... all the time.

Participant Female:

... everyone.

Jesus:

Yeah, everyone, everyone. So, somebody comes up to you, and you don't really want to talk to them. What do you do?

Participant Female: (Laughs)

Jesus:

You say, actually I don't really feel like I want to talk to you and then if you were even more truthful, you'd say, do you want to know why because I'm happy to tell you that to. (Laughter)

Participant Female:

I wouldn't be happy to say that, but maybe I should start doing that now.

Jesus:

Yes, yes, every one of us should be doing that here.

Participant Female: Okay.

Jesus:

You know, you have someone come up and they come up to you every time we have one of these groups, they just come up to you and they, (natter away), and we're not often looking at our Law of Attraction, why we're continuing to attract this person that brings up something in us, so we say, every time I come to one of these groups, you want to come up and talk to me. Every time you do, I feel uncomfortable. And I've got to look at why I feel uncomfortable, I know, like what's going on, oh, I feel uncomfortable because it feels like you're needing something from me, and you're demanding it of me, and I feel like I'm not allowed to be free to be myself when I'm with you. And the other person just goes, oh, that's your Law of Attraction or whatever, which is an unloving act in itself, but ...

The truth is that if both of us are truthful in an interaction, we'll work through emotions really rapidly. If one of us withholds the truth in an

interaction, now there's a lot less chance of us working through an emotion.

Participant Female: Okay, thank you.

Truth is very powerful

Jesus:

Yes, so truth is very powerful, and when you state the truth all the time, you are staying in the shadow of God's Truth because that's what God does all the time. So, God doesn't allow you to get away with a lie, ever. Every time you try, one of God's Laws gets broken, there's a feeling in your soul as a result, every time it happens. If you're sensitive to it, you'll notice it every time. God doesn't allow you to get away with a single unloving or untruthful act, so why would we allow ourselves to.

And it's the motive to allow ourselves that allows spirits to hook in, you see, can you see that? As soon as I allow myself an unloving or untruthful act, straight away, now I've got an addiction in play, the spirit's got an addiction in play, bang, it connects with me, and before I know it, I'm doing unloving and untruthful things regularly.

So, blame is definitely anger - any of those anger-based emotions are all very good indicators that we're not staying the shadow of God's Love or Truth, they're very good indicators. And we want to stay in the shadow of God's Love and Truth if we want to have protection, that's the only way we can be afforded protection.

Participant Female:

That was going to be one of my questions AJ, is just to have light - to have a shadow, you have to have something in between the light, throwing a shadow, so I'm just trying to understand why it's not stay in the light of love and truth and why it's a shadow.

Jesus:

Oh, I'm perfectly happy to change the words for you if you want. (rubbing out 'shadow' and replacing it with 'light' on the whiteboard)

Participant Female:

Thank you. That just makes me feel better.

Jesus:

Yeah, I mean in a shadow - like a lot of persecution-type events feel like a burning, hot, unbearable situation and under those circumstances, you

would definitely enjoy the shadow, and that's why I used that terminology back in the 1st century.

In the 1st century, what was happening is that we just walked up a mountain and it was pretty hot that day as well and there was a lot of other things going on and we were sitting around a campfire at night when I gave that prayer to a group of disciples who asked about it and that's why I used that terminology.

Participant Male:

I just wanted to say when you were speaking that truth there, it's just as unloving to not speak up, that's just the same as not lying, I mean as lying. Like if I feel there's this interaction going on and I'm not saying anything about it, that's living a lie.

Jesus:

It is, it is, if you feel it and you don't state it, then you're actually living in a state that is dual. When I say dual, I mean two-sided. And every type of state like that is going to damage somebody. Now you can choose to not speak the truth even though you know it, right, and there are times when you may need to choose to not speak the truth even though you know it.

Example of 'casting your pearls before swine'

For example, if the person you're just speaking to has totally rejected the previous truth you've given, then they have demonstrated through their free will that they do not want the truth, so therefore, you would walk away. You would not speak more truth to them; you would just walk away. And that's why I used the illustration in the 1st century of casting your pearls before swine.

Like a person who is rejecting your previous truth, really, they're going to reject the next one, are they not? So, what's the point of saying another one. When you think about it, that's honouring their free will. So, there are times when you will honour a person's free will, but most of us, to be frank, make the choice for the other person before we give them a chance to make the choice.

In other words, I'll make the choice, 'I don't want to tell Josh that because I'll feel embarrassed', rather than telling Josh that and letting myself feel embarrassed and letting you feel what you want to feel.

Participant Male:

That's the thing like I find unless you speak the truth, the emotion just doesn't - you never access it.

It's impossible to access an unhealed emotion while lying or withholding the truth

Jesus:

That's very true as well. It's impossible to access an unhealed emotion, an unloving emotion while you are speaking a lie or withholding the truth from yourself.

Participant Male:

So, in other words, it's the best tool to access it.

Jesus:

Yes, always, and this is why I am very blunt, what you may feel is blunt, what I feel, is just truthful with you. Does that make sense? Because I know the power of it. And it requires bravery and courage to stay in the place of telling the truth all the time. There's a quality that you develop within yourself of courage when you stay in that place, and it's only fear that would ever let you out of that place, you know, by withholding truth from someone. It's an act of love to tell somebody the truth, but it needs to be the truth before it's an act of love.

Example of a participant triggering an abundance issue

Participant Male:

Is it okay - I just want to share something, if that's okay. I'm putting myself on the spot here, about seven weeks, six weeks ago, like I wanted to deal with my abundance issues, and so basically what I did was I let myself run out of money.

(Jesus laughs) Yep.

Participant Male:

I used up all my savings and I got to the space where I had no money and it started triggering all this stuff about expecting to be looked after and it was terrible feelings that were coming up in me and I'm not humble enough to process a lot of it, and so I signed up for Centrelink (Australian social security payments and services to eligible individuals) and I feel very out of harmony with love there because it's like expecting the system to look after me and like I've decided that I've got this interview tomorrow and I'm just going to say the truth but I feel ...

Jesus:

So, what's the truth.

Participant Male:

... but I'm really scared about everything.

Jesus:

So, what's the truth Josh?

Participant Male:

The truth is that I expect to be looked after. And my mind goes into confusion very easily because I'm in such resistance to a lot of things and I like I'm just feeling tormented a lot because I know that I attract a lot of spirits and stuff and I'm learning to deal with that just by praying all the time.

Jesus: Awesome.

Participant Male:

Part of the reason why I was attracted to this path is because I just decide all my life to find peace and love (crying) and I didn't know there was a God, I just wanted to create a better world ...

Jesus: Yes.

Participant Male:

And my whole life is just this a big lie. I've had to keep up this front and I'm tired of it and I'm scared of the pain, very scared of the pain.

Jesus:

Yes, can I say it's great you're tired of keeping up the lie. That's the first part of actually living in truth, is to just give up the whole facade. And many people in the audience can take from your example of giving up the facade and just stating the truth. It's great that you stated the truth, 'I expect other people to look after me'. If it's not mum and dad, it's Centrelink or someone else, you know, there's this expectation in me, acknowledge that. And acknowledge that even with Centrelink if you want and then say - or what I'm willing to do is challenge that, I want to 'Work for the Dole' (Australian Government work experience program to gain skills and experience) type of thing, where I'm now not expecting them to give me something without me doing something, you know, in terms of loving for myself. So, I'm not expecting other people to look after myself, I want to look after myself.

What happens a lot is that we have a lot of desire for people to look after us because it feels like they're loving us then, so there is a lot of emotion in you about when somebody's looking after me, that means that they're loving me. Does that make sense?

Participant Male:

One of the biggest issues I'm facing is before when you said, some of the people that have the hardest trouble with this path, are people who don't take action and I'm one of those people. I'm really, like when you talk about a torturous death or anything, like the last couple of weeks, all that's been on mind is this, stuff coming at me and then I pray and then forget about it.

Jesus:

Yes, so you can say then really that fear is your largest problem.

Participant Male:

Yes, fear is my largest problem and my fear of not being able to process fear is, you know ...

Jesus:

Who else has a fear of not being able to process fear. Good, now keep your hands up, say, 'I don't want to process my fear'.

Audience:

... I don't want to process my fear.

Jesus:

Right, you need to own this, so I don't want to process my fear.

Audience:

... I don't want to process my fear, and I need to own this.

