

DIVINE TRUTH

WHAT HAPPENS WHEN YOU DIE

Divine Truth

Discover God's Universal Truth and Receive God's Love
(all information can be found at divinetruth.com)

Preface and Compilation by Pat Stewart
patdotstewart@gmail.com
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Preface

This is an independent project undertaken by me and is not associated with Jesus & Mary and the Divine Truth Organization.

This book is from the Spirit Life series from the [Divine Truth](#) website. Jesus describes what happens when we die and go to the spirit world, what happens when we go to sleep, and near-death experiences.

The seminars used for this compilation are:

- What Happens When You Die Session 1 – [August 15, 2010](#)
- What Happens When You Die Session 2 – [August 22, 2010](#)

Other than this Preface, I did not write any of the material in this book. All information came from the [Divine Truth](#) website.

Pat Stewart
patdotstewart@gmail.com

Contents

Preface 3

What Happens When You Die – Session 1..... 7

1. Introduction..... 7

2. Our soul condition determines when, where and how we pass 8

2.1. An illustration of Lawrence of Arabia’s death, described in “Post Mortem Journal” 10

3. Audience questions 10

3.1. An example of a woman’s father dying..... 10

3.2. An example of people with dementia 12

3.3. An example of a woman’s son passing..... 13

4. Some spirits are not aware that they have passed when they die 15

5. The truth about reincarnation 17

6. Sleep state and spirit world experiences 18

6.1. An example of a mother with dementia 18

6.2. Many spirits are confused about their location in the spirit world.... 20

6.3. An example of an woman who is fearful when she wakes up in the morning..... 21

6.4. Using the sleep state to acquire proof of the spirit world..... 22

6.5. It’s possible to commit adultery and take other unloving actions in the sleep state 23

6.6. An example of a woman who wakes up tired each morning 24

6.7. Where people go during the sleep state in the spirit world..... 24

6.8. Remembering sleep state experiences after we have passed..... 25

6.9. Processing emotions in the awake and sleep states..... 26

6.10. An example of a woman communicating with her ex-partner in the sleep state..... 28

7. Questions from spirits about where we go during near death experiences vs. when we pass..... 28

7.1. Recognising the soul condition by the state of the spirit body 29

8. Assisting spirits in a dark condition 33

- 6.3. An example of a grandmother having electricity around her physical body after death..... 63
- 6.4. How to see our spirit body and true soul condition 63
- 6.5. Assisting people with dementia or in a coma 64
- 6.6. The negative effects on spirits of holding onto grief 65
- 6.7. An example of a person with Alzheimer’s disease being afraid of dying 66
- 6.8. Helping spirits who have passed into a dark location 67
- 7. Arrival in the spirit world upon passing (continued) 69
 - 7.1. An example of Judas’ passing 69
 - 7.2. Religious denomination does not determine where people pass..... 70
 - 7.3. The vast majority of people pass into the first sphere 70
 - 7.4. Differences between the sleep state and where people pass to in the spirit world 71
 - 7.5. Assistance provided to people who pass 72
- 8. Audience questions 74
 - 8.1. Sleep state experiences vs. awake state experiences 74
 - 8.2. False beliefs about abundance 75
 - 8.3. An example of a participant who is influenced by a spirit attempting to reincarnate 79
- 9. Closing words..... 81
 - 9.1. Comments about time compressing and the universe changing 81
- Resources 83**

What Happens When You Die – Session 1

1. Introduction

Somebody just asked me what the subject I was going to discuss today was. (Laughter) And there are a series of talks that I would like to start giving, which will probably take quite a few months to deliver, all regarding what happens when you die. And then what happens in life in each sphere of the spirit world, so the 1st sphere, the 2nd sphere, the 3rd sphere, the 4th sphere, and so forth.

Participant: Would it be like a guide book?

I don't know if it's a guide book. Just to give you a heads up really.

Participant: Each of the spheres, though, whether you are in the spiritual world or in the physical plane, is going to be much the same?

No, on the physical plane it's obviously a fair bit different but it'll give you an idea of what kind of truths you normally learn in each sphere of the spirit world. See here on Earth you can learn anything at any time. So you can learn a truth about the 21st sphere, and grasp it emotionally just as easily as you can about learning an emotion say about the 7th sphere.

When I say “just as easily” that's probably not the truth because obviously there are certain emotions that you need to process before you can access others. So there's sort of a sequence involved to a degree but the beauty of talking to you about it is that we also get to speak with the spirits that are with you about it. Because many of the spirits who come along to these sessions, have a lot of feelings of like they don't know why they are where they are, and all that kind of stuff and I would definitely like to help them address some of that as well - so besides your self gaining knowledge.

Okay, so you could call this talk part of the Spirit Life series of talks I'm going to give. And the first of these sessions is “What Happens When You Die.” And then it will be “What Happens After You've Died After a Bit of Time” and then it will be “What Happens After You've Done Some Progression” and you get into the second sphere or the third sphere and so forth. [00:02:55.00]

Now of course, for many of you, if you progress and work through your stuff as we've been talking about over the last couple of years, you'll actually find that what happens when you die, is going to be very, very different to what's happened historically when people die. Because of the soul condition of people on Earth, if you raise your condition, and we'll talk about this in a minute, then of course what happens when you pass is

going to be very, very different than what it could have been if you hadn't dealt with those groups of emotions.

2. Our soul condition determines when, where and how we pass

So what we want to do firstly is remember the basics, and that is, here's our soul. What's our soul full of?

Participant: Desires, emotions, passions,

It's emotions, longings. But let's start using some other things it's full of, beliefs, which are all emotional.

Participant: Fear.

So we have fears. They are all emotional. [00:03:58.00]

Participant: Attachments.

Attachments. Very good, yep. Emotional attachments we have to other people, other things, life, and our life. Even many of you are very attached to your car. You know the proof of that? You go to a car park and have someone key it along the side and you'll see how attached you are. (Laughter) So there are attachments there, emotional attachments.

Participant: Addictions.

Addictions, okay. Well, imagine if you're addicted to alcohol or you're addicted to drugs. Now that's a physical addiction. What about emotional addictions? Let's say I'm addicted to controlling my children's life. That's an addiction too. They are all different addictions that we might have. So they're all different addictions and they all have an effect when we pass. Now, we could keep going there, but let's label all of that as one thing; all soul condition.



All the factors that make up our soul condition determine how, when and where we pass

The truth about when you pass is all based on this one thing, and that is my soul condition determines everything that will happen; the moment of my passing and actually how you pass. Your soul condition also controls that as well. It controls how you pass, when you pass, what happens when you're passing and then what happens after you've passed, so it's everything.

But you throughout your life have had many experiences. You've had many friends, some of whom have come and some have gone, and you've had new ones come along, and once you met me you haven't made any new ones! No, that's not true! (Laughter)

Participant: A lot more.

You've had a lot more new friends come along since then, haven't you?

Participant: Different ones.

A lot of different ones and all of those things add to the experiences of your soul. So you even have experiences that we could add to your soul condition. Now, obviously, the experiences that we have are very different depending on how long we live, where we live and what kind of background and upbringing we've had. All those kind of things all have a huge influence on our experiences, and they also therefore have a huge influence on our soul condition.

So the sum total of all of these things added together creates the soul condition and the soul condition generates our own death and what happens after we pass. And when I say "generates our own death" I mean that literally. It's our own soul condition that causes our own body to degenerate over a period of time that creates its own death, assuming that we don't have an accident, but if we have an accident, it's our soul condition that attracts those accidents. [00:07:10.00]

Everything to do with our soul condition attracts our life including the process of our passing, if we could call it that. So rather than calling it, "What Happens When You Die", we're really referring to the physical body dying, and that's not you dying, that's just the physical body going into a separated state. So, what we're going to do is just go through some of the things that happen to you physically when you die and then what happens to you in terms of what is created in your life.

2.1. An illustration of Lawrence of Arabia's death, described in "Post Mortem Journal"

Participant: When we were in the car coming down here today, Alwyn said she wanted to know what happened to Lawrence of Arabia when he passed. We both read the book "The Post Mortem Journal." He was a warrior and he killed a whole lot of people and did a whole lot of really nasty things and that book is all about all these very uplifting things that happened to him when he got to the other side. So we were discussing that and have a lot of questions about it.

Yep. Well, the truth is, you mustn't have read the first bit of his book.

Participant: I can't remember it.

Yeah, because he can't remember it either.

Participant: Oh. Okay.

In the first bit of his book he actually describes the first period of his time in the spirit world that he can't even remember, he was in such a bad condition. He only describes from the time he can remember onwards, and the truth is that he was obviously still shutting down a lot of his memories even when he channelled the material. So if you read the start of the book you'll notice there's a period of 7 years, I think, where he was just in a stupor. He described it as a pain stupor that he has no desire to ever recollect and that's why he doesn't tell you about it.

3. Audience questions

3.1. An example of a woman's father dying

Participant: When my father died I thought his death was quite okay. Unless I've got a big judgement about him, I think he's not a good person.

When you say, "His death was okay," what do you mean by that, Laurleen?

Participant: He didn't care about us but we all were around him for years just before his death and at his death. And as far as an onlooker would see it as, he had what you called a loving family around him and he got all the right things, if you know what I mean. And his actual physical discomfort, that I'm aware of, was very short.

How did he create that? He created that by being a despot all of his life didn't he?

Participant: Yeah.

Yeah, so that's how he created that situation at his passing. And, by the way, that's not what he's like now. That's just the process of just before he died. The reason why he created it that way was that he was a despot to the rest of his family. And for the rest of the family, you were all so afraid of him that what else were you going to do? Were you going to not be there? [00:10:59.00]

Participant: I see myself now at the time, I thought I was just being okay but I was still pleasing him.

Exactly. The whole of the family were still pleasing him. And this is what happens to despots often; they create an environment through a Law of Attraction where the family fears them so much that everybody surrounds them when they die but none of them actually feel anything for them.

Participant: Well, I thought I did. Whether I did or not, I thought I did.

I mean in a loving way, they feel a lot of fear and they feel a lot of other emotions. They feel a lot of anger often as well towards him about what they've done to their life and all of those things; which, by the way, he feels the instant he passes.

Participant: Yes, I think he does now.

Yep. So we want to be very, very careful. When I say your soul attraction creates even the way you die, that is the truth in his case. You see, it's his soul attractions, which are him becoming an arrogant, autocratic, male-chauvinistic male through his life, that then attracted a heap of woman who were in a fear-based state who needed to help him and support him. They helped him and supported him through his death as well. But the instant he passes in the spirit world, now he's going to have a very different life to that.

And so while his soul condition created that life up to that point, it was also the soul condition of others bending to him. Because the truth is if all of you had followed your passions and desires properly, none of you would have been there at his death: none of you. None of your family would have been there. You would have all gone like, "He was just a terrible man," and many of you would have been really angry and upset. Most of you still haven't forgiven him, so there was no forgiveness at the time, and if you were more honest with your emotion none of you would

even have gone and that would have been a truer reflection of his own condition – ironically – as well. [00:12:58.00]

Participant: Question about when the soul leaves the body?

Are there any questions about up until the point of dying basically, and the soul condition?

3.2. An example of people with dementia

Participant: Just a question about people who have dementia, who are not completely in this world anymore. Where are they? Are they able at that point to do anything for themselves as far as changing their soul condition?

The truth is for a lot of them that they are already in their sleep state a lot, so they are already experiencing a lot of their sleep life. But also most of them are very afraid of death and so because of their fear of death they create a long life on Earth where other people need to support them and care for them because they're just terrified of passing. Their terror of feeling their own emotions created their condition of dementia and because of that terror, they often live many years; some of them have long lives after they get dementia. That's a sad reflection firstly of our denial of emotion as a human race, but secondly our fear of death because a lot of them, if they had less fear of death, that state wouldn't last anywhere near as long.

Participant: So they could still be helped by Celestial spirits or by our prayers?

It's very difficult to help a person with dementia, even in the spirit world, because of the depth of their fear, and the depth of their fear of facing their own personal truth. So a person with dementia faces a lot of obstacles when they pass because of their fears that they have obtained through their life.

We'll talk about specific cases as to what happens to them once we've had a bit of an overview about what happens generally because every case, when you pass, is very, very different because obviously, the soul condition is very different. So every case of passing will be very different as well. [00:15:35.00]

3.3. An example of a woman's son passing

Participant: Hi AJ. My son passed over on the 4th of January of this year.

Yep. What was his age? Do you mind?

Participant: He just turned 21.

Twenty-one.

Participant: In his sleep. They had to do an autopsy because there's no idea why he died.

He just sort of passed without any...

Participant: Peacefully.

Yeah, and without any seeming problem?

Participant: No, no problems. He was very healthy. He was slightly intellectually handicapped, disabled. Loving person. That's why I'm confused about the soul condition.

Yep. Well firstly, you're looking at death as a problem, whereas I don't look at it as a problem. There are many beautiful experiences that happen during the process of passing. I'd suggest to you that your son, being partially handicapped, would probably much prefer his life in the spirit world than he would prefer it on Earth.

Participant: I've had that channelled to me.

Yeah, and as a result of that, events happened through his desire. So remember, part of his soul condition is his emotions and desires. What I feel happened to him was that he did not come back to his body when the body awoke. So what happens in that case, is if your body attempts to awake and you don't come back to it during the process of awaking, you will automatically pass. And there are actually allusions to this in the Padgett messages - for those of you who have read the Padgett messages - remember that Helen said to Ned, Mr Padgett that she was afraid that she'd keep him in the spirit world too long and then he wouldn't be able to get back into his body. So I feel that's what happened to your son actually. He overstayed his spirit time, he did it by mistake but he was enjoying himself. His physical body woke up and he wasn't connected to it and the chord snaps under those conditions. [00:17:40.00]

Participant: Right. I was confused because he was very happy with his life here.

Yeah. I feel from him that it was a mistake; he didn't know that he had to come back then. There was a draw from his body but because he was enjoying himself so much, he just didn't respond to the draw of his body. Almost everybody responds to the draw of their body as they're awaking instantaneously, but your son didn't, possibly because of the handicap actually. He's enjoying himself.