Jesus:

Because that's my responsibility.

Audience:

... Because that's my responsibility.

Jesus:

Does that make sense? So, while I keep my hand up, I don't want to process this fear that's my responsibility and I'm doing that so that I don't have to act.

Audience:

... and I'm doing that, so I don't have to act.

Illustrations of when you act, the fear will be released

Jesus:

So, the majority of the times - what I'm trying to illustrate to you is that every time you say, you can't deal with your fear, you are just really saying to yourself that you don't want to act. Does that make sense? And when you act Josh, and it's important for every else, of course, in that same state, when you act, that is when the fear will be released.

Myself and Mary had long chats about this. We've been talking about our passions a lot and Mary's had a lot of her passions, she's recognised a lot of her passions and obviously, having that big desire to bring love to the world is a huge passion for Mary. And part of it was the desire to also help others, right, help others connect to God as well. And so, I said, well, why don't you consider - we were talking about doing some workshops. And Mary's going, no, I can't do that, like I can't do that because I'm so afraid.

I want to deal with my fears first, then I'll do the workshops was basically what you were saying, wasn't it darling. And then she went through this process of making a decision that actually, if she did it that way, that she probably would never deal with the fear. So, what Mary then decided was I am going to set a date and work by that date and I'm definitely doing the workshop that date. Does that make sense?

Now if you saw Mary from the moment, she made that choice to the first workshop, most of the time she was in terror, right. Wasn't that true (speaking to Mary).

Mary:

(shaking her head yes) Unable to hear Mary's comments.

Jesus:

And even in the first workshop she was still in the terror, right. So, it's the taking of the action that actually will release the fear.

A few months ago, I did some channelling with Monica and a group of spirits, I think it was with Monica, it might have been with Natalie, but anyway, a group of spirits came to us and the group of spirits were a group of female spirits who were still in their terror in the spirit world and what they were doing is they were still doing sexual acts for people who were terrorizing them, right. And their life on Earth was that they were involved in prostitution and so forth on Earth, because of some very, what you would call pimps, some very angry men, who controlled and manipulated their entire life on Earth. And when they passed into the spirit world, they continued to believe that they still were under the

control of these men. The men passed and so did they and they still felt under their control.

And one of the things I said to them and it's worth's having a listen to, it's actually an mp3 as a download, is you need to go up to these men and tell them, no matter what you want me to do, even if you want to kill me and destroy me, I am not going to do it anymore.

Now in the process of getting them to take that action, huge amounts of fear and terror came up in them, and they were releasing and crying and releasing and crying before they could even do it, even the thought of doing it brought up all of the emotions. But they still committed and they went and did it, one of them went and did it, and she started pretty shakily and did it, and then I said do it again, and she did it again, and then another group of them and another group of them, and all of them eventually did it.

And you know what the men did? Well, they didn't know what to do anymore. Because now in the spirit world how can they harm them, they can't, and they didn't know what to do and they were just flabbergasted, like they just didn't know how to handle it.

Now on Earth, obviously, people can choose to do damaging things to you that affect your short-term life on Earth. In other words, a person can put a gun to your head and say, do this or else, or else I'm going to harm you in some way or pull the trigger, whatever. But at the end of the day though, it's a very short-term thing that happens and by the way, a very instantaneous thing with very little pain if it happens in the way I just described (Laughter).

Trust me, most people who have been shot feel no pain in the process. Many of them don't even know they've died when they arrive in the spirit world, that's how little pain there is involved in the process. Because the instant that you're passing is the instant that certain spirits help you disconnect from the physical body and the pain itself and all these things happen, there's a whole beautiful process that happens, and the pain that you imagine is often not the pain that you experience. In fact, you will receive a lot more pain from long-term emotional illnesses that cause physical problems than you ever would from a passing like that.

So, often what we're afraid of is the process of passing in a violent manner, but often a violent passing is a lot easier to deal with emotionally and spiritually and also less painful than you could imagine. But that's an aside.

But these spirits decided to take the step of confronting their fear by actually doing it, that's what I'm getting at. And it's the actual doing of it that means then that nobody else can affect you in any way and all of your fears come up and you shake and if you could see Mary before her first workshop, many of you saw it, right, she was shaking, her voice was shaking and everything and that all then over the process of days, she comes home has a good cry about how afraid she is and all of that and then over a period of time, so now, by the time there are seven or eight of them, now it's like, boy that was pretty easy, what can we do next. And that's the irony of fear.

FEAR is false expectations appearing real

The irony of fear is that it is a false expectation that appears real. It is something that actually often will not occur that we believe will occur that causes us to not act. So, every time you are afraid of the fear itself, really what you're doing is you're afraid of action.

When you learn how to act in your life, when you learn how to passionately desire something and go for it, no matter what opposition you receive, that's really what it means to have passion, you'll find you'll progress very, very rapidly. All of my personal stagnation has occurred when I have sat in my fear, trying to protect it, nurse it and prevent it, and that's been the longest possible process.

Participant Male:

I think that's really important what you just said because I've definitely constructed this idea out of everything I've learnt from you of - of, you know, being in a corner in a room processing my fear somewhere and for some reason that's how I've absorbed the information you presented, but now I'm really feeling I'm getting what you're saying and just doing it, and letting yourself process through the doing it.

Jesus:

Yes, I've given a talk in the past I think it was at ?? called *Emotions in Action*, really worth having a listen to that if you're having trouble with your fear. Because when you act, that's when you finish up confronting a lot of your stuff, only when you act.

Example of confronting your shame

For example, if you feel ashamed, how do you confront it? You don't walk into your corner in your room and sit down and think about your shame and all that stuff, right. What you do instead of doing that is you grab three or four people around you who are just there; it doesn't matter

which ones, you sit them down and you say, would you like to listen to all of my shame (Laughter).

Shame, shame, shame, you know the shame list, would you like to listen to all of my shame, give them a choice (Laughter), and if they want to then say, okay, here I go, well when I was five I stole money out of my ... when I was eight I had a sexual play with this but I never told anybody about that ... and when I was 12, I actually had sex with this guy but mum and dad would have been freaked out and so I didn't tell anybody about that either. Thank God that guy kept it a secret. And when we go through our life, and oh, by the way, my husband there, yeah, I've actually cheated on you (Laughter), sorry about that, and do you want the details.

I'm serious, I'm serious because that's a very rapid way of actually dealing with this shame. Do you think you're going to hold on to it after that, after these people know. Do you think you're going to be that worried about holding on to it anymore. You can start dealing with it after that point.

So, it's the same with your shame, your doubts, your fears, your anger and rage and all those things. Once we learn how to speak the truth, we now are staying in the shadow or staying in the light, if you want to call it that, of the truth in our day-to-day lives, right, and in that moment, you are the most protected, in that moment. No one can manipulate you in this moment. They can try.

So, do you think the man who's just learnt that his wife's cheated on him is going to have a bit of anger? Of course he is, probably. Then he's going to have to deal with some of his grief about that and the whole relationship may even break up as a result of this truth. But you will have learnt to live in a place where you're no longer ashamed. Does that make sense, in that process, you will have released some of that emotion.

Participant Female:

AJ why is shame the hardest for us to deal with it is because of my fear of judgement. I've just started getting into my shame and realising how massive it is and even to the point where, as I process through it, I'm just uncovering things that I've blocked out, obviously because I didn't want to see it, so much shameful stuff.

Alzheimer's is caused by a desire to not remember our shame

Jesus:

Yes, we've actually done things and didn't even want to remember them. And in fact, Alzheimer's is caused by that desire.

Participant Female:
Sorry, what was that?

Jesus:
Alzheimer's is caused by that desire to not remember our shame and Dementia, all those emotions, they're all emotional.

Participant Female:
So, it's the fear of judgement that makes it so difficult.

Jesus:
Well partially so, like a lot of people notice they come up and tell me all these secrets of their life that they haven't even told their partner, so why would they tell me? There're a lot of reasons, not just judgement. Can you see. So, for a start, they know that I'm not going to judge them, so that's one help. But I'm not their partner, so there's not the potential of me leaving them as a result of them telling me the truth. Does that make sense? So, that's a fear, that's a fear of their life changing, isn't it, so that's a fear that their life will change in a negative way and they don't want it change negatively, that's their fear.

Obviously, the more in harmony with love and truth we are, it can only change positively, not negatively. So, any belief I have that truth is going to bring negative changes to my life, I am out of harmony with love straight away because it's not a truth. So, can you see that the motives for holding on to shame will be different in each circumstance. Some of which will be about our own personal judgment of ourselves. Some will be that we're actually horrified that we even did what we did. Do you know what I mean?

**Just state the truth about all the things you're
ashamed of, and all your blockages will be
automatically exposed**

And there will be moments that you've had in your past life where you're now horrified that you even contemplated doing those things. So, yes, so it's that. Some of it is the terror of facing your true own condition. Some of it is your personal fears. It just depends on what the blockage is. But the truth is, if you just state the truth about all the things you're ashamed of, all of those blockages will automatically be exposed in that moment. If I hold on to it, then I'll have to nurse my way through it all which may take years, it may even take my entire life on Earth and some years in the spirit world, and we don't want to wait that long.

You want to have a free existence, and shame causes you to not have one. You want to have a free existence; fear causes you to not have one. You want to have a free existence; doubt causes you to not have one. So, deal with those emotions as soon as you possibly can. And there are things you can do to deal with them. All you need to do to deal with them is embrace the truth of it and feel free to speak the truth to people who you feel are going to want to listen to it perhaps.

And some of them may even not want to listen to it but ask them first if they want to and if they don't want to, write it down. If you've got no one around you who wants to listen to the truth, write your truth down, publish it, make a book out of it (Laughter). ?? Why not, what's that a lot of people have done who are famous, isn't it, and they get paid for that. You'd be surprised what comes out of you staying in harmony with love and truth of yourself and honouring the fact that this has been your life, no matter how bad it was.

Different types and attitudes of shame

Participant Female:

Can I just ask you about the difference between shame and sexual shame, is it the same emotion but sexual shame is just around a sexual activity or is it actually different types of shame?

Jesus:

There are certainly different types of shame, certainly. Some shames will relate to your gender, some will relate to the opposite gender, some will relate to your body, some will relate to your sexuality, it just depends on what the underlying causal emotions are as to which flavour of shame you will have. And you'll often have many different types.

If somebody said to you, oh, there's a loo over there in the open and there's a hundred of us here, we're all going to watch you do a poo (Laughter), the majority of us in that state would feel a state of shame and I would probably feel like, why would I want to do that, but anyway. But can you see how like, there are certain things to do with body functions, for example, that we're often ashamed of as well. So, there are certainly different flavours of shame, and you need to allow yourself to deal with them, but confront them, don't sit on them. Maybe that was a bad (Laughter).

Participant Another Female:

I'm aware of certain feelings of shame, particularly sexual shame when that come up when I'm processing. Well, I don't know that it's shame, all I

can say is that I get sexual feelings when I'm in certain emotions that I'm processing.

Jesus:

Yes, so you might say process grief and all of a sudden, you feel horny.

Participant Female:

I had 10 orgasms the other day just because it's all coming up. And I have actually published things that I'm embarrassed about in books I've written and what not. I found it not that hard to speak it, but as I'm listening, I'm thinking, I don't think I've felt it.

Jesus:

Exactly. Can I say that a lot of people speak - there's two attitudes that we have to our shame that we generally use to manage it. One type of attitude that we have to our shame is the attitude of I'm going to hold on to and protect my shame and I'm going to keep it secret, that's one attitude.

Then there's on the opposite end a very angry attitude to your shame. Stuff this, I'm going to tell the world and stuff them all, type of emotion. Does that make sense? And if they don't like it, then they're out of my life, that's the way it is. They either have to like it or lump it; that's another attitude to shame. But that is just as much of a denial of the underlying emotion as the total shut down of the shame itself.

Participant Female:

So, my question is, I'm quite sure there is some definitely childhood shame stuff going on for me and I flat out, I simply cannot go there. What can I do?

Jesus:

Well, the first thing you do is pray to God. You want to develop a desire to go there, okay. Do you want to develop a desire to go there or not because there has to be a truthful prayer. So, do you want to develop a desire to go there. If you don't want to, say I don't want to develop a desire to go there and help me avoid it all which is what's currently happening. And then you can go, make the step further of why don't I want to go there because I'm afraid of the can of worms that will probably open up so pray to God about dealing with the potential can of worms that is going to be opened by me dealing with this sexual shame issue.

Participant Female:

So, then that leads - because I have gone to things where I get little flashes and I truly wonder if I'm just making them up to justify that, oh, well that would be it. Can we do that?

Jesus:

Certainly, we can. Our brain is a very powerful engine based upon our emotional denial and if we have an emotional denial of a certain type, we often can generate even images inside of our brain that causes us to support that particular denial or accept it depending on what our desire is, so certainly. In the end, you won't be able to feel an emotion from those things though.

So, in other words, let's say I'm processing through a lot of things and all of a sudden, an image comes to me that I've been abused as a child sexually, and that image causes me to actually stop crying. And then I think about that a few weeks and I process about that, and then I wonder, oh, maybe I've been abused sexually and I think about that a lot, whatever, whatever, often times that's what happens, but when I feel about being abused sexually, do I have an emotion. Because the emotion is the truth of the abuse. Do you follow me?

If there is no emotion, then it's highly likely that image was just planted there by a spirit or came to you through an avoidance technique that you have or whatever. Because if there is an emotion, that is the underlying proof that something's happened there. And it could have happened with spirits, by the way, in your sleep state, it might not be a physical experience. Because remember 8 to 10 hours of your life you are in your sleep state having experiences too which all have emotional content.

Participant Female:

I've actually gone through something like that with Milly's help, but what I find is that still when I'm uncertain and usually when I'm in emotions where I'm feeling time pressure or feeling constrained, then I'll just start getting very horny.

Jesus:

Feeling very ...

Participant Female:

Horny.

Jesus:

So, only when you get time pressure ...

Participant Female:

... time pressure and also if I'm - yeah, time is a huge thing for me, it triggers lots of pressure.

Jesus:

And you find yourself getting horny when you're in that state?

Participant Female:

Yes, mostly.

Jesus:

So can you see that the sexual stuff is a way of tuning out of the fear about the time pressure.

Participant Female:

Oh, no I didn't see that.

Jesus:

So, see what happens a lot of times is, we often have these interior things going on within ourselves and this is something to do with addictions, we often have interior things going on where we choose something pleasurable over something painful because then it helps us avoid the pain.

This is one reason why many men masturbate 3, 4, 5, 6 times a day or whatever, is because they're avoiding the sadness feeling, the lonely, sad feelings they have about women in particular, and a lot of times the sexual feeling helps them overcome that emotion. Does that make sense?

Participant Female:

Yes, I'm just realising I also get those feelings when my computer freezes up, you know, (Laughter) I'm just sitting there, I'll just cross my legs and feel horny.

Jesus:

So, in other words, every time your anger is triggered you revert to sexual feelings.

Participant Female:

Oh, is there shame in that or is that - I'm sure that, I'm assuming I have something to be ashamed of but maybe it's something else.

Jesus:

No, it's your avoidance of anger. You're avoidance of annoyance; You're avoidance of frustration. Does that make sense?

Participant Female:

Yeah.

Jesus:

I can fill in this gap with a bit of sexual pleasure and then all of a sudden, you can get away with lots of anger-based emotions in that place. Do you see?

Participant Female: Yes.

Jesus:

Yes, and these are often addictive behaviours that we have trying to get out of the real emotion. Like how many of you prefer pleasure to pain? Oh, everybody (Laughter), interesting that, right. So, you see there's this automatic desire in us almost to prefer the pleasure to the pain. And so, when there is a painful experience that starts rising within us, what are the options for personal pleasure. Not very many when you think about it, are there? If you're having a painful experience personally, there are not that many options for personal pleasure in that place of pain, aside from sex and maybe food. What else?

Other addictions like drugs, cigarettes and those kinds of addictions so we turn to some kind of physically addictive action in order to avoid that painful place. So, all you need to do is look at the linkage between the two, and again, it can be easily spirit influenced in that place. So, every time I seek for the addiction, I am exposing myself emotionally.

So, if I seek for the addiction of sexual pleasure when I'm angry or when I feel pressure-based situations, fear-based situations, a spirit can easily hook into that, can't they. Can you see that? And I'm also opening myself up to their manipulation of my sexual organs in that place in order to avoid the actual experience that I'm trying to avoid which is the experience of feeling under time constraint, or feeling angry, or feeling resistive, or whatever the other emotion is.