Participant: Yes I bet he is. (Laughter)

No, he doesn't want to come back here. Sorry, Mum, but that's the way it goes! (Laughs) Yeah, and this is the thing, we look upon death as a problem. When I say, "Soul condition creating our death", we think, "Oh, that must mean I had a terrible soul condition to pass when I was 21." No, it doesn't. It can mean totally different things. There are many children who pass who obviously don't have terrible soul conditions but they do pass because of a Law of Attraction. [00:18:51.00]

Participant: I have been in a bit of turmoil because of a DVD I watched of yours where you said that the parents' soul condition or the parents' emotional condition could actually create a child's death.

That is very true.

Participant: But you also say that you should not carry that blame with you, you have to look at your condition.

Just look at your soul. So, what has it triggered or brought up for you? It's triggering some of your emotions about death itself and it's triggering some of your emotions about his life on Earth and what it would have been like compared to what it could have been if he was clear intellectually. There are some issues of self-blame that you actually have about his disability. [00:19:35.00]

Participant: No, not...

It wasn't a question. (Laughter)

Participant: When I think of the emotional condition I was in when I conceived him, yes.

And all you need to do is go into those emotions. Yeah, just let yourself feel them. That's where a fair bit of your grief is actually. And he's fine. You don't need to worry about him at all. He's more worried about you, than you need to worry about him, actually. (Laughs) [00:20:03.00]

Participant: And can I also say I've had a number of dreams that have been very vivid, where I've been with him.

Yeah, see, I wouldn't call those dreams. I'd call those sleep state experiences.

Participant: Right.

And this is one thing that most people don't realise on Earth too is that every time you go to sleep at night you spend time with people in the spirit world. Now obviously, because of your love for your son, you're going to spend quite a lot of time with him in your sleep state.

[00:20:30.00]

Participant: I've actually asked him before going to sleep and it's when I'm at my lowest that he seems to come to me and actually the next day I can see a huge improvement.

He's trying to cheer you up, yeah. It would help him a lot if you can let yourself feel your grief completely because at the moment he feels it as a pull back to you all the time.

Participant: Yes, and I'm feeling that. I don't want to create that. I do need to release that.

Yeah. It's not the head stuff. It's the grief he's trying to make better for Mum, and so if you can just release that grief and realise that he's all fine and that you get to spend plenty of time with him in the sleep state. Later you will remember it all as you progress anyway so you won't have to worry so much about the fact of his passing. Let yourself release some of those things.

Participant: Right. Thanks so much.

4. Some spirits are not aware that they have passed when they die

Participant: How is it that some spirits don't realise that they've actually passed when they get there?

Well, your realisation of your passing is all to do with your belief systems. So if you don't have any definite belief about the spirit world at all and you have deep attachments to the Earth, and you have deep attachments to your job and deep attachments to people here, you might not even realise you've passed. If you didn't know all the information you already know, you might not realise you've passed at all because a lot of times you're

drawn back through your soul condition to people on Earth, and we'll talk about this in more detail when we talk about the 1st sphere. But you're drawn back due to your condition to people on earth. [00:22:16.00]

So you'd be like you now, walking around, often you have the dress that you prefer to wear, or the garb you prefer to wear, on, because that's what your garb is; a reflection of what you desire. And you're walking around going up to people and going to talk to them, and none of them will even see you and you go like this, "What's going on? What's wrong with all of them? Everyone's in a stupor, nobody can see me anymore." And there's lot of confusion-based emotions and that is because of our belief systems before we pass.

So don't forget that when you pass the only thing that has changed is you no longer are connected to your physical body. That's the only thing that changes. You are now connected to your spirit body. When I say, "now connected", you always have been, but now all of your sight and all of your hearing and all of your sensory apparatus all work through your spirit body. So everything that happens is a spirit experience for you, but often you're drawn to the same people but they are all still living on Earth.

So you go up to talk to them and they don't listen to you and then some people get very frustrated and angry; "What's wrong with them?" and then they go to their work and somebody else is sitting in their chair and, "What's going on there? They've taken my job away from me." (Laughter) And they project a lot at the people as well in this space of course with anger. Some of them will even go so far as to try to make objects fly across the room, in order to scare the people so that they leave their location. [00:23:59.00]

Participant: So what about the person that passes into a really dark place, wouldn't they realise that it's different?

Most of them don't realise because of their own dark condition before they pass. So for instance, if you had a deep belief there is no God, there is no afterlife, there are no hells, there are none of those things, and then you passed and your condition personally was a hellish condition, but the hell doesn't look like the fire and brimstone that all of the Christian religions teach you. It's dark and dingy and smelly and cold and all those things. You would just think that somehow you just got taken into a new location on Earth that you know nothing about and you can't get out of it, and that's what many of them feel.

5. The truth about reincarnation

Participant: Some religions believe that you actually, in your passing, have a transition period and then you move into another body. So what's your take on reincarnation?

You mean what is the truth on reincarnation? (Laughter) I'm perfectly happy to tell you the truth about reincarnation, but it's not a part of what happens. What happens is there is no real reincarnation as people portray it on Earth today and it is physically impossible to reincarnate actually until a person reaches a dimension in the spirit world that's highly developed. Nobody who has passed has ever historically passed in that condition, so there is no reincarnation in the state that people have talked about it today: none at all. [00:25:50.00]

And actually, when you get to the 3rd sphere of the spirit world, you'll be told that quite definitely. But in the first two dimensions of the spirit world, there are many spirits who believe in reincarnation. What many of them try to do after they've passed is reincarnate. The way they do that is they watch for a conception of a child, and if they can get into that child's body along with the child's soul, they will. So many children born today are actually born over-cloaked, as a result of that attempt, due to the beliefs of reincarnation. And this is also the major cause of child onset diseases. For almost every child who has a disease either before birth or at birth or shortly afterwards, even right up to 2, 3, 4, 5, 6 years of age, almost all of those diseases are the result of a spirit attachment due to the parents' condition not preventing the attachment. So that child will often act like a person who has passed because they are actually being over-cloaked by that spirit. People then think that supports the whole view of reincarnation. "Oh, he seems to be like my grandpa," or whatever. The truth is that the majority of the time grandpa is over-cloaking him and actually determining a lot of what he does.

I've had many experiences with this and which I've told you about in the past, with children with leukaemia, because most children with leukaemia actually pass due to spirits over-cloaking them and creating their cancers because the spirits themselves had cancer when they passed. So most child onset diseases are like that.

That was a very brief answer. There is a whole discussion I've given about reincarnation that you can listen to and that tells you the truth of reincarnation as it really occurs. You can download that from the Internet. [00:28:12.00]

6. Sleep state and spirit world experiences

6.1. An example of a mother with dementia

Participant: My question is about death and dementia but if you'd rather move on, that's okay.

Fire away.

Participant: My mum was one of eight girls and three boys, and she's very demented. She can't really put words together. There was a lot of anger for a while, which was due to two of her sisters, who had died, who were expressing their anger through her. They weren't demented but the most recent sister that died had been demented for a long time. And what happened to mum, almost at the time she died, which was on the other side of the world, she just went really sleepy, and the nurses thought she was going to die for about three days and then she woke up again. And I thought maybe she's just hanging out in the spirit world with her sisters. But what happened?

The person who has dementia will often cycle in and out of the spirit world, although they might occasionally wake up, and this is why you generally start seeing the onset over a period of time. The person's really quite out of body at different times because they can't connect to their brain enough, they're so used to doing that. And your mum, who was obviously heavily suppressing her emotions all of her life, which closes down areas of the brain, which then means that she can no longer use them. When she can no longer use them, there's a tendency then to get out of her body so she can have experiences in the spirit world.

You'll often feel the soul and the spirit body of the person, going away and then coming back and then going away when you are with them. Some of you who are doctors will actually feel that process occurring quite frequently. And what happens generally is their bodies can easily be overtaken in that state, as well, by other spirits. They are usually family-based spirits but often there are whole interplays of spirit against spirit through the body as well. So you have two spirits fighting with each other through the body and things like that. This is why a lot of dementia patients get quite violent at times and then you have others who go very docile, although that's rarer. But often spirits heavily influence their state from that time on. Are you asking specifically about what's happening with your mum, Karen? [00:30:33.00]

Participant: Just in regards to that sleepiness for three days, which correlated to her death?

Yeah, a lot of times what happens when a person's in dementia and another one of their sibling's passes, there's a lot of spirit world discussion going on and they'll often leave their body and come back. It wasn't your mum in this case, was ??????? it? It was another sister, who experienced this? [00:31:04.00]

Participant: Yeah, the demented sister died and my mum got very, very sleepy for a few days.

And she's got dementia too, hasn't she?

Participant: Very, yes.

So yeah, what happened, I would say in this case, is that they met in the spirit world, had a lot of discussions and everything and perhaps, I think, her sister felt a bit like, that it wasn't such a scary thing passing as what she imagined it to be and there was a discussion with your mum about that but your Mum's terror caused her to want to come back to her body anyway. And your Mum's quite terrified of death.

Participant: Yeah. I think she's going to live for years in her dementia.

She hasn't passed yet, has she?

Participant: No. I think she's going to stick around.

She's terrified of passing. She'd rather stay in this dementia for as long as she can.

Participant: I agree.

Yeah. Just sit down with her and have a talk to her about not needing to be afraid of passing.

Participant: When I think she's in her sleep state?

Yeah, when you feel like she might be with you. Is she now here in Australia?

Participant: Yes.

Yeah. So sit down with her. You'll feel when she's not really present in her body. She's in a sleep state then. Call her to you and talk to her about not needing to be afraid. It will give her a bit more freedom actually, although she's not happy about where she'll arrive in the spirit world; this is part of her problem. [00:32:40.00]

Participant: So you know that in your sleep state? Is your sleep state exactly where you would arrive in the spirit world?

It is not exactly where you arrive but you finish up in your sleep state watching other people who are in the same condition as yourself and seeing their bodies. And after a while you start getting a bit freaked because you have a tendency then to look in a mirror and see your own body, and you're freaked out about your own appearance. So you get very frightened and you go, "Well, where am I going to go then? I saw those other people where they went, where am I going to go?" and you get very afraid of all of that as well.

And what would help your mum a lot; knows how to progress in the sleep state. If you can talk to her about how to progress, that'll reduce her fear about her state. The truth is she's not darkening her condition on Earth by staying but she's not helping it either because she's not growing either.

Participant: I thought she was helping herself in the sleep state but that was just me wanting to believe that.

Yeah, I feel most people with dementia have huge amounts of resistance to death because of their fear about their emotions. And when they look at themselves in the mirror, they can see those emotions influencing their spirit body and they become so afraid of that. And then they watch where other people with those same spirit bodies go and after they get all that information they don't want to die at all. So they just stay in this dementia state for as long as possible.

And often they have other spirits keeping them alive in that place, because that's their will. They want to stay alive so other spirits then just hook into that and keep them alive, keep them alive, they use their body to express their rage and so forth and that's why you get a lot of violence with dementia patients. [00:34:35.00]

6.2. Many spirits are confused about their location in the spirit world

Participant: Was that a spirit talking to me because just lately I had this feeling, where I wanted to ask all my friends, and my family what happens when we die. I never have that desire before but now, all of a sudden I felt a desire to know.

Well, one of the reasons why I'm having this talk is because a lot of the spirits that come along to these talks don't have any idea about why they

are where they are. They've got no idea at all, and many of them are in darkness. They don't understand why. Some of them are not in darkness but they just don't understand why they didn't arrive with Jesus in the heavens and all those kind of things. They have a lot of questions about all of those things, you see, so that's why I wanted to discuss this subject and a series of subjects as a result. [00:35:32.00]

Participant: Yeah, because just a month ago I started to ask everybody. It just came to me to ask people, and I get so many different answers it's quite amazing and so many people just felt like death is the end, especially my family, it's just finished.

Yeah. Well, for those, many of them can't come back to the Earth because they don't even have the energy to do so and they are in fairly dark locations in the spirit world. So, we'll talk about all of that as part of the process here.

6.3. An example of an woman who is fearful when she wakes up in the morning

Participant: I've wanted to ask about this for quite a long time. I wake up of a morning feeling very anxious, quite often fearful and sad and I've wondered for a long time if that's because of my soul condition?

I feel for your self, it's a combination of factors. One is that many of us have to walk through a number of dark spirits to get back to our body and that process every morning is quite frightening. Particularly if you imagine you have hundreds of dark spirit around your body, waiting for you to come back into your body. There'll often be quite a lot of fear associated with that.

But it also can be about your recollection of your own sleep state experiences. And many of you now are having quite good sleep state experiences. Many of you are not aware of this but you are having quite good sleep state experiences and the contrast between the sleep state experience and the awake state experience is so great that sometimes you don't want to come back home to your body. And you feel a bit afraid of stepping back into your daily routine on Earth because of what's happening in the spirit world. [00:37:15.00]

So the key with all these things is, when you wake up, to feel your fear, let yourself connect with what it's about and process that, just release that.

6.3.1. When we become at-one with God we will remember all of our sleep state experiences

You'll get to a point where you enjoy your life here as much as you would enjoy your life in the spirit world and in fact when you are at-one with God; it's like a seamless world. Your sleep state experience and your awake state experiences are remembered as a continuous flow. You know how at the moment many of us go to sleep and we pass out and then when we wake up we remember we had a dream or two but we don't remember much else? Well, you'll remember everything.

So you remember floating away from your body, and you go up to this area of the spirit world, which at the moment condition-wise is a first sphere condition, and that's the sleep state experience where people can come and visit you and you can go and visit people. You can check out things on the other side of the world, you can do all sorts of things. And you'll remember all of those experiences. Then as your condition grows on Earth you can be in the second sphere and do all of that or the third sphere and do all of that. And so you imagine, progressively you'll see your own progression even, in terms of your environment. So these are all beautiful things that can happen when you remember, or allow yourself to remember. [00:38:39.00]

6.4. Using the sleep state to acquire proof of the spirit world

Participant: I wake up tired every morning.

Like a bus is running over you every morning?

Participant: Maybe a large car.

Just a large car. (Laughter) No worries.

Participant: But I want to know, it's not just people who have already passed over that you meet in the sleep state, is it?

No.