We're going to substitute pleasurable-based experiences and take a lot of care in your life looking where you substitute pleasure-based experiences in order to avoid your pain. It's a very powerful area to look at in your life.

Participant Female:

That leads me to the other question, as I'm evolving through this whole process, I'm incredibly confused about what indeed has been and is self-love, a loving act to me, treating myself lovingly because I've spent years thinking that avoiding someone's anger was being loving to myself, and of course, I see now that that's been very unloving to myself.

Jesus:

In the sense, that you didn't allow yourself to feel the barrage of the anger and work out what the underlying emotion was.

Participant Female:

Exactly, and I've shut myself down so much because of my fear of somebody's disapproval and so, I thought I was keeping myself safe, but

...

Jesus:

In reality you're avoiding some emotions which meant you were recreating your Law of Attraction at another time to do the same experience over again.

Participant Female:

So, I guess what I'm wondering is, as we're aware of these four questions, and all I can say is that for me, is I'm evolving my awareness of what is treating myself lovingly is actually evolving.

Feeling your emotions is one of the most loving things you can do for yourself

Jesus:

And that's exactly how it happens. So, rather than me giving you an answer as to what is loving to yourself, you'll find as you deal with these different emotions, you'll have more and more personal consciousness within yourself as to what is loving to yourself. But remember Arvana's comment earlier, remember she said that for the first time she sort of realised that feeling your own emotions at the time things happen is one of the most loving things that you can do for yourself.

So, in the moment that you create the horny feeling in an avoidance of the frustration, you are actually not being loving to yourself.

Participant Female:

Yes, I understand that now.

One of the main reasons why we have sexual addictions

Jesus:

Yes, so if you allow yourself to feel the frustration and there must be some kind of relationship in that in your childhood somehow too. It must have been a way that you created to avoid very frustrating situations in your

childhood. Like I said earlier, there are very few personal ways you can have joy aside from some kind of external addiction like, you know, drugs, alcohol, sweets or whatever. Imagine there is no drugs, there's no alcohol, there's no sweets, there's no smoking, there's no, any of those personal external addictions available to you. This is how we are as children most of the time. None of those external addictions are available to us and we want to feel pleasure, what's one of the only things available to us? Sex is the only thing that's available to us. It's permanently with us, it's a part of our body, able to be done at any time pretty much, right.

And so, it's one of the main reasons why we have addictions around sex because it's one of the first methods that we use to get out of our emotions. Does that make sense?

Participant Female:

Yes, I get it, yes, thank you.

Jesus:

And that's why many people have a lot to work through with regard - and it's not the sex that needs to be worked through, obviously, it's the desire to use it to avoid something. Every time we desire to use something to avoid something else, then we're out of harmony with love obviously, because we need to feel the thing that we're avoiding and that's the issue that we have with sex. And it's also, sex is a huge issue that spirits play into for that reason because most of us have learnt to avoid our emotions through sex at a very young age or through sexual feelings at a very young age. And many of us either deny them completely, shut them down completely or love to have them, either one in order to get away from certain things emotionally.

Participant Another Female:

I just want to talk a bit more about shame AJ please.

Jesus:

Could I - shame is an emotion - like I'd probably rather have a conversation about shame in an emotional processing setting rather than this setting because there is a lot more information for me to cover about the battle of the soul and if I keep answering the questions about shame, we won't get to cover that stuff.

Participant Female:

Maybe if I could talk to you afterwards as well.

Jesus:

Well, that might be possible, we'll see.

Participant Female: Okay.

Jesus:

I suppose what I'm getting at is that - what I'm getting at is there is a list of emotions, basic emotions fear, anger, shame, and those emotions are all very core emotions that will help spirits connect to you. And one of the things we're illustrating here and the point of this so far is, if I stay in the light of God's Love and Truth, in other words, if I'm truthful with everyone all the time, and I'm loving with everyone all the time and I'm focused on that behaviour all the time, it's going to be very, very difficult for me to get out of harmony with God, if I'm focused in that way. Does that make sense?

And every time I am unloving to others, I am out of harmony with that. And anytime I am out of harmony, I am now out of the protection of God's Love and Truth and therefore, inviting negative influences into my life, that's the point.

Overcome all the temptations of the flesh

So, what is the second point that I wanted to raise. This is from the prayer,

"and help me overcome all the temptations of the flesh"

now this is really sounding a bit Christian now, isn't it. Well, I don't know what you expect coming and listening to Jesus, of course, he's going to sound Christian sometimes, right, anyway.

So, we want protection or we want to overcome our own temptations of the flesh. Now as all of you know, we all have physiological responses in our body. So, if I starve you for a couple of days, there is a pretty good chance that you'll eat almost anything. And if for a couple of weeks, there is a high likelihood that you would eat almost anything, right, isn't that true. The temptation of the flesh drives that in the sense that the flesh has its demands and one those demands that the flesh has is to be fed. And when I don't get fed there are some complaints that go on inside of it. Now that doesn't need to be the case if we deal with a group of emotions, but as we're growing towards God that is going to be the case.

The same goes with our sexual desires as we've just been talking about. They are all part of our flesh. So, as we go through the process of our hormones kicking in and usually, in this day and age, it's a very young age. Like usually by the time, we're 10, 11, 12, 13 that's all starting to happen. All these hormones, all the desires start kicking in, the sexual desires, they

all then automatically become temptations of the flesh. In other words, we have a desire to meet those requirements, those desires of the flesh.

Every time we respond to a temptation of the flesh in a manner that's out of harmony with love, you will always have a result of pain. So, can I say that again, every time I desire to meet the desire of the flesh, whatever the desire of the flesh is, sexual, physical in nature, and if I do that out of harmony with love in any way, out of harmony with love of myself, love of God or love of my neighbour, I will automatically feel pain. That's how God created our system.

Temptations of the flesh are really emotional addictions to avoid certain emotions

So, it's very important that we start seeing temptations of the flesh for what they really are. What they really are, are emotional addictions to avoid certain emotions. So, every temptation of the flesh actually really is an emotion that you're trying to avoid at any one point in time.

So, for example, you're in a married relationship. You're married, you've got a partner and you're in a relationship with that person. And a third party comes up and projects sexually at you, the temptation of the flesh, if you have some unhealed emotions in your relationship, the temptation of the flesh is going to be to accept those projections. It might be just a flirtation, or it might be deeper than that. It might go deeper than that and you might finish up even having sexual intercourse with them, right, but either way it's an addiction that is demonstrating it and it's a desire to get out of something generally.

So, most of us have all of these temptations of the flesh that you might call that are really driven by these things (underlining 'emotional addictions' on the whiteboard), emotional addictions that we have.

So, like the flesh wants to eat, the temptation of the flesh is to overfeed it, that's an emotional addiction. We do that out of an emotion. Now to eat is a loving thing. To actually eat to excess is now an unloving thing. Do you see the difference.

And if we respond just to the temptation of the flesh without thinking about love, what we're going to finish up doing is having a lot of our life driven by the desires of the flesh rather than love.

Now as soon as we have our desires of the flesh becoming a prominent part of our life, what happens is spirits who no longer have the ability to have their desires, their emotional addictions met by the flesh connect to

your flesh through those unhealed emotions and they actually are a part then of that experience, that's how they connect to you, that's how they become a part of the experience.

So, they have an emotional addiction, unhealed, just like you do and when you respond to the temptation of the flesh, the spirit kicks in and now the two of you are sharing your body's responses. So, if your body's response is sexual, your spirit is sharing the sexual response with you. If your body's response is for alcohol, the spirit, usually an alcoholic spirit in the spirit world is sharing your body's response with you. If your body's response is a desire for drugs, then usually there are spirits who are in the same place of wanting to have drugs that they can't any longer have and they're now sharing the experience with you. Does that make sense?

And so, the desire - it's very important for us to focus on overcoming the temptations of the flesh which actually means overcoming our emotional addictions to feeding our fleshly desires and looking at the underlying emotional reasons why we need to feed it that way.

So, if you're addicted to one type - like there was a period of my life where I was addicted to Coke. Who's been addicted to Coke, not many of you. I'm impressed. I just loved it. (Laughter)

Anyway, I was addicted to Coke for a period of time, and my body was telling me how bad it was for me. I was getting more and more asthma and a lot of other problems I was having. My body was just telling me and what it was, was the sugar hit, you know, and what that did for me during my day because I felt quite - if I just allowed myself to feel, I was running four companies at the time, my wife was depressed, and I had two young children and I was doing everything I could possibly do. I was sleeping about five hours a day, not allowing myself any rest and in that place, Coke was a fantastic way, the caffeine and the sugar, a fantastic way for me to feel like I had the energy to do all that. Does that make sense? If I cut out the Coke, cut out the addiction, wow, now I'm feeling pretty bad, like all of a sudden all of the reasons why I want the Coke are present.

So, you could say in that state, the Coke was my temptation of the flesh, to feed the flesh something so that I could feel good when in reality, it was actually making me feel worse. And this is the truth will all addictions, they all in the end, make you feel worse, and that's how it works.

But if we overcome the temptations of the flesh, what actually happens is you get out of the zone of always feeding it with what it wants. So, temptation of the flesh, comfort, temptation of the flesh, food, temptation of the flesh, alcohol, temptation of the flesh, smoking, drugs, sex all of

these different temptations of the flesh. When I start realising that if I bring everything inside of me harmonious with love and truth, then all of those things, many of them disappear, the other ones come into harmony with love and truth and now I don't feel pain from them anymore, and this is one of the major benefits of doing that.

But on top of that, no spirit can now influence me through one of those temptations. So, many of the people who are overweight, for example, are having spirits attached to them who want them to eat because they want to eat. Does that make sense? Many of us who have addictive tendency with sexual, like masturbation and things like that, there are spirits attached to us at those times because we haven't overcome the temptation of the flesh, right.

So, there are spirits attached to us in that place and in that place, we are easily manipulated, easily manipulated. It's so easy, you'd be surprised how easy it is. When you're a spirit, you'd be very surprised how easy it is. You just drop a little, tiny thought, chink, and bang the person does what you want.

If it was that easy for you, now let's say you pass into the spirit world and you weren't having sex anymore because of the location you were in in the spirit world meant there weren't too many of the opposite sex in that same location and none of them were very attractive to you anyway because they all had the same emotions you had, imagine for a moment if you could come back to the Earth and just stick with a woman here or a man here on Earth and just drop one little thought and you get some sex. Imagine how tempting that would be. Can you see why most spirits are Earthbound.

Most spirits are Earthbound because they're just acting out their unhealed emotions through the Earth because it's so easy. And as soon as we stop blocking that and overcoming those temptations of the flesh, what happens is we will get pressure, emotionally, to go back into the same place, once we get over that pressure and we bring ourselves into the harmony with love and truth, what happens is all of a sudden, it's like nobody can tempt us anymore.

Nobody can come up and say, I'll give you \$1,000 if you do this. Nobody can come up to and say, oh, you want a bit of sex on the side, nobody will know. Nobody can come up to you and say any of those things. None of things will happen to you anymore. Your soul doesn't even desire them anymore so it's not even in your Law of Attraction anymore. That's a very powerful place where you now are following your own passions and

desires and not being influenced by lots and lots of people externally and particularly, lots of spirits so that's very powerful.

So, does everyone get that? What's involved with that, yes. Are there any questions about the subject about the temptations of the flesh.

Participant Male:

(struggling with microphone issues)

Someone doesn't want me to ask this question.

Jesus:

You're in there now.

Participant Male:

Why don't the spirits simply hang out with couples who have lots of sex.

Sex in a loving relationship is not addictive

Jesus:

Because sex in a loving relationship is not addictive and therefore no spirit can attach under those conditions.

Participant Male:

Simple as that.

Jesus:

Simple as that. So, while I'm in a loving interaction with my partner, it's impossible for a spirit to be a part of that loving interaction. It's impossible for the spirit to share the interaction sexually so therefore, they don't want to. They won't hang with partners in that place, instantly, like they just go away. They don't even bother watching because they don't get anything out of it. How frustrating would it be to watch somebody having sex when you're not having a sexual feeling, it would be quite frustrating, right, if that's what you wanted to do so, they don't even do that.

There is no danger of spirits interfering in your relationship sexually while you are both in a loving place with each other. It's only when you get out of harmony with the loving place and into an addictive place, now spirits can hook in in some way or the other.

So, let's say the woman is addicted to avoiding her shame and the man is addicted to, what could he be addicted to under that circumstance, he's in lust with her or something like that, but anyway, it's probably a bad example because that Law of Attraction probably wouldn't work. But with

a woman avoiding her shame, now there are a lot of spirits who are now going to be projecting through the opening that she has about shame, sexual shame, does that make sense. So, they're now going to be sitting with you while she's in the sex act projecting at her, you shameful hussy, you know, all that kind of emotion which will make the woman feel even more ashamed, is part of the Law of Attraction, but they are experiencing a sexual gratification for making her feel more ashamed. Does that make sense, so they get off on making her feel worse, that's how they hook.

If the relationship is loving and the people are both loving to themselves involved in the sexual partnership, then it's impossible for a spirit to have any part of it and they won't even want to, they'd just go away and not even be with you. Good question though.

Humans and food

Participant Another Male:

I have a question about food. Do humans have to eat?

Jesus:

The truth is we don't have to eat. Once we heal a whole group of emotions you don't have to eat. The truth is though probably you'd like to continue eating certain things because you'll find that certain things have a really rejuvenating affect upon you even when you're at-one with God, you'll notice that at times where your energy is depleted because you've given out a lot and there are times when certain foods certainly will replenish you faster than if you just don't eat at all. The truth is your body is able to be sustained energetically without eating and that's been proven on the planet anyway. There're people in other countries, in particular, in India ...

Participant Male:

Yeah, living on light.

Jesus:

Living on light, they say and been like that for 3, 4, 5, 600 days and 3, 4, 5, 6 years.

Participant Male:

There is no spirit connection.

Jesus:

Most of the time there is, yes. Most of the time they have a spirit that's keeping their energy up. But the truth is you can do it yourself without - just with the connection with God. The thing is, is that God doesn't want

you to stop all your desires, God wants to bring you into harmony with truth and love with all your desires. Does that make sense.

There's this common concept that God wants to stop you having sex. Well, that's a bit crazy, like He creates your sexual organs and then tells you the only way to connect to God is by not using them. You know that doesn't make any sense, does it, but obviously have them in harmony with love and truth so, that's what God wants with everything that we do, including food.

Participant Male:

Yeah, but at the moment there is a lot of - the quality of food is degrading so much.

Jesus:

Yeah, and to be frank, too many of you are far too concerned about it because it's your soul that matters the most, not the food you eat. I said in the 1st century,

"worry more about what comes out of your mouth than what goes into it"

(Laughter) because what goes into it can feed the body and you can transform a lot of it, but what comes out of it is damaging your soul in most cases. Do you know what I mean? So, worry more about what's coming out of your mouth than what you're putting into it. So, if you don't have organic this and whatever that today, so be it, it's not a panic. Your body is able to cope with lots of impurity.

Myself and Mary have been laughing a bit, last night we watched a bit of television, and we noticed all these ads about bacteria and germs. Have you seen that lately. All this fear stuff and I'm going there're billions and billions of germs in your body, why would you want to get rid of one that is on the floor or something, and it's just like - what's going on. It's just fear-based stuff that's a lack of trust in how God's created everything. The truth is right now in your body; you've got billions of germs that your body is peacefully co-habiting with through your soul condition. But as soon as your soul condition changes, some of those germs become active and now we've got a problem, so focus on the soul condition, focus on the cause, focus on the cause, all the effects get dealt with. Same applies to all food.

Participant Male:

Thank you.

Jesus:

The way I said it in the 1st century is that,

"it's not what a man puts into his mouth that condemns him, it's what comes out of it".

Helping the world

Participant Female:

AJ, on a humanitarian level, we had a talk the other night of there are a lot of sex slaves being used and they're sold by their parents, you know all about it, they're from 4 - 7, there are a lot of men queuing up, they're just being used, by the time they're 18, they're actually discarded. And there's a lot of rebuilding things, I can understand on a bigger picture what's happening, a lot of people are being helpful. On an energetic level, is there anything we can do to help the girls and maybe the people that are queuing because they obviously have got a lot of lower spirits around and it's happening in a lot of the third-world countries.