Participant: It can be anyone else who's asleep.

Everyone else who's asleep

Participant: I'm kind of wanting some proof, like I'm thinking why don't I come back with some proof?

So why don't you get some proof.

Participant: Okay.

The way you get some proof is set your intention before you go to sleep to give yourself some proof about the whole process. And see what happens. But many of you have already had the experience when you meet somebody who you feel you've already met, when you definitely haven't. Well you definitely have because you've met them in your sleep state. So many of you think in your awake state, "Oh, I've got to go here," and you go there and all of a sudden you meet someone who you think you know but you don't. Well how did all that happen? That happened by being teed up in your sleep state. And a lot of your life is actually dictated to you by decisions you make in your sleep state. [00:39:55.00]

6.5. It's possible to commit adultery and take other unloving actions in the sleep state

Participant: So presumably you'd be following your desires when you're in your sleep state so you could meet up with somebody that you might be interested in meeting up with?

Yes. Many of you commit adultery in your sleep state. I'm serious.

Participant: I was wondering about that. (Laughter)

It's the soul condition that allows you to do such things. So if you're not happy in your marriage on Earth and you've met your soulmate in your sleep state and then you haven't dealt with the emotion of morality, you'll be highly tempted to hook up with them in the sleep state and just hope you remember it. (Laughter) And sometimes you do, don't you? Like sometimes you have dreams that you feel like were real. You had a memorable sexual experience or whatever. And many of these are sleep state experiences. Many times we don't want to remember them in our awake state, and that's why we don't remember much of our sleep state experiences. [00:41:00.00]

The truth is that you have just the same capacity to do good or evil in your sleep state as you do in your awake state, depending on your soul condition. So many of us cause just as much trouble in our sleep state to other people as we do in our awake state. Many of us do that and it's all to do with how we feel in the end.

6.6. An example of a woman who wakes up tired each morning

So many times when we come back to Earth the reason why we feel tired a lot is because we're enjoying our spirit state experience a bit more than we would normally and what's happening on Earth is not what we would want to do. But we're not prepared to confront the fears we have to change our life. And so what happens when that occurs is we come back into our body and all of a sudden we feel overwhelmed with all of the fears of what we're not confronting in our own life right now and so we feel exhausted by the time we get up. The truth is that when you marry up your sleep state experiences with your awake state experiences in the sense that you desire to do the same things in both experiences and you honour your desires and passions in both experiences; you will feel a joy about coming back to your body rather than an exhaustion. And of course once you deal with your emotions that cause you to feel tired about your awake state, then of course you're not going to be tired in your awake state.

So at the moment one of my emotions is that myself and Mary are still not close to each other like we used to be. The feelings that I have in our soul union state and in the sleep state we are almost back in a union state. In our awake state we're like poles apart still, so every time I wake up in the morning the first thing that hits me is this emotion of being away, away from Mary. That's the first emotion, so you just let yourself grieve it, like let yourself feel it right in that place. [00:43:16.00]

6.7. Where people go during the sleep state in the spirit world

Participant: If you've done terrible things on Earth, are your sleep state experiences in the hells? [00:43:39.00]

Yeah. Less so though. There's this area, you could call it an area of twilight, I suppose; sometimes on Earth we refer to it as the twilight zone. There is an area in the spirit world where you go in your sleep state, and you're in an Earth-based condition, so you're not as conscious of what your true condition is, even in that state.

There are some very good examples of this in the book “The Life Elysian” and the book “Through the Mists” where the writer of the book who's in the spirit world sees his Dad in the sleep state. And my suggestion is have a good read of that because that explains a lot about the sleep state - and his dad had a bit more spiritual awareness in his sleep state than he had in

his awake state because he's obviously conscious of a lot of things that he wasn't conscious of when he was on Earth. One thing that you're conscious of is you can't die, so in your sleep state you have less fear about death than you do in your awake state, generally, because in your sleep state you can see you can see that you can't die so they have a lot of different emotions.

And so generally a person's sleep state condition is in a bit better condition than their awake state condition, firstly, and then secondly there is an area of the spirit world - the way Aphraar draws it in the aforementioned books is it's like the sleep state can fit into any of the spheres to a degree but the people in the sleep state can't visit in those spheres, but those people in those spheres can visit the sleep state. So in your sleep state you could visit a very, very bright person, a very loving person or you could also see a very hellish person; a very dark mean person as well. So it just depends a lot on what your attractions are as to where you will go. Now some people's attractions are very different in their soul in comparison to their mind. So there are many religious people who would never be drawn into something like, say, a brothel, on Earth but in their sleep state they are drawn into those things because of their emotions. So many times that actually happens as well. So our sleep state experience is not quite the same as our Earth-based experience because of what we allow ourselves to do and also what awareness and knowledge we have in that state, compared to what awareness and knowledge we have in our awake state. [00:46:24.00]

6.8. Remembering sleep state experiences after we have passed

Participant: Also, with the memories of my sleep state that I have now, if I pass right now, do I not go to those places I'm hanging out anymore? [00:46:42.00]

Well no, what happens with your memories is very much like I've described from an emotional perspective. When you desire to emotionally remember things, you will remember things when you pass. So what that means is if you have a desire when you pass, or you don't even have an awareness of anything that has happened to you in the sleep state I'm talking about, there will be a series of events that occur leading you to the point of recollection.

Now this is also described in the book *Through the Mists* if you want to read that book. Aphraar goes through this series of events that lead him to different recollections, which eventually lead him to his mother. He believed that he was not with his mother, his mother had died I think 40

years earlier, at his birth, and he believed that he'd never seen her. But the moment that he met her all of these memories of his sleep state experiences came to him, of all the times that he'd spent with her in the sleep state, and even what her name was in the sleep state, and his name, and so they knew everything automatically.

So the truth is when you pass over into your spirit life, you will eventually get to a point of connection to a memory. Now all of you have this happening to a lesser degree here on Earth already. So if you go to your place of birth that you might have spent the first 10 years of your life at, for example, a whole series of memories that you never could recollect before you went there will come up for you. This is why it is very, very powerful on the Divine Love Path to visit where you've been because they are entry points of your memories that allow you to process emotions. So for example if you lived in a very traumatic time in England, like 35, 40 years ago or 50 years ago just after the war and you were brought up in a certain type of environment and you're not yet connecting with those emotions and you can't even remember the events; my suggestion would be to go back to England if you can afford to do it and go and visit those locations and feel because there will be connection points. [00:49:01.00]

And this is what happens in the spirit world when you pass. More and more connection points happen and for some people it happens very rapidly, but for some people it happens over thousands of years because of the darkness of their own condition. The brighter your condition, the more rapidly it occurs. The more knowledge you have of it the more rapidly it occurs. So for Aphraar it occurred within the first few weeks of his passing. Through his desire he did a lot of different things and was led home to his mum. And when he met his mum all of these other things came to him as a result and that just happened in the first few weeks of his passing. But it doesn't happen like that for everyone.

6.9. Processing emotions in the awake and sleep states

Participant: Not infrequently I feel I go through some stuff in the awake state and I don't feel much better and then I wake up the next morning feeling a whole lot better. Now does that mean you've done stuff in the sleep state or it just takes your body a while to...?

Yeah, what happens is there are certain emotions in your awake state that lock you up from dealing with the emotions in your sleep state and when you release an emotion in your awake state that opens up a whole series of memories for you. Then in your sleep state you begin processing those emotions generally and you can wake up like feeling really good

after that, and then it will expose a lot of things in your awake state after that generally as well. So there will be this cycle going on.

Also many of your unhealed emotions relate to your sleep state and what you've observed in your sleep state. So for example, I've said this frequently before, if you've observed your partner committing adultery in the sleep state then it'll be one of the emotions where, when you get on the Divine Love Path, you'll work your way through in the sleep state and eventually an awareness of it will come to you in your awake state, if it hasn't already done so. [00:51:14.00]

6.9.1. Spirit guides often wake us in the middle of the night

Participant: The other thing that happens all the time to me is that at two or three or four in the morning is when I can think so clearly. It's like you just wake up and everything's very obvious.

Yeah a lot of people will have their spirit guides waking them up from anywhere between 2 and 4 o'clock generally.

Participant: Yeah, that's what it feels like, yes.

Many of you are having this happen. That is the time when you are the most able to be impressed upon with regard to your emotional condition and emotions that you're suppressing. And so because you are the most relaxed, you've done some REM sleep and you're now into deep sleep generally and during that phase spirits if they wake you up in that phase, Divine Love spirits have the ability to feed you a lot of your emotional injury and conditions but also to communicate with you better and so they often will do so at those hours. [00:52:11.00]

Participant: Just on that one, is that why you often have the most vivid dreams after that time? Like I often wake up between that time and then doze off again and that's probably when I have the most vivid dreams.

Many of you are already setting your soul intention to have dreams that demonstrate to you what you're not dealing with in your awake state. And yes, after that period of time generally they can wake you up, you go to sleep, they wake you up and keep you in that phase where you can dream and when you dream that exposes, if you allow it to, the stuff that you're not dealing with in your awake state. So it's a very powerful way of working through whole groups of emotions that you're denying in your awake state.

6.10. An example of a woman communicating with her ex-partner in the sleep state

Participant: I had this experience a few years ago when I parted with someone and I never really expressed some stuff to them and it just became this really huge desire in me to say these things to them; they were nice things. And it went on for quite a long time, and then I had this dream and we met, I said everything I had to say, and thanked him and everything, and then that was it. I never felt the desire again. It just went. It was very vivid and really great.

Yeah. What happened there is you met up with them in the sleep state, said the things you needed to say, now that you've satisfied yourself, there was no longer the impetus to do it in your awake state. My feelings are though you could allow yourself to deal with the reasons why you didn't do it in your awake state. [00:53:52.00]

Participant: I had no contact with him. I didn't know where he was or anything.

You didn't know where they were.

Participant: Yeah

Yep, so often that attracts things in the sleep state.

7. Questions from spirits about where we go during near death experiences vs. when we pass

Participant: There's a lot of spirits influencing this question. When we have near death experiences a lot of us go into this amazingly loving space. So there's a mob of spirit around who are really confused, who have done that, who are really confused about where they are now.

That's a very good question and it's very important that I answer this for the spirits' sake as well. When you're in a near death experience what happens is you go out of body and generally, because it's at the time of your potential passing, lots of very high spirits surround you in this particular state. And when I say lots, there can be spirits from anywhere from the second sphere to the Celestial spheres surrounding you, but often there are a lot of Celestial spirits involved in the process of anybody's passing. And what they do is they surround you in this sort of altered state, being able to nurse you through the process of death, if you like.

Now, many people then come back into their body on Earth, and assume that that demonstrates their true condition, which is not a valid assumption. Because in that place what you've had is literally sometimes tens, if not more, people surrounding you, protecting you in the place of your passing. The reason why it's done, and it's a loving thing that is done, is that every time any person passes they are surrounded by spirits who will assist them through the process of transition from their Earth life to the spirit life.

Now that process of transition often goes through an intermediary phase, which we'll talk about during the course of these discussions. You could think of the intermediary phase as almost like a hospital, where it's in fairly lovely grounds, a fairly pretty place, prettier than Earth. It's the top of the 1st sphere condition, which is prettier than Earth, "Paradise A" type of condition. And then because of the feelings of euphoria that the person who's about to pass has, they then assume that that is a reflection of their own condition. But it is not. It is a temporary place that happens to every single person where it's possible to happen, and there are times when it's not, where spirits are assisting them in the process of the transition between death from the Earth and life in the spirit world.

And so we can't assume that just because we've had a lovely experience in our near death experience that our actual condition will bring us or attract us to the same location when we actually do pass. There are many spirits who have had near death experiences on Earth and then made the assumption that they would pass into the same place that they had the experiences with and that is a gross misrepresentation of what actually happens to them. What happens when they do pass, as we'll explain in a minute if we get there today, is that their soul condition attracts them to their true location after a period of transition.

7.1. Recognising the soul condition by the state of the spirit body

So let me ask the spirits, Brian, if you can answer these questions, did all of them experience a period of transition where they had a few days where they felt like they were in an okay place, like in a type of hospital? Or did they instantly go to a darker place that their soul drew them to? [00:57:47.00]

Participant: Most of them had the sort of experience that you described, lovely gardens, even nice people, everything's a lot brighter. Everything's a lot more compassionate even.

Exactly, and then when they started to see their condition in the mirror, what happened then?

Participant: Freak out. Oh goodness. Shocking.

Yeah. So what happened?

Participant: Very scary actually.

So you imagine if you're not aware, but you are actually deformed. Like your whole body, your face, everything, looks deformed; which is a mirror of your soul condition - depending on what their condition is but for most people when they pass their body is quite deformed. For most people their spirit body looks older than a hundred years old, or worse than that, when they pass. And when I say "most people" I'm saying 99.9% of the population passes in this condition.

So you imagine you're welcomed into a place that's got nice surroundings, there are no mirrors anywhere and you're surrounded by a lot of lovely pretty faces, and everyone seems lovely to you, they're really compassionate and kind and understanding; these are the people who are assisting you through the process of transition and they are in a good condition. And then occasionally, in fact then quite frequently you'll see a person that's really ugly and you might ask the person you're with, "Oh, why are they looking like that for?" and the person you're with will say. "That's because of their condition and what they did on Earth." And you'll go, "I'm glad I'm not in that condition." Then after a while you'll realise actually maybe you are in that condition because some of those people are looking funny at you. [00:59:42.00]

Participant: Some of the spirits are nodding at the moment.

Yeah. So maybe some of these people are looking at you funnily, and then you have a desire to look at your own condition. And when you look at your own condition that's when you get the shock. But it's also the point where you no longer stay at the location that you were welcomed at in the spirit world. And what happens now you're automatically attracted through your soul to the location that matches your soul condition. So the location you're drawn to in the spirit world will now match your very appearance. So if you look 200 years old and the skin's falling off your bones...

Participant: (Laughs)

No it's not funny because many of these spirits have had this experience, so we need to not laugh at them.

Participant: It's not funny.