Jesus:

Certainly, there is. Most of it is spirit influenced and driven, of course. So, look at all of your own emotions of your fears about spirits, your fears about sexuality. Like for many of you ladies, you've got fear of being used by men, sexually, as an emotion. Does that make sense? Many of you have that emotion. That emotion contributes to this experience for them. You see every - I said, I don't know if I said it here, I think I said it down in Melbourne, is that every single thing that comes into your Law of Attraction is actually exposing something within yourself.

So, for example, if you read in the newspaper about this stuff happening in Thailand, well now it's your Law of Attraction. There is something inside of you that is actually helping create this problem in Thailand. Does that make sense? And we need see our lives like this.

So, if it's about sex slaves, the first thing to do, many of you ladies, deal with the emotions you feel about men's control of you sexually. Many of you have not even touched them yet. Many of you are pushing your soulmates away like they're the plague at the moment, right. Many of you don't even want your soulmate in your life, right, because of what he might do because he might desire you sexually. So, deal with all those emotions.

For the males, of course, we need to do the same with regard to our own feelings about women and using them for sex and all those kinds of things, we need to do the same as that. Many males do have a belief that

women are there for their sexual gratification and that needs to be dealt with. Now as we deal with these emotions, we will find, firstly that the spirit attraction on the Earth to creating these kinds of events will automatically lessen and as a result of that more and more people will see the truth and less people will be involved in doing these things.

Now these people all have mum's and dad's, both the men who are involved it and the women, the girls who are being given to them and how do we help the mum's and dad's because that's the real issue really, and we do that again, by dealing with our emotions about what we feel about our own mothers and fathers and how we have acted unlovingly ourselves as parents. Do you know what I mean. So, there is a lot we can do about every situation even if we can't physically go over to the situation and personally fix it because our soul has this ability to influence every situation.

Participant Female:

Thank you for that. I've found that answers another question because I personally didn't get involved like it didn't affect me, but I really saw massive amounts ...

The Law of Attraction

Jesus:

And you're lying to yourself right now, I'm sorry. Because you, mentioning it in a question and you have read about it or somehow the information has come to you which is telling you that you have an unhealed emotion about this inside of you. Does that make sense? Right at the moment that the Law of Attraction hits us, it's automatically being demonstrated to us that we have an unhealed emotion related to this issue. So, you can say it didn't affect you, but I'm saying to you, there is something inside of your soul that needs to look at this particular thing, something inside of you that needs to be addressed emotionally for you to have even notice this event.

Participant Female:

Well, this was actually just a public talk we went to.

Jesus:

It doesn't matter. See you're still not getting what I'm saying. Anything that comes into your sphere of operation, anything that comes into your knowledge, anything that is attracted to your life, in whatever way it is attracted to your life, is an indication of something unhealed within yourself.

Participant Female:

Okay, I'll look at that. Thank you.

Jesus:

Can everyone understand the power of that? If we understand that one truth, you can work through lots of things, that's the power of it, right. If you can get that truth that every single little, tiny thing that comes to me is actually a result of my own Law of Attraction and therefore, usually the result of something unhealed within myself. That's a very powerful place; you'll heal lots of things if you allow that. By telling yourself, I wasn't affected by that, you are basically ignoring God's Messenger of Truth to you.

Remember God's Messenger of Truth to you is your Law of Attraction. That's why God created that law was to give you truth constantly about your condition.

Participant Female:

Weren't you also saying though that if there's emotion of all the degrees that that's where you knew you had something to deal with and I know there are certain times where, yeah you cannot acknowledge and repress, so if you're not having an emotion but on the other hand, you're saying you have an emotion to deal with. Where does that come in between.

Jesus:

No, what I'm saying is that if your Law of Attraction brings you an event, you definitely have an emotion, definitely. There's no if's or but's about it, there is definitely something inside of you that brings you this event. Now sometimes it can be truthful, but most of the time - we need to assume if we're not yet at-one with God that every event brought to us is a result of unloving emotion, don't we? Why not make that assumption and then go along with that assumption, initially, because that's really where we need to do. Because most of the time we are totally willing to avoid a lot of things and what we're totally willing to do with world problems, by the way, is say, oh, but that's happening over there. We always do this, do we not? That's not happening here. Aren't we lucky, it's not happening here.

The truth is half the time we, Australians, are creating these events. We are creating them because of our desire for this so-called abundance we have which is not economical, like if everyone in the world lived like we live, we would need four worlds to handle the resources, right, and the truth is we're not facing up to that most of the time. We're not facing up to the fact that in Thailand the reason why parents sell children to be used as sex slaves is because the parent usually has a group of emotions related to

us here in Australia. One of those emotions is they want to have abundance in their life; they want to have money.

Why do they want that? Because they see us with money and they think, oh, that life would be nice and comfortable and they're willing to sacrifice their own child for it. And don't think you haven't sacrificed your own child for it either because everyone here who has children has. How many times have you sacrificed having time with your own child just the sake of your work. Isn't that the same thing. You see, this is where - we've got to see these things as our Law of Attraction. Can you see that and be really honest about it. When we're really honest about it, we can then go into the emotion and look at the emotion, and we can see everything as, this is an opportunity for me to see the truth about myself and heal it, every one of these events.

Participant Female:

Thanks AJ, I'll look forward to the next journey.

Jesus:

No worries.

Avoid the influences of the evil spirits

The next section of the prayer is,

“to avoid the influences of the evil spirits”

A basic truth, there are evil spirits. Like don't think that there's people in the spirit world who just have your wonderful life in mind, the sense of a positive way, you know, they want to help you. That's not the case at all. There are many of them who want to do their best to harm you.

There are many of them too, who also just want to do their best to get what they want even if that harms you. So, they're not necessarily as bad as the ones who just want to harm you, but they're perfectly willing to have you addicted to a drug so that they can be on drugs. They're perfected willing to have you addicted to some drink and alcohol so that they can have the taste of alcohol and the feeling that the alcohol gives them, they're perfectly willing to do that. They might ruin your life doing it.

I've spoken to you before about one man who ruined the pancreas of four generations of men, they all died from diabetes and he just went from the next generation to the next generation to the next generation and the next

generation connecting to each one of those men to just satisfy an emotion within himself that he couldn't satisfy any other way.

Now you can actively avoid the influence of evil spirits. You know when they're around and anger and rage and shame and guilt and all these other emotions we've been talking about all are heightened generally when they're around. Most of us know when they're present and you know the environments that they hang out in, do you not? Like, you go to a bar, a hotel for a drink, do you think that the spirits hanging out there are all teetotalers, (Laughter) of course not. They're all ones who want to have a drink and they want to share a drink with you, right.

So, it's up to you what you do with that, but the knowledge of that is very helpful, isn't it. Do you think you go along to a prostitute's place, do you think there is going to be a whole group of spirits there who are not interested in sex at all, of course not. Do you think they're going to be not interested in loving sex at all, of course they're not going to be interested loving sex, right. They're there sitting at her house wanting to watch a few people connect with her and connect with that emotionally. So, why would you frequent there? Does that make sense?

You know these things are happening so allow yourself to avoid the influence of them. Don't make choices or continue to make choices just so that you get your temptation of the flesh fulfilled thinking that you're going to somehow avoid the consequences because we're not ever going to avoid consequences. Does that make sense?

So, allow yourself to avoid their influence. Avoid their influence by staying - remember if you stay in love and truth at all times, you will be able to walk into a place like that, notice it's there, speak their truth, this isn't a very good place, there's actually five or six spirits here, I can feel them, you're here because of this, this, this and whatever else you wanted to do in that place, if you wanted to anything in that place and you'll be able to walk out without be influenced, without taking one of them home with you, one of those spirits home with you or something like that.

But if you want to go along with the influence of spirits, there are many seeming advantages that you'll have with that. For example, if you want to go along with a male spirit who wants to hook you up sexually, I can guarantee to you that you're going to have more sex with different people in your life. Now that might seem like an advantage, but actually it's going to have its consequences.

If you want to avoid the influence of spirits who are going to cause you to connect with the shame inside of yourself and actually live in your shame,

then stop punishing yourself for what you've done. Because every time you punish yourself for what you've done, you have just allowed them to punish you, that's what you do. So, we've got to be firm with ourselves and avoid their influence. If we just punish ourselves, you know, beat ourselves up emotionally or even physically, all we're doing is we're falling into their hands. That's not loving. And they would be perfectly willing to do that.

Every single time you feel a feeling inside of yourself that you want to avoid your emotion, you attract a group of spirits with you who will help you avoid your emotion. So, are you avoiding their influence in that state? Definitely not. They are going to help you avoid your emotion and they'll love doing that because they think they're doing you a favour. And so, you can talk to them about that, I don't want to this and that, I'm going to deal with this emotion.

Anger and rage

How about rage? It's the same issue, can you see? Every time - many of you have gotten into a habit of projecting anger and rage at me. You sort of substitute me for your dad and I'm not your daddy. But you substitute me and so instead of being angry with your fathers, you have opportunities that come up in your life to be angry with me and you project all of that at me. And sometimes with your mothers, it's to do with Mary and you project all of that rage at her and in that moment, do you think - see there's been spirits for 2000 years wanting to harm myself and Mary, don't you think they have a lot of fun with that.

This is why many of you, whenever you have a feeling of anger or rage towards myself or Mary have a long time in that anger or rage towards us because you're heavily influenced in that space to stay in that place of anger and rage. Does that make sense? Because they want to get to us, they want to make us and our life uncomfortable and you're just being a vehicle for that to occur.

Divine Truth on the planet

Now what we've been doing, Mary and myself, is we've been stepping away more and more from some of you who have wanted to do that. And some of you have felt the personal effects of that where we've stepped away from involvement in your personal life more and more because we don't want to encourage these spirits to give you a vehicle of just affecting us through your rage. But it's something that can be dealt with quite easily. Every time you feel anger and rage towards myself and Mary, understand you are going to be influenced by a spirit in that state. You are

going to. Because there are literally millions of spirits in the spirit world who want to see the Divine Truth dead on this Earth.

And if they can affect you to affect the people who are sort of promoting the Divine Truth on Earth, do you think they are going to do that? Of course they are. And this is why many of you stay in anger or resistance with myself or Mary longer than you stay in anger and resistance to your own parents. Because the truth is there is a large group of spirits in the spirit world who desire you to project all of this anger and rage that you actually have towards your own parents towards us so that things happen badly in terms of the movement of Divine Truth on Earth. That's their focus.

So, you can stop hooking into that or you can choose to hook into that. Many of you over the coming months with media pressures and other pressures in your life from your family and friends, you're going to be very tempted to hook into that and when you do, you'll find yourself heavily influenced in anger and rage towards myself and Mary and hopefully you'll remember the words I've just spoken to you in that state.

But it's very, very hard to remember when you're in a rage, have you noticed that? Very hard, and you'll justify it at the time, don't you. You think, oh, I deserve to be angry with them, they publicly humiliated me and so forth. This is the kind of thing that happens. That's not how I feel. I never want to publicly humiliate anybody, but I'll definitely tell you the truth in public if you tell me a lie in public. (Laughter) Does that make sense? I'd definitely do that and it's not to humiliate you, it's just to correct the untruth in public, and that's certainly what I would do.

Why we are afraid of these spirits rather than just taking a stand

Can you understand that we can actively avoid their influence, can you see that. There're a lot of things we can do to avoid their influence, just take a stand, just take a stand. Many of us act in fear of them. Why are you afraid of spirits who have less strength than yourself. Because often it's taking hundreds of them to actually influence you. Why are you afraid of them?

Why are you hooking into them because you have an emotion. Many times, the emotion is, 'I don't love myself'. So, if you love yourself, you will stop allowing spirits to manipulate you, if you love yourself. Stop allowing them from having these effects upon you. Talk to them by all means but stop allowing them to have unloving effects on your life. The truth is they can only have a unloving effect on your life while you don't love yourself in the interaction with them. So, love yourself in your interaction with them.

Participant Male:

I just wanted to add during my life's journey, while we're on the avoiding the influence of evil spirits, I've worked alongside of many mediums talking to external forces or spirits. I just wanted to add to it also that a lot of spirits can come through and gain control through trust and then as they're gaining your trust, they do that to gain control and power over you.

Jesus:

Spot on.

Participant Male:

Yes, so I just wanted to add that to what you already said.

Jesus:

Yes, totally. So, a lot of them will set up events for you. For example, they might set up a whole series of really good events for you, oh, this gets set up, that gets set up, I don't want to bring up personal illustrations in this but there are many that I could give of what's happened in many of your lives up until now where personal things have happened to you that you've actually thought were good, but actually we can see that there are spirits who are in very dark places manipulating those events and making them all smooth for you, and you think, oh, my life's going smoothly, isn't this wonderful, all the things fitting in place, lovely, lovely, you know, I'm doing this and I'm doing that and I'm feeling this energy run through me, it's so beautiful. It's wonderful on the Divine Love Path, and right in that space, you're not actually on the Divine Love Path.

You just allow these spirits who connect with your energy systems of your body, pump you full of this energy that feels really powerful and nice and you feel really good, and then they connect you with some of the emotions that you have unhealed.

Example of emotions for power, glory and to feel special

Like, for example, the emotion to feel powerful or the emotion to have glory or the emotion to feel special and those kinds of things and what they do then is they use this trust now that's been established to get those things from you and I've seen this happen over and over and over and over again for many people. And the more mediumistic you are, the higher the likelihood it's going to happen to you.

Anyone of your unhealed emotions becomes an avenue that they can then use. And all they need to do is develop a basis of trust and you can say,

and you hear this quite frequently, oh, yes, my new spirit guide is now, like the Apostle whatever, you know, and you go, oh, yeah, no worries, and what is the Apostle whatever telling you. Oh, he's giving me all these wonderful feelings passing through me and some of them even feel a bit sexual, you know, and everything, and you're going, hmm, does this sound like a person who's now at-one with God, who's now connecting to the person. It feels good but is it real. Of course not. So, we need to allow ourselves to see that it's not. Does that make sense?

These spirits endeavour to turn my thoughts away from God

So, the part of the prayer was,

“and the influence of the powers of evil ones who so constantly surround me and endeavour to turn my thoughts away from You, from God toward the pleasures and allurements of the world.”

Let's have a look at that. What is the dominant thing you were thinking about in your life? Because if your dominant thing that you're thinking about is not firstly, God, and your connection with God; secondly, yourself and the connection with your own soul and reflecting love and truth at every moment, and thirdly, connecting with your soulmate and reflecting love and truth in that environment at the moment then there is already a disharmony within us that's out of harmony with God's Divine Truth.

Blocking our soulmates

So, for example, I don't want to think about my soulmate at all. I don't want to hear who my soulmate is. I don't want to know who he or she is, I don't want to feel for her. I've got my own stuff to work through. Now if that's what's going on for you, you're blind to one thing in particular, and that is you're not bringing your love into harmony with the way God designed you. And every time you're thinking about something that's different to that, bringing yourself into harmony with the love of God and the love of you and your soulmate, and then the love of others, you are out of harmony with the way God created Her Universe.

We're more focused on our physical well-being

Now when we're out of harmony with the way God created Her Universe, we can't but create other things. You see, when you are really focused with your relationship with God, primarily, and that nothing else can shake that relationship, you'll find that no matter what happens in your life,

you're not going to get off this path. But if you're not focused on that, and you're focused on other things, for example, many of you are focused on your physical well-being.

In other words, you're worried every time you have an ache and pain in your body, right, many of you still. And you worry, oh, I might not be eating the right thing, maybe it's this emotion, but why is the focus on your body and your body's pain. Because you want comfort and you want other things.

Now true, on the Divine Love Path when you work through your emotions, you will have a lot of those, well eventually all of those things resolved, but while you are focused on that, if that is your first focus in your life, if that's where all your time and your energy and your effort goes, not much is going to be left for the real thing, which is developing your soul and growing towards God and entering this at-onement relationship with God.

Put first God's Love and all other things will come to you

Focus your energy first on that, first on that, and everything else will result, that's why I said in the 1st century the words, put first, and in the Bible, it's written, God's Kingdom, and I'd like to say:

"put first God's Love and all other things will come to you"

all other things will come to you. But you know what we do, we don't trust that very much. So, what we do is we don't put first God's Love, we put first a lot of other things. And that's what we need to learn to do.

In fact, in the battle for your soul that is one of the best things you can do to make a firm, heart-based commitment to your own relationship with God where that becomes your total motivator for everything that you do. And once you get to that stage, what will happen is things will happen through your life, and they will hardly matter to you because everything is focused on this relationship with God, that's all you want firstly, and then all these other things will be added to you anyway.