Yeah. Many of these spirits have had their flesh falling off their bones, in the spirit state, I mean, their spirit flesh, if you like, falling off their bones and sockets for eyes where they can barely see out of. It's terrible. It's like they're hundreds and hundreds of years old but still alive, and once they saw that condition they went to the same location in the spirit world where everybody else is in that same condition. Now if you can imagine the shock of that you get some kind of impression how most people are shocked when they pass. How are they feeling, Brian? [01:01:08.00]

Participant: Yes, there's a smallish group of them who are crying right now and they're grateful for hearing the story.

Yes. Now the thing I'd like to say to them, though, is they don't have to stay in that condition.

Participant: Yeah, that small group have got that. That's actually in their souls now.

Awesome. So their condition is just a reflection of the emotions and their beliefs and their desires and passions that are out of harmony with love, and they can change those things. They'll get plenty of assistance to change, when they want that assistance. Everywhere in the spirit world there are literally thousands of people wanting to help. So there are many bright spirits around them who want to help them but the process of grieving is a part of the process of change.

Participant: Yeah, they're crying.

Yeah. You know that feeling Brian, that you had of the shock. It'd be great for you to write down something about that because most people on Earth have no idea how much they're going to get a shock.

Participant: That shock just now, yeah. Okay.

And the truth is that if we knew how much we were going to get a shock, the majority of us would want to change now rather than later; that's the truth. Many of you now are personally going through your own shocks, about what your real condition is compared with what you thought it was. Well you imagine passing without that knowledge. You imagine passing with the feeling you were going to be fine. Your body looks fine, you've been a week or two weeks in the nice sleep state experience which looks to be the same as your near-death experience if you had one, and then all of a sudden things start changing when you see yourself. [01:02:59.00]

Have they got any more questions Brian? They're crying a fair bit.

Participant: Yeah, but they also feel they can help some of the others now too. [01:03:10.00]

Yeah, the key is for all of us to realise that our condition is not as we judge it, but rather God's Laws judge our condition and God's Laws don't change. And this is something that we need to really bear in mind. Down here on Earth you can falsify things a fair bit. Look at what we do. If you're a woman you might dress up in a nice pretty dress, and put on a bit of make-up. Now you look pretty different than what you looked 10 minutes earlier, and that's one way to falsify ourselves. But there's another way we do it quite frequently and that is, we often have some very dark desires and emotions in our soul that we refuse to acknowledge in our awake state. And imagine coming face to face with how they have harmed your body in the sleep state soon after you pass. Imagine that process; it's a very confronting process.

7.1.1. An example of a woman experiencing shame around AJ

Participant: Whenever I come here I always feel very shy to even have contact with you, eye contact or say hello or anything, because what I feel is you're seeing this really ugly - all my emotions that you're seeing - and I feel so uncomfortable because I know it's all there.

Well that discomfort is a reflection of the emotions you do need to heal. I agree. The truth is; yes, that is true. A person who is in a condition of more love can see a person out of harmony with that condition. And you'll be able to see that in others too as you progress in love. But a person in the condition of love does not judge it. And this is why many of you feel free to share about your life stories and your condition with me because you can feel that I don't judge that condition or story.

And it's the same in the spirit world. The reason why these people when they passed, were a bit shocked with where they ended up eventually was because when they were in the first place of reception everyone was treating them nicely because everyone there was loving, and because everyone is loving, everyone can treat them nicely and so they felt that lack of judgement. They felt no judgement from them and it was only when they actually want to see their own condition that they get immediately drawn to that place where they belong. [01:05:49.00]

Participant: So when you stand up there you must have a very ugly view. I don't have the judgement.

Participant: You don't have? (Laughs)

Because I don't feel that you're ugly.

Participant: Right.

Do you understand?

Participant: No.

Well how could I feel you're ugly when I can also see your pristine soul and what that feels like to me and your potentiality? And how can I actually feel you're ugly when I know that all these emotions that are in you, most of them are caused by other people and your choices that were out of harmony with love were also caused by other people's influence. Do you see? I don't feel judgmental about it at all. And how could I feel judgmental when I myself have actually been in your condition? Like I said to you before I begun this, in this life, I have been in the hells and in that condition. If I'd passed at that time I would've passed in quite a dark space and quite ugly as well so how can you judge then another person for being in that condition? [01:06:59.00]

8. Assisting spirits in a dark condition

Participant: Just relative to spirits, if we're reading the Padgett messages or we're reading really beautiful material of that nature at night time are they reading it too? Or would it be helpful if we read out loud to them?

Yeah, many spirits are reading along with you. All you need to do is invite them to read along with you. The issue though that many of them have is that because where they are is not like what's being described, they need help to make the transition from where they are to what is being described, and it's not sufficient just to say to a person, "Go to the light" as a lot of New Age people do say.

You'll notice if you listen to the recordings that I have posted on the Internet, where I have spoken through mediums to spirits, I always try to connect with their emotional condition and what's going on with them emotionally and why they're in that certain condition they're in. And I always try to leave them with some positive things about what they can do about that condition. So what I try to do is help them make the transition between where they are now and where they could be if they desire to be. Many of them don't even have the desire to be there and what I try to do then is try to help them, to encourage them to have the desire to be there. [01:08:34.00]

This is the problem with a lot of mediumship on the Earth. A lot of mediumship on the Earth is so self-focussed that we're asking the spirits to give us information and many of the spirits who are trying to give us information actually are in a worse condition or just as bad condition as we ourselves are, and so it's really pointless trying to get information from them. And when you know a truth about something in the spirit world that you firmly believe in, you can have a powerful effect on their lives and how they can progress and then they can assist you in that progression. So my feelings are, try to feel where they are now and help them come to this place where they want to at least try to get into a better condition, wherever their condition is.

Sometimes some of you will be surrounded by spirits, through your Law of Attraction. Let's say you've been abused sexually as a child and you're a medium; some of you will be surrounded by men who have abused women on Earth. Now the loving thing to do would be to help those men and it's a part of our own process of working through our emotions, helping those men get into a better condition in the spirit world. Because at the moment they are helping other men abuse more children, and if we can help them get out of that state and into this new state then all of a sudden we alleviate the pressure on lots and lots of children on the Earth just by our actions with those spirits. So it's really important to focus on how you can assist those spirits when you feel them around you. And there's a lot you can do. Much more than what's being done, can be done. [01:10:13.00]

Participant: If we formed groups for the purpose of doing that?

Certainly, that's a wonderful thing to do. I know with Padgett, we were focussed with Padgett on trying to give the truth to the world. But he had a desire to help spirits a lot and we suggested to him once a week that he actually just focussed on helping the spirits who were dark spirits, and he did that, and many of the recorded messages in the Padgett messages are those messages of the spirits that he helped during those times.

It's a wonderful thing you can do and, honestly, often a lot more rewarding than helping a person on Earth. The reason why is that many of the spirits do have a desire to progress by the time they come to you. And so it's a lot easier to help a person who has a desire to progress than it is to help a person who's really resistive. [01:11:02.00]

So it's very powerful. So I'd suggest any of you who are mediums really consider doing that on a regular basis. The issue you face though is don't get hooked on it because if you get hooked on it you won't progress yourself and if you don't progress yourself you won't be able to help more people. You'll stay in your own condition. So don't get hooked on it. But

allow it to occur. I personally love doing it. Whenever I have the opportunity offered to me from a medium I just take it instantly, generally.

8.1. An example of a woman showing Divine Truth DVDs to her passed relatives

Participant: I started watching the DVDs about five months ago and in one of the early ones I can remember you suggesting letting our relatives who've passed know about it. And it just coincided with my having gotten out all of the photographs of parents, uncles, aunts, grandparents, to put on a big section of the wall. So I lined the whole lot of them all up along the lounge and just had the television on. It felt really good.

Awesome, yes.

Participant: I haven't done it all the time but enough to make that contact and explain to them why I was doing it. I'd just say, "Well it's going to be going on for a while here."

Yeah. Now some of them will feel drawn to the situation because they already feel ready to know what happened. Others are not that drawn. It just depends on their personal circumstances and situation in the spirit world. But you will often be surprised how many are drawn to you in that state because a lot of them arrive in the spirit world; they have this terrible shock and then wonder why it happened. So having some explanation of why it happened is a great, great thing. I know some people who even have the videos playing and they just invite the other spirits to come in and sit down while they do something else. And that helps every one of those spirits who are listening to that. [01:13:12.00]

Participant: I didn't feel too much attachment as to whether they were too interested or not, I just left them to it.

Awesome. That's wonderful. And I feel quite a number of your relatives have benefitted from it already.

Participant: Thank you. I'm one in the family who's been closer to a lot of the oldies.

Yeah, and it's the feeling of love and respect that you have for them that draws them to you in the first place.

Participant: I don't know how they feel about me calling them the oldies!

Well they are older than you. (Laughing)

Participant: Thank you.

This is a subject that seems to fascinate people, isn't it, and I often am fascinated about how fascinated people are about it because to me it just seems like the same as living on Earth. But anyway, any more questions?

9. What happens to over-cloaked people when they die

Participant: I just wanted to know what happens to people who are very over-cloaked on Earth, like a lot of people with mental illness for instance. And obviously a lot of normal people are over-cloaked. So what happens to them when they pass over?

It depends a little, but let's describe some scenarios of what happens. Let's say a person on Earth was over-cloaked, so much so that they almost became the person who over-cloaked them. Well, what happens the instant that you pass, the connection instantly severs between you and the person who's over-cloaking you. Because the person who's over-cloaking you, in many cases, is in even a darker condition than yourself and as a result of that what often happens is the person comes back to the time when they were first over-cloaked and then there's these terrible feelings of grief that begin, about having lost a large portion of your own life and often they have a lot of sadness and grief about that. [01:15:13.00]

9.1. An example of having schizophrenia or manic depression

If a person has been, say, a schizophrenic or manic depressed, where they have a cycle of being over-cloaked and having downers, it's actually the down period that their life will mirror once they pass, which is scary in itself, and which is the reason why they allow the over-cloaking. So the down periods of time are where the person's real condition is, and they often pass in a terribly depressed state, suppressing huge amounts of rage. So that's what happens to many people who have manic depression.

With schizophrenia it's a little different because you often have five or six or 10 or 20 spirits surrounding you and those spirits all have less impact on you as soon as you pass. But then you've got to come face to face with the fact that most of your life wasn't your own, so there are a lot of emotions associated with that.

9.2. An example of gurus who are over-cloaked

If you're over-cloaked and you wanted it, and many today are in that condition, where they had what they call a “life changing experience”, where now they've become a guru in this twinkling of an eye, then the spirit who was connected to you will disconnect from you. But often a spirit is in a higher condition than yourself and so they will often try to visit you, but because you believed it was yourself you often won't recognise them. So again it gets back to what happened in the interactions with the spirits involved.

But for almost everyone who has some degree of being over-cloaked there are huge feelings involved in their passing as a result of it. Many of the people on Earth who are so called gurus and who are doing all these wonderful things (and some people are even saying that they're God); doing all these healings and other wonderful things; when they pass they are severely disappointed. And, by the way many mediums, which are mediums in a New Age sense, are severely disappointed with their own passing because they believe their own condition to be much better than it really is. And they believe their own beliefs about the spirit world, which often come from first sphere spirits, and they are often in deep error about their own beliefs about the spirit world, and they often have a terrible shock as well. [01:17:51.00]

I can't give a definitive answer on every passing but that gives you a bit of a summary of what happens in each case. Everything is dependent upon the desire of the person and when we are over-cloaked; our desire is involved in that, every single time. And those emotions, because they are not being assisted anymore through the addiction, are often exposed very rapidly after our passing. What that means then is that our own emotions finish up dictating not only the passing itself, but the separation from the spirit involved; but our own emotions are so heightened, because our addiction was being helped by the spirit who was attaching to us, and now that attachment has ceased, now there is a terrible feeling of the addiction not being met inside of ourselves. And people go through terrible experiences emotionally in recognizing that disconnection. It's pretty hard.

You can see why a lot of people are afraid of dying because in reality they have a lot to be afraid of in some ways. Not that it's real, the fear, but there are a lot of very painful experiences that await them when they pass. And it's what people call hell; there is a reason why the religions believe in a hell, and that is because there are hellish conditions in the spirit world where the majority of people on Earth do pass into and unfortunately have to work their way through. Now some work their way through it very

rapidly, others spend many thousands of years and some have even spent tens of thousands of years in the hells, if you can imagine that. It's hard to imagine. [01:19:42.00]

10. Audience questions

10.1. An example of a lady who is enraged with her father

Participant: I have been trying to process my emotions with my father. They oscillate between rage and really neutral, like...

Rage and really, really rage?

Participant: Yeah, and then I go into numbness like, “No, that can't be.” So it's a denial that I'm aware of but it's because I just keep working at it. Now what my question is; if I can do things in my sleep state that are negative as well as positive, because I'm not getting through my emotions with my father and I'm angry, and I'm in denial, when I go into a sleep state do I, unbeknownst to me in my awake state, go there and give him hell? Do I do that?

Well, you're already doing it in your awake state so it's highly likely you'll do it in your sleep state. (Laughter) Because when you say you're in a rage with him in your awake state you are giving him hell as the saying goes, in that state.

You see, it doesn't matter whether you're on Earth or in the sleep state, what happens is every time you interact with him at the moment what's he's feeling from your soul is your rage. There's just rage. Now he wants to defend that at the moment, so he just gets in a rage back. It doesn't help any of you really do anything about it but that's what he feels. He wants to rage at you and you want at rage to him but nothing really changes in that state and yes, it's highly likely you'll do that in your sleep state because you're doing it in your awake state. So my suggestion is to go further into the grief relating to dad and the fear relating to dad rather than the rage. [01:21:50.00]

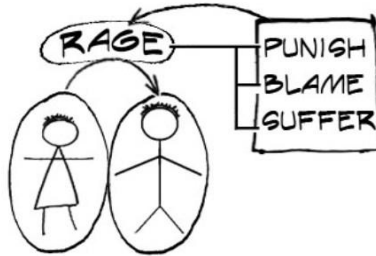
Participant: Yes, I have been trying to go to the grief.

I know.

Participant: It sometimes goes there and then it comes out.

Can I suggest though, and this applies to many of you who are in rages with other people; you want to stay in the rage because in your rage you

can punish them and you want to punish them. And in your rage you can blame them and you want to blame them. And in your rage you want to make them suffer and you can make them suffer, that's the whole point. [01:22:25.00]



A woman in a rage with her father wishes to punish and blame him, and for him to suffer

Now what we need to do is give up those desires and when we give up those desires, we'll give up the rage. When we give up the rage we can now enter the fear and the sadness that's within ourselves, and ironically, that's the thing that's going to actually affect them more. That's when they probably will get into some form of repentance about what they've done. They are not going to get into a state of repentance while you're raging with them. Do you ever get into a state of repentance when somebody rages at you? What do you do most of the time when someone rages at you? Rage back, many times, isn't it? So how can you expect someone in a darker condition to yourself that caused your pain to actually do anything different other than rage back, can you see? [01:23:14.00]

So what we need to do instead is relinquish the desires. Every one of these desires to punish, blame and suffer has an emotion attached to it. So if I want to punish someone, why do I want to? There's an emotion. Do I want to blame them? There's an emotion in that. Do I want to make them suffer? There's an emotion in me, in that. And I need to release those emotions and then my rage will dissipate.

Participant: Could you just take one, let's say “punish”, what is the emotion related to punish there?

Well, it's different for every person, because it depends what's been done to you by that person as to why you want to punish them. So if that person had only stolen your house then you might want to do a totally different thing to them compared to if they had actually sexually abused you as a child. Can you see the difference?

Participant: I see.

So my desire to punish them will be based on different emotions based on what they have personally done to me. Do you see that?

Participant: Yes, but how do I get past that because when I'm actually doing things to try and process it, I keep going back and repeating the same thing trying to get out of it.

So all you need to do is feel what that person did to you. But now feel it inside of you instead of as a rage. So, in other words, feel it as grief or terror rather than as a rage. [01:24:38.00]

Participant: Yeah I try to do that.

No, no, no. I'm saying if you have to try to do that, then you need to focus on these emotions of wanting to punish, blame and suffer because once those emotions dissipate, you won't need to try to do it. It will automatically happen. It's like while I'm holding on to the desire to punish someone, do I want to give up my rage? No. While I'm holding on to my desire to blame someone, do I want to give up my rage? No. While I'm holding on to my desire to make them suffer, do I want to give up my sadness? No. Because if I give up my sadness then I won't feel like making them suffer anymore and I feel like they deserve to suffer for what they did and I feel like they should suffer. So we need to give up these emotions and then the rage will dissipate and then ironically we'll get to our own grief, which is what we need to do to heal ourselves.

10.2. An example of a woman meeting her father who has passed, in the sleep state

Participant: When somebody passes into the spirit world or I, in this case, pass into the spirit world, will I then get to meet, in this case, my father who I've never known and my mother as well? My father never saw me after I was born.

Can I suggest to you, your father has already passed, hasn't he?

Participant: I don't know.

I feel he has.

Participant: Yeah, I feel so too but I don't know.

Can I suggest to you that you've been meeting him ever since he's passed, in the sleep state? And what will come to you is a recollection of those events. [01:26:18.00]

Participant: Thank you, yeah, because I felt maybe, my mother had passed when I was 11 weeks and maybe when he passed, she may have pointed me out to him so he is aware...

Stop talking.

Participant: Sorry?

Stop talking. Feel your emotions.

Participant: Yeah, I'm...

You just about had an emotion! It was just there. I just want to say to you what your father was doing then was confirming to you that he does talk to you when you go to sleep and you don't let yourself grieve this now. Just let yourself grieve that. Isn't it wonderful? Isn't it wonderful that he does that?

Participant: Thank you. (Tearfully)

So let yourself feel that. That's fine to feel that.

Participant: Sadness, isn't that grief?

Yeah, I call it grief because often times we feel grief is deeper than sadness. Like if you can imagine for a moment, a lot of people say, "Oh, I feel sad," and they're not crying at all. Well, I'm saying is that when you really feel sad, you'll be grieving just like a person who's just grieving a loved one dying often grieves. So you'll be wailing when you grieve. And I often use the word "grief" to indicate the difference in the emotional intensity of what we need to feel, but yes, I believe that's sadness. It's the same emotion. [01:27:44.00]

10.3. Seeing other people's soul and spirit body condition

Participant: I was just wondering when you were talking before about like being in a state where you can really see people and their soul condition. What do you see? Is it kind of colours or is it our spirit body or our spirit attachments? What do you see?

No, for me at the moment what I'm seeing is just feeling you, but I see that as seeing you. It's very hard to explain to most people. But the picture of your face in your sleep state comes to me after I feel you. Do you understand?

Participant: No.

Okay. We've got some people staying with us at the moment who are just doing some work around our house because we never get there to do any. (Laughs) And the lady, who's there, her name's Katrina, has just started developing being able to see people's spirit bodies. So what she does is she sits the person down opposite to her and she looks at them, and she sort of allows her eyes to blur away from the person and all of a sudden their spirit body comes into focus, and then she describes the spirit body that she sees. Now that is a totally different process to what I'm doing but I'm saying that you can do that. Every person here can do that. [01:29:32.00]

Participant: So, you just kind of stand there and you can feel what all of us are projecting at you?

Yeah.

Participant: Is it just what we're projecting at you in particular?

No.

Participant: Or is it everything?

Yeah. And everything you're projecting at other people, and also as a result of that a lot of your memories, the reasons why you're projecting it as well. So often when I stand in front of a person, I can feel all of the memories that are in them that created the state they're in.

Participant: Yes, thank you.

You're worried now.

Participant: Truthfully, that's sort of why I asked the question, because I'm not sure what I look like, I suppose, or what you see me as. I suppose that's where it came from.

10.4. Seeing our own soul condition

What I'm trying to do in these talks is help every person become more self-reflective because the more self reflective you become the less you'll need somebody else to tell you what's wrong or right with you. So one of the best gifts I can ever give you is to empower yourself to see yourself truly. And part of that is telling you the truth about the world in the spirit world and how different emotions and different morality choices that we make affect our soul condition. So while I tell you the truth of that, that helps you become more self-reflective.

So what I'm suggesting is allow the talks to help you become more self-reflective rather than wanting me or somebody else to tell you what's really going on for you all the time. Because if you can be self-reflective with God, in particular with your relationship with God, what happens is then you see yourself like you're looking in a mirror. [01:31:40.00]

So you imagine you were those spirits that Brian was talking about earlier. They had a near death experience and they had a nice lovely experience. If they could look in the mirror in that near death experience, that would be interesting, and they would come to a full reflection of their own condition. That would've been great, but that generally never happens. So they come back to Earth, they live the rest of their life then they die and pass into the spirit world. Now they live in that area which is just that welcoming area in the spirit world, which is very pleasant area, while they're waiting to see themselves.

Now for you, if you don't wait to see yourself and you're willing to see yourself right now, you won't have to go through that experience either, because you'll be able to see yourself and you will expect what you see, as after a while when you can see yourself truly. So allow yourself to see yourself completely. You know all those things you feel ashamed about? That's a part of you too. [01:32:42.00]

Participant: At the moment I feel like I don't trust myself.

Which is why you asked the question.

Participant: Yeah, because I feel like I keep crying about effects and like I just don't trust that what I feel is even real. Like I'm not going anywhere. Yep, and remember I've said to you frequently that if you are grieving, most of the time you will feel childlike while you're grieving. Now, if that's the case then you're crying generally about causes and not effects, but if you're feeling like an adult grieving then you are probably crying about effects and not causes.

Participant: I feel like I have cried about a lot of causal emotions and my Law of Attraction changes but then it goes back again.

In that case, has it changed?

Participant: No, but does that mean that there's still more to uncover there?

Yep.

Participant: Yeah okay.

Yeah, allow your Law of Attraction to tell you what's going on like that. But getting back to the comment about how we look, if we can see ourselves truly now about how we look and we really see ourselves truly then that's going to prevent any shock from the future. [01:34:04.00]

Quite a number of you are feeling really quite distressed. This is why he's crying. (AJ referring to child in the audience crying)

Participant: It's not just me?

No, it's not just you, Jenn. (Laughter)

Yeah, he's just feeling the freak out of “What do I look like? What do I look like?” going on in this room at the moment and he's obviously feeling that quite strongly. The key is to allow yourself to see what you truly look like because if you can see what you look like, you can change it. But if you don't see what you look like, how can you change? It's not possible to change. And this is why when I have these discussions about saying to you your true condition on certain issues, some of you get really upset and angry and frustrated with me and so forth. But actually if you could see it as a gift to see what you look like, because I'm not judging it. I don't feel bad about it, like I still feel like giving you a hug after I tell you, don't I? So I don't feel like you're terrible, but it is something that we need to address if we want to get closer to God and we want to get closer to each other and we want to get closer to our soulmate; we want to address all of these different things. So allow yourself to see yourself as you truly are. When you pass into the spirit world, that will be forced upon you, so isn't it better to do it voluntarily now than waiting until it's forced upon you? Wouldn't that be better?

Participant: Thank you, AJ. So when you actually are in hells on Earth and you go through your feelings on Earth here while you're in that situation, you don't have to risk that you end up in the hells anymore?

No. That's right.

Participant: Okay.

10.5. Longing for God provides incentive for further soul growth

And that's why I'm having this discussion with you, is because many of you have the prospect of not even passing into the first seven spheres of the

spirit world. You'll pass into the 8th sphere or greater of the spirit world. You have that prospect and you never have to go through this whole process of what it looks like in the hells, and what it looks like in the 2nd sphere. You can visit them, and check them out but you don't have to live there. [01:36:33.00]

But many of you will be severely impressed with the second sphere. But (Laughter) this is part of the problem when we pass too, is that we get to a place that we're happy with and everything's breezy at that point and this is where your desire for God needs to be so strong that no matter how happy you are where you are, that you actually still have a desire for God pulling you further towards him.

Participant: That's what happened to Helen all the time.

Yeah, in the Padgett messages it describes how your desire for God is what's going to pull you through the entire process. If you just do it because you're afraid of what you look like then you'll get to the 2nd sphere and you'll walk around with a good body (Laughter), you'll even maybe strip half of it off to show the others (Laughter), like a beach person would do (Laughter), and feel pretty good about yourself, but you'll stagnate in that place not realizing the bliss and happiness that is ahead of that place, if you don't have that longing for God driving you in your choices and decisions.

So if you have a longing for God driving you now, what will happen is that longing that you've developed now inside of yourself will just increase, increase, increase, increase and by the time you pass you'll not only pass into a good state but on top of that you'll have a burning desire to keep progressing, and you'll do that without fear. But if you decide to do it for some other reason, like you want your face to look nice when you pass, rather than any other reason then what will probably happen is your face might look better after you deal with some emotions and you might pass into the 2nd sphere or something like that, and you might feel quite content with that location because that location is certainly a better location than what's here on Earth, but you won't experience the bliss that I'm describing to you that comes from the other conditions above that condition. So if we can allow ourselves to focus on our relationship with God; that will draw us through these conditions. [01:38:42.00]

11. Closing Words

I'll finish now because it's after 6 now. What we'll do is I'll have more discussions about spirit life. I want to spend quite a bit of time on the 1st sphere and the hells in the 1st sphere, just for the sake of many of the spirits that are with us, and around us, and also for the sake of you helping other people in the spirit world as well because there are literally billions of spirits in those places in the spirit world. We want to talk about how they influence us and all those kinds of things, and why they do it, and have some compassion for them. Many of you just get nasty with the spirit when you're told that you're being over-cloaked by a spirit. That's not having compassion for them, the spirit's only doing what you want them to do, in the sense of your soul wants them to do, so allow yourself to feel some compassion. And it's knowledge that in the end gives us a lot of compassion, when you see what's really gone on, you get a lot of feelings of compassion for others.

So the next discussion we have will be more about the actual passing process, what actually physically occurs to your bodies. And then we'll talk about that process of your first point of arrival in the spirit world that most people go through, where they don't yet see their own condition and what happens in that place where they don't yet see their condition.

Thank you again for your time, guys. (Applause) Thank you for your questions, many of which were motivated by some spirits so I'd like to thank those spirits for attending and for their questions as well which were very interesting.

We love you guys. Catch you later.

What Happens When You Die - Session 2

1. Introduction

The subject I was going to discuss with you now is a continuation of a discussion in Brisbane last week, called “Spirit Life - What Happens When You Die”, and this is Session 2.

I want to do a series of talks with you firstly about the process of passing and then the process of what happens when you arrive in the spirit world, and what kind of things you may find yourself involved with there. And then I would like to go through a discussion of what the hells are like, what the first sphere is like, what Summerland is like and then what the second sphere is like and the third sphere and the fourth sphere and the fifth sphere and the sixth sphere. By the time we get to the sixth sphere, it is going to be fairly hard for you to imagine and then we will try to discuss the seventh sphere and what it's like in the at-onement condition of the eighth sphere.

And as I go on in my own progression I will get better at explaining some of those things as well to you. So hopefully I will just keep on doing that until we get to the twenty second. (Laughter) But from the seventh sphere to the twenty second it is far better demonstrated to you than to actually talk about it. So hopefully by that stage I am in the stage where I can demonstrate those things to you.

So that's a long term plan shall we say, it might take a few years to give you these talks in total, but we will start off with this one, the first one in the series, which is “What Happens When You Die.”

Some of you are quite mediumistic, and you are going to get prompted with a lot of questions from the spirit world during these talks. One of the main reasons why that is the case is because many spirits still don't know what happened, even though they have passed. I don't mean that they don't know that they are dead. They don't know what happened and why it happened and where they are now and why they are where they are now. They have never had any of those questions answered in their entire life in the spirit world. Some of them have been in these places for thousands of years and never had those questions answered.