So, can I just say in conclusion that this battle for your soul is a very intense and emotional battle. If you haven't already noticed that (Laughter), and what will happen in your life is that you can give up for a little while if you want, but all that happens is you still have to make the battle in the end, so everything that you give up now, later on will have to be addressed at some point. So, why bother giving it up now. Why not just

battle away with your soul, focus on those major things, particularly staying in love and truth, particularly that.

It will bring up so much for you if you learn to act in harmony with love and truth everywhere in your life with what you believe to be love and truth even right at this moment is better than not acting at all. And if you do that, you'll find that you will win this battle quite easily. If you don't do that, you'll find you'll become one of the battle causalities for a while. Does that make sense?

You'll feel exhausted, under somebody else's control, you'll feel like giving up, and there will be moments where you feel like a causality and you need to work your way through that even emotionally and reconnect with God every time. And there are so many wonderful tools we have to prevent ourselves from becoming a battle causality but remember there are so many spirits who want you to be a causality, they want you to be a causality of this battle.

They want you to be in darkness for thousands of years, just like they are. In fact, many of them would want you to even be worse than them. Some of them look at the power of your own soul and they actually think it would be wonderful if they could have the advantage of the power of your soul in a negative direction, that's how they see you. Some of them look at you and go, wow, there's a very powerful person, there's a very powerful person, there's a very powerful person, if I could have that power in an evil way, wow, what damage could we do.

Example of how Hitler, Nero and Stalin got chosen

How do you think ones like Hitler got chosen? Can you see how they got chosen? There was in their soul the ability for a lot of power which could have been used for good or evil and then these evil spirits just get on to them, right, and manipulate the events and the circumstances and the situations to such a degree that the person on Earth then becomes a powerful tool for the evil influence, and that's how, somebody asked earlier how you get into that location in the hells, that's how you get there, by becoming a powerful, powerful person in an evil way.

And historically you have known the many people who are there, you've heard of them. When I was alive, Nero was one of those persons. A powerful influence in a negative way, he was passionate in his evil. He is now a Celestial spirit. But in the 1st century, many of the so-called evil spirits wanted to use him as their leader at the time.

Many of the ones you know like Stalin, Hitler and those ones have been influenced by these groups of evil spirits into world domination and genocide, that's their desire.

You have a battle going on for your soul

So, does everyone get the understanding that firstly, you have a battle going on for your soul. Secondly, while your soul condition increases, the battle will feel like it's increasing to a degree because you become more of an object – see, the more light you have, the more of an object of notice you become in the spirit world. And thirdly, you realise how you can deal with it. How you deal with it, is these ways that are mentioned in the prayer that was given to you.

And if you can allow yourself to look at those ways in your life, and in particular, learn to stay in love and truth no matter how afraid you are, no matter how ashamed of yourself you are doing it, no matter how fearful you are, and no matter how angry you get at times, stay in that place of love and truth. Allow yourself to really sit there in that place and ask for God's help to stay there, you are not going to succumb to the battle of your soul and you are going to be the owner of your soul instead of a whole group of other people around you being the owner of your soul.

Important to develop our courage

Because if you look at it at the moment, many of us are owned by the environment we are living in, still. We are not our real self yet and we're not being our free self yet. And we have the capacity, this wonderful capacity to be this free individual but it's going to require courage, and so courage is such an important thing for us to develop.

(From the whiteboard)

- 1) Stay in the light of love and truth
- 2) Overcome the temptations of the flesh
- 3) Avoid the influence of evil spirits
- 4) What am I thinking

Thanks for your time again, guys. (Applause)

We're really enjoying seeing your progress, hey, we're really enjoying seeing your progress. And each time we seem to come along to these events, many of you have changed, and it's just wonderful seeing the changes you're making in your own life without much assistance at all.

Your desire and passion for getting closer to God is driving many of you now into this place where you just want to get closer to God and want to

be closer to your own emotions, and you want to attract your soulmate in your life, and it's just so wonderful to see these changes that you're making. Some of you are still feeling stuck, we can see that and we're trying to do our best to try and help give you, over the coming months, to provide as much assistance as possible to get you through those blockages and please don't feel it's a competition.

Every one of you have had different lives. Some of you have had terrible, terrible childhoods, right, in comparison with others here, and we recognise that and we and of course, God recognises that in you. So, don't feel that just because other people are doing well and you don't feel to being doing that well that you're not actually. You need to allow yourself to see yourself truthfully. If we've had a very damaging childhood, we're going to obviously have quite a few emotions to work through and God is patient with us and He loves us through that process, so we need to learn to love ourselves through that process and not berate ourselves in comparison with others.

So, we just wanted to remind you of those things, and we love you very much and we're looking forward to seeing what happens over the coming months. We feel there's quite a few good things that are going to happen over the coming months, and we're looking forward of being a part of those things with you, so it's going to be very much fun.

The Prayer

My Father, Who is in Heaven, I recognise that You are All Holy and Loving and Merciful, and that I am Your child, and not the subservient, sinful, and depraved creature that false teachers would have me believe.

I know that I am the greatest of Your creations, and the most wonderful of all Your Handiworks, and the object of Your Great Soul's Love and Tenderest Care.

I know that Your Will is that I become at-one with You and partake of Your Great Love which You have bestowed upon me through Your Mercy and Desire that I become, in truth, Your child through Love, and not through the sacrifice and death of any of Your Creatures.

I pray that You will open up my soul to the inflowing of Your Love, and that then will come to me Your Holy Spirit to bring into my soul this, Your Divine Love, in great abundance, until my soul is transformed into the very essence of Yourself; and that there will come to me faith – such faith as will cause me to realize that I truly am your child and one with You in very substance, and not in image only.

Let me have such faith, as will cause me to know that You are my Father, and the bestower of every good and perfect gift, and that, only I myself, can prevent Your Love from changing me from the mortal to the immortal.

Let me never cease to realise that Your Love is waiting for each and all of us, and, that when I come to You, in faith and earnest aspiration, Your Love will never be withheld from me.

Keep me in the shadow of Your Love every hour and moment of my life, and help me to overcome all the temptations of the flesh, and the influence of the powers of the evil ones who so constantly surround me and endeavour to turn my thoughts away from You to the pleasures and allurements of this world.

I thank you for Your Love and the privilege of receiving it, and I believe that You are my Father – the Loving Father who smiles upon me in my weakness, and is always ready to help me and take me into Your Arms of Love.

I pray this with all the earnestness and sincere longings of my soul, and, trusting in Your Love, give You all the glory and honour and love that my finite soul can give.

Amen

Resources

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Mary's Blog: mary.divinetruth.com

eBooks by Divine Truth including eBooks translated into a variety of different languages:

<https://www.smashwords.com/profile/view/DivineTruth>

God's Way: <https://blog.godsway.net/>

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Reminder From Jesus & Mary

Jesus and Mary would like to remind you that any document produced by Divine Truth containing any information from Jesus, Mary or any other person includes only a portion of God's Truth that they have personally discovered.

It does not and cannot contain the entire of God's Truth since God's Truth is infinite and humankind will forever continue to discover more of God's Truth as we progress in receiving more of God's Love.

Please remember that due to these limitations, information contained within this document may need to be revised in the future.

Other compilation books can be found at [The Written Word \(thewrittenword.ca\)](http://thewrittenword.ca)

Handbook	Qualities of Divine Truth & Desiring Divine Truth
Workbook	
Prayer	The Power of Your Soul and Denial of the Soul
Humility	
Law of Attraction	Laws Governing Love of Others and Love of Self
Parenting	
Soulmates	Law of Desire & Law of Cause & Effect
Solomon's Message	
Positively Responding to Spirit Influence	Pseudo vs True Spirituality
Secrets of the Universe	Getting To Know God & The World's Definition of God
What Happens When You Die	
Understanding Sin	Why We Resist God & Emotional Blockages to God
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The Truth & Purpose of Jesus' Life	Understanding Your Emotional Self
How the Human Soul Functions	Laws of Rapport & Spirit Communication and The 'Sleep' State
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Forgiveness & Repentance	
Addictions	The Conscience
The Gift of Free Will	
The Three Selves & The Façade	
Deconstructing the Façade & Experiencing the Hurt Self	
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