So many of you who are mediumistic will have some strange questions prompted to you from spirit people and my suggestion is to overcome your own fears, put up your hand and give them a voice in this discussion. Because one of the main reasons why I would like to discuss this subject is

that the majority of people on this planet and the majority of people still in the spirit world, in the hells, face one common fear, one common terror (even though we don't like to admit it to ourselves or others, particularly when we become “spiritual”); that we are actually quite afraid of death. And many of you feel you are not, but when you actually start discussing it you will start feeling some of the fears rise within you about what actually does happen. [00:04:12.25]

You see there are many false concepts of what happens when you die. Many of these false concepts have come about through different things that people have described. For example, some people have experienced the process of a near death experience, in other words they have had a process where they have almost died, they have almost passed but the physical and spirit bodies have not yet disconnected from each other; what is called the silver cord has not snapped. And so they have this metaphysical experience, which is a real experience that their spirit body has, that they remember and many of those experiences are very pleasant in nature. Some aren't but many are. And it gives many a false impression of what life is going to be when they have passed.

Last weekend in Session 1 of this discussion, Brian had a number of spirits come to him and to ask the question: they had a near death experience when they were on Earth, before they passed, and they thought that because of that experience they would pass into a really lovely place. When they actually passed they did pass into a really lovely place for the first few weeks and then what happened is they realised how they looked. After that they went to their real location in the spirit world that was in a much darker position than what they imagined. There was a lot of fear and sorrow that they were experiencing about that, which they questioned us about last weekend.

1.1. The importance of understanding the truth about what happens when we die

So what we want to do is make sure that as many of us as possible on the planet, and preferably in the end everyone on the planet, understands what happens when you die; and really understands, emotionally, what is happening when you die. Because if we understood what would happen, our life might be very different in the choices that we make now actually; for many of us that would be the case. Because for many of us the instant we die, we realise that almost all of our pursuits that we have on Earth are actually quite unimportant.

Think about how much of your life is spent with material pursuits like getting a car, getting a house and paying for them. Getting the kids off to school, you going off to work, how much of your time is spent working - a lot of times in a job you don't even like. [00:06:41.23]

Now why do we do all of those things? Well a lot of times we do all of those things because in reality we are afraid to actually have our life and live our life in a manner that is harmonious with love of self and love of others. And what we do instead is we make a lot of negative choices that impact upon our soul condition, which also impacts upon the life we live, but then also impact upon our future life when we pass. And we don't realise how much of our life now impacts upon our future life.

2. Our soul condition determines what happens when we die

So the first thing we need to understand when it comes to what happens when we die, is that you are a soul and the spirit body and the physical body are just appendages of your soul.



The soul is the real us and it envelops our spirit body and physical body

Our bodies are just an appendage of the soul that envelops them. These bodies are just that. The physical and spirit bodies are not the real us at all; they are only a reflection of the real soul condition, what is going on inside of the soul.

Now in our soul are our emotions, our passions, our desires. It is amazing how we reel all this stuff off, but we don't honour our soul. How many times do you not honour your emotions in a single day? How many times do you not honour your passion in a day? So, it is one thing to reel off what is our soul and go, "Oh it is our emotions, our passions, our desires, our intentions and all those things," but it is quite another to actually start feeling, "This is who I am. I am this person who has this conglomeration of emotions, passions, intentions, desires but also beliefs, experiences"; all of these things become the sum total of what is within my soul. And our bodies are really superfluous except they are the method by which we collect these experiences; they are the method by which we can experience the universe that we are growing up in. [00:09:36.24]

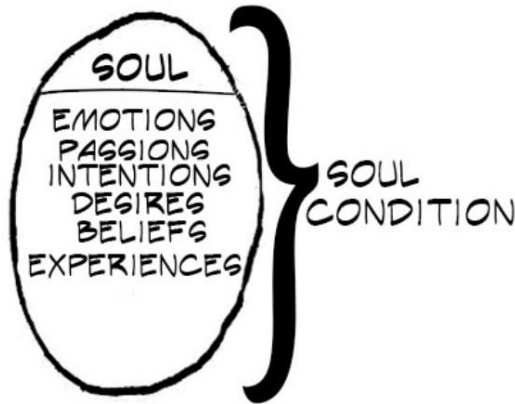


Attributes of the soul

So while we are here on the Earth, we are in the nursery of the soul. As long as you keep in mind while you are on the Earth that we are really just babies learning how to walk, that is really what we are doing here, you will be fine. As soon as you forget that you are a baby learning how to walk and you think you are all grown up and adult, from then on you are not going to be so fine because you will start being more self-reliant then. But if we remember that we are just children, just growing up here, when we enter the spirit world you could say it is like entering grade one. For a lot of people that is what it is like. And then they go through the spirit world life and they start growing up and they grow to a "fully mature adult", shall we call it, which may take for many of them thousands of years. And we get to the stage where our soul even changes and our soul eventually unifies with the other half of itself in that twenty second sphere location. So there is a huge amount of growth that we need to make.

Here we are in this spirit body and material body, and it doesn't matter whether we are a spirit right now or we are in the physical body right now, the same principles apply because those two things are not the real

self. The soul is the real self. The real self has a collection of beliefs, emotions, passions, desires, longings and the collection of those things is called the soul condition. And it is very, very important to understand the soul condition because it is the soul condition that determines exactly what happens when you die and afterwards. It is the soul condition that determines everything.



The attributes of the soul make up the soul condition

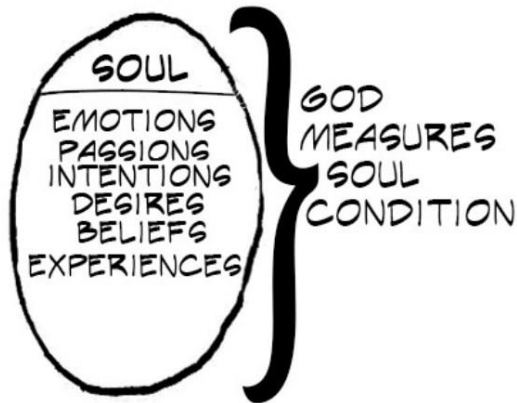
Because all of God's Laws are fixed and unmoveable. The only thing that can change is your own condition and therefore your own interaction with all of God's Laws. So when my condition is of a lower desire of love or a lower state of love, I will have a totally different experience than if my condition is in a higher state of love. If my condition is a heightened state of fear and terror then I will have a totally different experience when I pass over than if my condition is in a lower state of fear and terror. And if I know what is going to happen when I pass into the spirit world, obviously that is going to be a lot easier on me when I pass than if I don't know what is going to happen. Obviously the experience is going to be vastly different. [00:12:21.02]

So it is my emotions, passions, intentions, desires, beliefs, in other words all of my soul condition that determines what happens when I die. That's it, really.

2.1. Our soul condition is measured from God's perspective, not our own

Now some of us will think, "Oh that is fine, that's great, I think that's a great idea. That means I have got total control of what happens when I

die." Well it is not quite like that unfortunately because your soul condition is as God measures it. It is not the condition that we imagine ourselves to be in. This is very different because we can easily imagine ourselves to be in one condition but actually be in a very, very vastly different condition.



Our real soul condition is measured from God's perspective

And if it's our real soul condition, as God measures our soul condition, in other words as the soul condition reflects love from God's perspective and not from our own, that determines what happens after our passing, then it's very, very important for us (if we really want to invest in our future as the saying goes) to understand what love is and how we can actually develop that condition.

There was an illustration I gave in the first century where a man continually built more and more things. What he did was he ripped down his old storehouses of grain and he built bigger ones and stuffed them full of wheat and all the other things that he needed and animals and so forth. And that wasn't big enough for him and so he tore all that down and built some bigger ones. Many of us in our lives are doing that in a way right now. Not very many of us want to move from a two-bedroom place back to a little tin hut. We want to go from the tin hut to the two-bedroom place to the three-bedroom place to the four-bedroom place to the mansion in the end. That is the general gist of many of our desires.

In other words, we want many of our desires to be material in nature and we want them to expand, we want them to grow, we want more enjoyment from our personal life. But what I said in the first century was, "You don't know the time that you are going to die." One of the reasons why you don't know the time is because there are so many soul-determining factors that determine when you are going to die. Now if you are at-one with God, you

never have to die at all, that is also a truth. So you don't have to die but often there are external events that do finish up causing your passing just like it did in my first century life. [00:15:16.23]

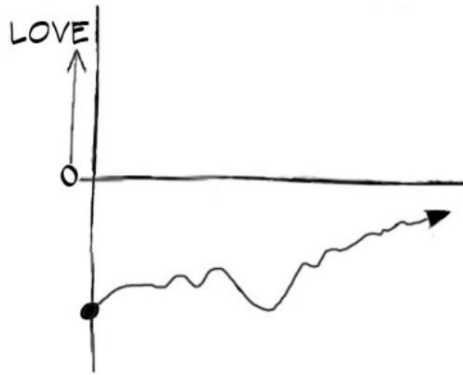
So sooner or later you will probably pass and you don't necessarily know when you are going to pass, you might have a few days' notice or sometimes a few weeks' notice, but you don't generally know when you are going to pass. So it would make sense then to find out as much as possible about what is going to happen when you pass right now, would it not? Because if you don't find out now when are you going to find out? Probably only after you pass and it is going to be a lot harder then to find out the truth about what happens than it is to find out now and there are a lot of reasons why that is the case which we will explain.

2.2. Our soul condition creates our own death

Our soul condition actually creates our own death. The time of your passing and what happens when you pass and how you pass and why you pass that way is all controlled by your soul condition. So can you see that if you change your soul condition you can also change what will be happening when you pass? The when and the why and the where and all of those things will change as your soul condition changes.

Now the reason why spirits in the spirit world can predict to people on Earth when they are going to pass to a large degree of accuracy is because most of us are not changing our soul condition very much. And, when our soul condition becomes very stagnant without there being much of a change that means that our life, and therefore our future life, becomes very predictable.

So if you imagine for a moment a graph showing the progress of time and the growth of our soul condition in a positive direction. Zero is neutral with regard to love and there is also negative in regard to love. Let us say we incarnate on the planet, we are bombarded with a lot of our mum and dad's emotions right at that moment; a lot of their unhealed fears and their unhealed terrors and all of their unhealed emotions. So what happens we start off in our life, maybe, quite low with regard to our condition of love and over a period of time, we may slowly, grow. But then, there might be some things that happen in our lives that cause us to get really down and negative and maybe even quite angry, and so we go downhill a bit, and then we turn that corner and we come up a bit. But for many of us what happens is we are not even yet in a neutral place with regard to love, let alone positive by the time we finish up passing. [00:18:10.19]



A person may fluctuate in their condition of love throughout their life on Earth but not grow a large amount in love overall

Now all of that condition of what happened to us creates these experiences, and the beliefs and desires and emotions that are retained in our soul; and it is that condition that creates the timing and the location of our passing.

2.3. An example of Christian spirits who have passed into a dark location

Participant: There is a group of souls with me that feel that their life experiences have caused a feeling of victimisation; in that they feel a limitation, limited, that they weren't able to accept or experience more, and that determined where they now are and it's not a place of light.

Yes, well the truth is after we pass we can still continue towards love even after we've passed. Many people don't realise that when they pass.

Imagine for a moment if you were a religious person in a Christian faith and you are taught that 'if you are a good person you go to heaven' and 'if you're a bad person you go to hell'. And what defines what is good, is what generally your church defines as good, and what is defined as what is bad is what your church generally defines as bad; or if we are based on the Bible, what the Bible defines as good and what the Bible defines as bad.

So let's say you are on Earth and you were practising with all of your heart that what the Bible said was good. That was your life, which is where these

spirits are. So they are feeling what the Bible says was the right thing and they tried their best to practise that given the circumstances they were in. Then all of a sudden you pass, and you didn't know at the time that where you pass to was actually a reflection of your soul condition and not what you did, although what you did was a part of your soul condition, but it is everything of what you did, your desires and beliefs and everything. [00:21:13.03]

So let's say one of the strongly held desires in this Christian faith or one of the strongly held beliefs in this Christian faith was that everyone who is not of your faith is condemned. Now that is a lot of judgement. Your soul has a certain emotion about this judgement and actually the judgement is not a loving emotion; I actually alluded to that in the first century when I talked about judgement being a damaging emotion. But many people they read the Bible and they go, "Yeah, judgement damages the soul, I will skip over that - I don't judge. It is only that you are condemned to death but that is alright. I will just continue reading..." There is no personal reflection of what's being said even in the scriptures half the time.

So imagine for a moment all of your life on Earth was dedicated to a life of Christianity, you pass over and because of the emotions you held onto, you passed into the hells. What emotions would you feel? Well the very first emotion, generally, is rage. Generally it is firstly aimed at God and me, Jesus, thinking that somehow God and Jesus taught them inaccuracies, but that's not true; if they read what I said in the scriptures and what I did actually say. I never taught them an inaccuracy about it. In fact I actually alluded to that when I talked about an illustration called the rich man and Lazarus, where the rich man who thought he was good on Earth passed over and he passed into the hells and the man that he was mistreating on Earth he passed into the heavens. I have alluded to this all of the way through in the teachings in the first century.

And so if they read the Bible differently they would see that these teachings that we are now teaching have been taught for two thousand years. But what they have a tendency of doing is not reading all of that with personal reflection because generally nobody wants to admit that their own soul condition needs work. In other words they don't want to look in the mirror and look how they really look. The problem when you pass is that when you look in the mirror you are going to find out how your soul really looks and a lot of times it isn't that pretty. It's often very scary. In fact a group of spirits came to us last week and described how different it was to what they were expecting.

So imagine if I don't know my soul condition right now and I pass over, what happens is my soul condition will be exposed to me within a very

short period of weeks. I will come to see what my true condition really is. And my true condition will be as God measured it, or as God's Laws measured it, and not how I believe it to be. So many of those spirits have measured it by what they believe it to be when they passed, and when they passed now they had it measured by what God knows it is.
[00:24:34.13]

Participant: They are asking, “How can my own sense of ‘good’ be so used against me?”

Is that the question they are asking? Well the only way that can happen is by our own sense of ‘good’ being flawed, and this is the problem for many of us. I have said this over and over again in these presentations, but one of the best things you can do for yourself, is to see yourself accurately, to see your true condition accurately. No matter how scary it looks, no matter how bad it looks, one of the best things you can do for yourself is to see it accurately, to see yourself as you truly are. And when you see yourself as you truly are no one can hoodwink you about your condition, no one can convince you that your condition is better than it is nor can they convince you that your condition is worse than it is; once you allow yourself to see yourself. And the beauty of doing that while you’re on Earth is that you will not be forced into doing it or it won't be a scary experience, I should say, when you pass.

So for many of these spirits with you, Jenn, they have not seen themselves accurately on Earth. You haven't either, is that what you are saying? (Laughs) Yeah and this is a truth that is for most of us; we all have the same thing where we want to see ourselves as better than we are or sometimes some of us want to see ourselves as worse than we are. But we are not very good at seeing ourselves as we really are and it's as we really are that makes up our soul condition as God sees it. That condition in love will draw us to the place in the spirit world where we belong in the end.

2.4. When, where and how we die is determined by ours and others' soul conditions

But what happens when we pass is this. Remember I have spoken already that the time of our passing, the location of our passing and the way in which we pass is all determined by a whole series of Law of Attraction events based around our own soul condition, and of course the soul condition of everyone else around us is also affecting that experience.

For example, if all of you were in a perfect loving state, that does not guarantee that you are not going to die. It actually does not even guarantee you are not going to die tomorrow. The reason why that is, is that usually when a person in a large group of people in a loving state, they often then attract other people attacking them who are in an unloving state.

And can you see here on Earth the people who are in a loving state can easily influence the people in an unloving state, in the sense, and this is the only sense, in that a person in an unloving state can harm a person in a loving state by choosing to harm them, by choosing to hurt them physically or by even killing them. So for that reason just because we are in at-onement condition with God it doesn't mean that we might not die. But of course there would be no pain in the process in that state. No emotional pain, in particular, in that state.

So remember the soul condition creates the time, the place and the circumstances of our passing, and you can see how much these things can affect that.

TIME
PLACE
CIRCUMSTANCES

For instance my belief systems for example can greatly affect the circumstances of my passing. To give a very simple example, if I believe that I shouldn't get any medical assistance when I am ill. Now some of us have had that belief in the past of, " I don't want anything unnatural entering my body, I don't want doctors touching my body." We could have lots of different beliefs surrounding that one belief system, that; 'we don't want to have anything unnatural touch our body'. And so something might happen, you might have an accident, and because we don't want anything unnatural that we think touching our body, we actually make a series of choices that end up in our own death. So you can see how our soul condition automatically affects our passing. [00:29:15.17]

Of course I am bringing up all of these situations in fact without considering God in the process, which most people don't do. When they are nearly dying they generally don't consider God in their passing with the exception of one moment, and that is just before they die when they generally want absolution of all of their sins. That is often the case even if they are not religious.

So the time and place and circumstance of our passing are totally determined by our soul condition and not just our own soul condition,

but also the condition of our environment - that influences the process too.

So when I pass generally there may be all sorts of experiences that happen because my soul condition determines not only the time, place and circumstances of my passing, but it will determine my experience in the state of my spirit body when I no longer have my physical body with me as well. But generally we can discuss a few points generally of what happens.

3. Arrival in the spirit world upon passing

One of the first things that happen - we arrive in the spirit world.

We don't generally see ourselves very much. Let's face it, you can look at your body, but I don't know about you but I can't see my own backside very easily, nor my own back for that matter, unless I have a mirror. And most of us can't see our own face, we don't have eyes that pop out and turn around and look at you, "Oh that's what our face looks like," because we are looking outward. So there is a lot of our body that we cannot see. [00:30:53.14]

And it is the same when you pass. When you pass you still have a body, a spirit body, and you are looking out of your eyes of your spirit body's eyes. You still have hands and you still have feet and you still have a body that looks very similar in a lot of ways. But when you start to examine it you start seeing cracks and fissures and different problems in your body just like you had when you were on Earth, when you had physical problems with your body. Your back might be sore and your shoulder might be bung and you can't get it above your head. There are all these different things going on with your physical body and the same goes with your spirit body; your spirit body is just a reflection of the soul's condition.

So anyway I arrive in the spirit world and generally I arrive in the place through the mists, which is actually described in the book "Through the Mists" if you want to read that from Robert James Lees. Anyway I arrive in that location, often in a stunned condition if it was a sudden passing. So if I have a sudden passing I arrive there and I go, "Wow this is different I wonder if I am in a dream. I don't really know," and there is all this stuff that I don't really know right at that moment. I feel a bit disoriented. Wouldn't you feel disoriented? You imagine you are driving along in your car and you see this other car coming for you and you close your eyes because it is just about to hit you and then you open your eyes and you are not in the car anymore, wouldn't that feel quite strange? That instant reaction of change would feel quite strange to anybody, particularly if you

are in a car accident or something like that. You see the car coming towards you, bang it happens and you are straight away in the spirit world, and you have been severed from your body. [00:32:35.03]

4. What happens at the point of death

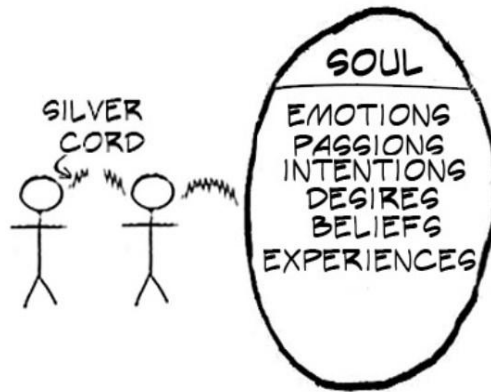
And what actually happens physically when you are passing is that your physical body, which is connected to your spirit body via what's called a cord; the spirits call it a silver cord. It is actually a long stream of energy that goes from your tailbone to the top of your thalamus of your brain. It's elastic in nature, in other words it stretches and moves and can stretch all the way through your experience in your sleep state in the spirit world. And that cord remains connected and keeps your bodies connected with their interfaces of all of their physiological and emotional functions. So in other words every emotion passes through that cord; every physical experience, every hurt, pains as well as pleasures all pass through that cord into your spirit body and then through a cord that connects your spirit body to the soul and therefore passes into your soul.



The silver cord transmits information between the physical body and the spirit body

And so these cords connecting your bodies together pass information to your soul. We could liken it to a robot, the physical body being controlled by the soul and everything the robot feels in terms of the touch and taste and smells and all those things a robot feels gets passed through this cord to the next body's experience, and eventually to the soul, because the soul retains all of those experiences from the moment that you incarnated right the way through your entire life.

So there you have the sum total of all your experiences entering the soul from the bodies. And what happens when you die, physically what happens, is this silver cord breaks. That is all that happens. In other words the physical body now can no longer assimilate information and pass that information through to the soul because it is no longer connected to the soul itself. It is no longer connected to the soul so therefore no information can pass.



When the silver cord no longer connects the physical body (left) to the spirit body (middle), the soul can no longer sustain the physical body and it decays

So from that moment on the physical body begins a process of natural decay. So after five days in the sun, it is a bit smelly; it doesn't take long for your physical body to decay. If you bury a physical body without any wrapping or anything like that and within a few months the physical body would mostly be gone. Mostly it is just certain bones that will be left after that time. And after a certain period of time even those will disappear as well, generally getting eaten by the different things and by the different environmental factors slowly decaying. [00:35:33.21]

This is because the energy that the physical body needs to stay alive doesn't just come from food; it comes from the soul's connection. So you can try feeding a physical body that is not connected to a soul if you want but it is still going to decay. You can pump it full of food but it is not going to work very well because it is the soul that controls how the physical body actually even processes all of its food. The soul controls everything.

So what happens is that the silver cord breaks and at the moment of that breaking you are surrounded, or even before the moment of it breaking, you are surrounded by a group of spirits that help you through the process of moving from where you are now on the Earth into assimilating your life in the spirit world. But the problem is that their assistance can only be given when you allow the assistance to be given.

5. Arrival in the spirit world upon passing (continued)

Now for many people who pass they have no belief system whatsoever of any afterlife at all. So you imagine what it's like for them when they pass. They pass, they are still awake, still alive and they realise they are still alive, they can still see everything. Everything is very different though and then there are some people around them who are willing to talk to them but, "I don't want to listen to them, like, I don't know who I can trust here." And straight away I start setting up some dynamics and emotional dynamics, because of my emotional condition; I start not trusting people and therefore how can these people now give me information. It is going to be very, very difficult. [00:37:12.07]

So for some people when they pass, they pass and they have the ability to receive information but they reject that and they go straight away back to what they were invested in, in their life on Earth. What are most of us invested in really? Most of us are invested in our family and our property are we not? They are generally the two things we are invested in. Sometimes we are invested in our religious background or racial background and some other things, but generally we have a personal investment in our family and our property.

And so what are you going to be attracted to when you pass? Your family on Earth and your property on Earth. So you will just sit there watching your family destroy your property (Laughter), "I created that! What are you doing, what are you doing?" You have all these projections, you have all these emotions coming up and these emotions need to come up because these are things that you invested in when you were alive on Earth, and you shouldn't have invested in because they are all pointless to invest in. We should have been investing in other things and because of that they are going to be negative emotions we need to feel about all of these investments.

6. Audience questions

6.1. What happens for people on life support machines

Participant: I'm just wondering about somebody who's kept on life support. Is their soul still in their body? Are they still there?

Yeah, if a person's on life support, what is happening is the body is being kept alive, artificially so, but the silver cord remains connected to the soul. And as a result of that many people who have stayed on life support

for many years have actually just stayed in a state connected to their body, they lived most of their life in like a sleep state type of experience but still connected to their body on Earth. And the majority of them want that to be the case because that is part of their Law of Attraction. The reason why they want that is they are too afraid to enter the spirit world.

Participant: So could they make a soul decision to leave?

Yes.

Participant: Despite being on life support?

Yes and their body will die and they will separate.

6.2. What happens for people with dementia

The same goes with many dementia patients. We were talking about this in Session 1. Many people with dementia are actually living a lot of their life in the state where they are totally afraid of their own emotions, totally afraid of what is going to happen in the spirit world. They want to retain a connection with their body to keep their body alive, but they don't want to be conscious of their own emotional state. So they go out of body and it is just like this constant state of almost suspended animation. They are still having experiences in their sleep state experience but they don't want to pass because they are too afraid of passing. It's the fear of passing that actually causes most of our distress at the time just before passing, and many people have huge fears of passing.

Lets say our parent has dementia and we go to visit them every week or so, they don't know us, it seems like they are somebody else and a lot of times by the way they are, they are often spirit over-cloaked in this state where they are trying to get out of their emotions. And when they go to sleep we could just sit there and say, "Mum or Dad, you are just afraid of dying. You are afraid of dying and you are afraid of living, too, that is why you are in this place. You are afraid of knowing all of your own emotions so you don't what to know that and that is what has closed down your brain that is what has closed down your cognitive experience. On top of that you are afraid of passing as well. You don't want to pass either and all you are doing is creating all of this, out of your fear." We can sit down and talk to them about that.

If we have had a person in our family in a coma for many, many years we can do the same thing. Ask them to make the choice, "Do you want to be back here again or do you want to leave, which one is it that you want?"

Because most of them are too afraid to make the decision and we need to help them through the process. They don't have to fear the spirit life but they don't have to really fear life here either and we need to help them through that experience. [00:41:46.12]

6.3. An example of a grandmother having electricity around her physical body after death

Participant: When my Nan died, she died in the night and in the morning I touched her and there was kind of like electricity I felt in her body. What was that?

A lot of spirits stay around their body for some time, and I feel your Nan did the same thing - she stayed around her body. They do that because they are afraid to move away from their body actually and go somewhere else and so they often attempt to get back into their body. If you read the Padgett Messages there are a couple of times where you will see spirits who have experienced that as well. Mrs Padgett herself when she passed tried to get back into her body and hung around her body for some time because she didn't know what to do. She didn't want to listen to anybody else and she didn't know what to do at the moment of passing, and she thought she could get back into her body. So for that reason many of them actually watch their own burial or their own incineration and they see their body buried or incinerated and then they realise they must be dead. And then they start asking questions after that, for many people that's the case. [00:42:56.27]

The body itself has a lot of stored energy like a battery but that energy usually within twelve to forty eight hours is gone.

6.4. How to see our spirit body and true soul condition

Participant: The other question was how do you look at your own soul condition as God sees you when you have passed?

When you pass? When you pass it's really easy all you need to do is look in the mirror.

Participant: What about on Earth?

Well when you are on Earth it's really easy too. All you need to do is look in a mirror.

Participant: That explains why I am so freaked out when I look in the mirror. (Laughs)

(Laughs) No when you look in a mirror, if you allow yourself to detune from your physical form, you can allow yourself to see your own spirit body and therefore you will see your own condition. I know different ones of you are now starting to practise that, looking at people's spirit body and seeing people's spirit body.

How many of you in Mary's courses now have had the experience of seeing somebody else's spirit body who was sitting in front of you? A few of you, there are a few people who have had that experience. And the truth is you can see your own spirit body. The truth is also that for the majority of people they don't want to because we are very addicted to what we look at now and we don't want to see ourselves as we truly are. [00:44:23.23]

It's a very powerful thing if you can do it though because you will see how you really are and then you'll know what to do.

Participant: I had an out of body experience where I went to the mirror to look at myself but I couldn't do it.

Yeah, exactly. So just be brave and do it because you will have to be brave when you pass and do it then anyway. So you might as well get used to it now. Why not get used to it now?

6.5. Assisting people with dementia or in a coma

Participant: Just a question about this example you gave before where a person who has got dementia or who is in a coma. You said to talk to them when they are asleep. What would happen if you talked to them while they're awake?

When they are awake often what is happening is that they are being over-cloaked by another spirit and so you are not going to be actually talking to them, you will probably be talking to another person. So that is frequently what occurs and that is why it feels like they are totally another person who doesn't really know you as well. Many times it is because they don't actually know you.

Participant: And when they are in a sleep state they wouldn't be somewhere else if you talk to them?

If you are longing for them to talk to them generally they will come to you but they may be somewhere else and they may desire not to come to you. But if you have a strong longing it is pretty hard to avoid a person on Earth's strong longing when you are in the sleep state or in the spirit world. [00:45:50.16]

6.6. The negative effects on spirits of holding onto grief

In fact that is one of the things I must mention about your grief. When you are grieving a person who passes and when I say grieving I am not actually saying you are experiencing the emotions of grief but rather you are holding onto the emotions of grief, that is a huge projection at the person who has passed. When that happens, the person will feel impelled to come to you. There is actually an energetic cord that establishes that you can see in the spirit world between the two of you. And so what happens is that this cord comes out of you, of this grief, and it gets projected at the person you are grieving. If they are open to it which most people are, that will enter them. And when they wake up from their sleep, and sometimes when you pass there is a period of sleep, what will happen is they will wake up and they will feel automatically drawn to come back to you because you are grieving and they will try to convince you to not grieve because they feel they are still alive.

And often it is the grief that causes many people on Earth to remain earthbound; it is the grief that you hold within yourself that people who are surviving them on Earth hold within themselves.

So my suggestion is to allow your self to feel that grief fully rather than to project it at the person, wanting them back. Because every time you want them back you are actually stopping them from living their life in the spirit world. They will feel drawn to come back to you; unless they have healed a lot of their emotion they will feel drawn to come back to you. And the truth is for most people they haven't healed very much emotion when they pass and so most of them will be heavily drawn to come back to you. [00:47:34.27]

So yeah with all of those in dementia sometimes the best time to talk to them is when they are sleeping rather than when they are awake.

6.7. An example of a person with Alzheimer's disease being afraid of dying

Participant: AJ my mum did pass away having Alzheimer's and there were two things that I noticed very strongly. One was that she was very scared because of her childhood emotions, so I realised that she was just trying to hide from her emotions. But also when she got towards the end I felt very strongly that she was so scared of the people that she was going to meet when she went into the spirit world she didn't want to meet her mum again. And I feel like she's with me very strongly at the moment. She was a very private person and I'm feeling quite anxious and she doesn't want me to tell people about her life. But it was very, very apparent what she was going through and the last couple of hours of her life, myself and my two sisters bombarded her when dad walked out of the room and said, "Mum you can go it is okay, it is safe just go with those angels that are around you and they will look after you," because we knew she was so scared to move over.

Can I just correct something though? She wasn't seeing angels around her.

Participant: No, that's what I felt. I know that she was just seeing dread, absolute dread.

And she was also in her state of dread attracting fear-based and angry spirits who were around her so when she looked around her she wasn't seeing the angels that you were referring to, which were there but she couldn't see them, she was instead seeing all the angry and fear-based spirits who were around her. So when you say go to that, she's going, "To what?" What?

Participant: Oh okay, right.

Would you want to go with that?

Participant: No.

No of course not.

Participant: Okay, that must be what I am feeling, yeah.

And because of the amount of dread that she had in her soul, remember it's her soul condition and her soul emotions that determine her experience after she's passing, and even during the passing as well. So if I've got huge amounts of fear of angry people I'm going to, during my

passing, attract a group of angry people around me during the process of passing. So that just heightens the fear of the passing. And if I'm not willing to experience that fear and shut that down, I won't want to pass, I'll want to sit on it and sit on it and stay in connection with my body for as long as I can, and many of them do that. [00:50:06.24]

Participant: Is she still in that dread because I'm feeling it?

Yeah.

6.8. Helping spirits who have passed into a dark location

Participant: The other thing is I've had experiences of spirits who have passed over coming to me and just out of the blue all of a sudden they're there and I just say to them, "Go to those spirits," but as you've just said about my mum, they may be seeing one thing and I'm seeing another.

Totally. How many of you have been using the term "go to the light" or go to the "whatever" in the past? A show of hands here - a good half of the audience. It is pretty much pointless saying it and the main reason why it's pointless is because it betrays the truth of their own condition for a start. Many of them have come to you because they don't see anyone around them and they don't see any light. When they look at you they just see that you might know something that might help them and when you say, "Go to the light" you are not telling them anything really at all.

It would be far better to connect to them emotionally. Think, "What am I feeling from you? I'm feeling like you are feeling a lot of dread. You are really afraid now, I get it. Well what I will do, you sit down with me and I will just describe what the spirit world looks like to you, this is what it is going to look like. There is this group and there is this group and these spheres and these dimensions and you have probably arrived in the first sphere and around you." And again feel your emotions as you're doing it because they'll impress you emotionally. You feel the emotion, "Ah yes so the spirits around you are quite dark," and you'll feel some agreement with that. "Well the truth is there are also some bright ones but you are not letting yourself see them because you don't trust anybody. You need to trust somebody and what I am going to do is ask the bright ones to come and show themselves to you." Help them make the connection.

You see in every single case if we desire to help a spirit make the connection between themselves and a spirit who is in a better place than they are to progress, they will be greatly assisted by that connection. But if you just say to them in almost a flippant way, "Go to the light," because

you don't know what else to say, what finishes up happening is they're looking around for some light and they're going, "What light? What light? All is here is a bit of darkness, I don't see any light. I can hardly even touch the place I'm in." Sometimes it can be so dark that you can't even see your environment.

And so you've got a person saying to you "Look at the light, look at the light" and you're hearing their voice, hearing their voice and they're going, "Look at the light" "What light I don't see a light. That's going on?" And then you say, "Go to these spirits," and they think, "What spirits? There are no spirits here. I'm just in this place of terrible darkness and I'm trapped." And remember where he or she is, is based around their emotions so if they had huge amounts of fear on Earth, where do you think they're going to be in the spirit world? They're going to attract an environment that is very fearful to them. [00:53:04.03]

So if they were afraid of snakes on Earth, where do you think they're going to end up in the spirit world? Does that make you sort of consider your fear of snakes a bit? (Laughter) Because everything God does is to help you get to deal with your emotions. So everything that you create, everything you're afraid of you're going to actually at some point attract in the spirit state as well, in the sleep state and the spirit world state. So you imagine passing and all of your fears all at once are highlighted to you through your environment. So that would be pretty scary wouldn't it?

Now if you had someone on Earth who you could connect to, even just intellectually, and hear their voice talking to you, because you don't even need to be present for that to occur, and you could hear them reassuring you, "Actually I know that you've passed into a fairly dark space but what I want to do is explain to you why that's the case and I'll explain to you how that all works. And I'll explain to you how the spirit world works because if you know how it works you can change the environment in which you live by growing in your soul condition," and you can explain all that to them.

And this is what your mum needs. Your mum has come to you for some explanations and they don't need just a basic very brief answer of "go to the light" because they don't know what you mean; they don't know what that means. And why would you want to go to the light anyway? Because when I see the light I look down at my body and it's got all these cracks and everything in it and I don't want to see them, I'd rather be in the darkness in a corner than see myself as I really am. That's how many of them feel. [00:54:47.14]

7. Arrival in the spirit world upon passing (continued)

7.1. An example of Judas' passing

There's a lovely channelled message through Hans Radix's "The Judas Messages" and Judas himself, this is the Judas who betrayed me in the first century. Judas described to Hans his own passing and it's really worth reading because it tells you a lot about that initial part of how you go about passing. When Judas hung himself he hung himself and the tree that he hung himself from broke. He was over a cliff, and he fell to his death on the bottom of the cliff. And the moment he passed, he looked down and found himself naked and had passed, couldn't see much of his body and then someone came along and gave him some clothes so he put the clothes on and then he describes the process of what he went through the first couple of weeks or so of his passing.

And the first couple of weeks of his passing were basically like this. He passed into a place of reception, which by the way most people do; they pass into a place of reception. And they stay in the place of reception until they want to see their own condition. Now for some people that might take a week, for some people that's instant, for other people it might take months of human time on Earth for them to want to see their own condition.

Generally what happens is they're living in this sort of hospital like environment, not like the hospitals we have on Earth; they're a bit prettier and of course there's vegetation and everything in them, they're quite beautiful places in comparison to what's on Earth. But they're living in this environment and what they notice is that quite a lot of people come through who look very ugly to them and they go, "Ew he's looking a bit ugly, I can hardly look at him. He's like whoa I wonder what he did while he was on Earth?" And then Judas found himself wanting to look at his own form and once he looked at his own form he was so ashamed of how he looked that he instantly recognised that he didn't belong in the place of reception anymore. [00:57:04.29]

And that's what happens to every one of the persons who go through this process. They instantly recognise they don't belong in the place of reception anymore and generally a spirit comes along and takes them to their home. For Judas if you can imagine sitting up on top of one of these hills up here, Buderim Hill, and you imagine the valley down towards the rainforest, it's all pretty green, right? And if you get on a nice viewpoint on that hill you can see quite a lot of valley just looks beautiful. You can see a lot of plants. Now you imagine all of a sudden that that valley just turns to

grey and black like a fire has been through there. Have you ever seen a really bad bushfire? You often see them in Victoria or in South Australia or Western Australia, these terrible bushfires, and they turn the whole landscape into this black and grey landscape. Well that's where Judas lived in a black and grey landscape for a long period of time. He lived in that place way after my passing until one of the other friends of mine from the first century, called Andrew, visited him and started showing him how to progress.

7.2. Religious denomination does not determine where people pass

Participant: So no matter what denomination or religion or what their beliefs are they'll still go to the same reception area and then where...?

Not necessarily because it's got nothing to do with what denomination and what religion you are, it's got everything to do with what your soul condition is. So the truth is you could be a Catholic and actually be in a very loving condition. You can also be a Catholic and be in a very terrible condition. Where do you think some of the popes, like Pope Clement, and others like him passed to? Pope Clement began the Spanish Inquisition, so you imagine where he passed. So he was a Catholic but he wasn't in a very good state of love and he passed deep into the hells. Other Catholics spiritually have passed into the first or second or even third spheres of the spirit world, depending on their condition. It had nothing to do with them being a Catholic; it had everything to do with their real soul condition. [00:59:55.23]

So some of them get received in the place of reception, many of the ones who go to hell do get received in that way. Others who are in a brighter condition don't need to be received that way because they already know they're already in a good condition, they're easily taught, they might be humble and so forth and so they'll pass into a completely different condition and a very different life in the spirit world as a result.

7.3. The vast majority of people pass into the first sphere

Participant: So you know how when you did the diagram before you said we start off pretty low in love...

I was giving the average person on Earth's situation.

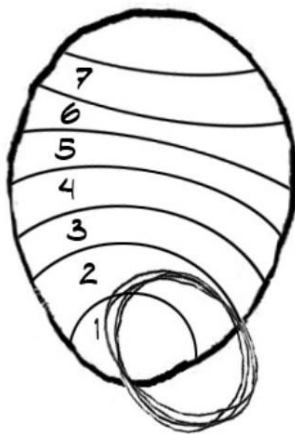
Participant: So would you say that most people pass into the first sphere or the hells?

Yeah 99.999 per cent of people who pass, pass into the first sphere, into the lower areas of the first sphere, and many of them pass into the hells in the first sphere. Historically very, very few people have passed into the second sphere and hardly anyone at all has ever passed into the third sphere. That's the complete history of mankind; hardly anyone at all has passed into the third sphere.

7.4. Differences between the sleep state and where people pass to in the spirit world

Participant: AJ in the dream state when you visit the spirit world is wherever you go in your dream state a reflection of your soul state?

No. Because a lot of your dream state is about your fears and terrors and everything else being acted out. If you could draw the seven spheres like a circle and you drew sort of the seven spheres like an egg, if you picture the sleep state sits in a sort of a state that's not a part of any of those states but where you can visit any of those states or others of those states can visit you. So the Earth at the moment is about a first sphere condition and so most of your sleep state experiences, depending on our condition, will happen in that place whatever that place is. [01:02:34.21]



The Earth is in a condition of the first sphere of the spirit world

Now for some of us our sleep state experiences is often a lot better than our Earth-based experience because we've learnt a lot of truth now, we've

dealt with a lot of emotion in our sleep state that we've yet to deal with in our awake state pretty often and so our condition in our sleep state's better. So we have a lot of very positive experiences and lively experiences. Others though do have a lot of very negative experiences in their sleep state. This is why some of you are terrified to sleep. Some of you have the terror to even sleep and the reason why is because you're afraid of what happens in your sleep state experience. So you need to be willing to deal with the fear of that.

But it varies quite a lot. There's a very good drawing actually in the book "The Gate of Heaven", Robert James Lees' book. In the actual book there's a diagram that he's given about where the Earth positions itself and it's sort of in this place where the sleep state experience encompasses many spheres and depends totally upon your condition as to where in the sleep state experience you generally reside.

But your dreams are often a reflection of your denied fears on Earth. So they are very different to what your real sleep state experiences are. So when you go to bed and you dream about being chased around by a monster every night well that's an experience that you need to go through on Earth, allowing yourself to actually release the terror-based emotion that creates that dream state experience. [01:04:13.11]

There's a very different thing between the dream and a sleep state experience. A dream is always about unhealed emotion, always about unhealed emotion. Sleep state experiences are actual experiences you have while you're asleep. They're very, very different in terms of their makeup and what actually happens in them.

7.5. Assistance provided to people who pass

Participant: AJ you said when people first pass over they're offered support.

They're often supported?

Participant: They're offered support, yes. And what's the nature of that support depending on the level of where they enter into? Is that support always of the light?

The support they're offered is always of bright spirits, yes. None of the dark spirits would ever enter into a venture of supporting you; by nature a dark spirit won't support you during the process of passing. A dark spirit of course will want to harm you in the process of passing and many

of them attempt to do that, but this is why the bright spirits around generally nurse you through that first process of transition. This only of course happens when you don't know what's happening. So when you know what's happening the experience is very different. [01:05:35.17]

7.5.1. An example of Jesus' passing in the first century

So when I first passed in the first century, I knew all about the spirit world, nobody supported me. There were a lot of people to meet me and I met up with a heap of my friends that I spoke to, but I didn't need to have people telling me where to go or what to do I already knew what to do more than they did, so there was nothing I needed to learn in the process.

And I went to my home, but then I actually visited all the hells and talked to all the people in the hells about the Divine Love. Then I went through the first sphere and talked to as many people as I could there and all of these things happened while Mary and my child were all asleep because when they were awake I was my child's guide. So I didn't need to learn anything in the sleep state in the spirit world and so nobody supported me through the process of my passing if you like. There were spirits there but I knew what was happening.

7.5.2. The advantage of being open to assistance on passing

Participant: So basically is what I'm hearing you saying is to just surrender to that support when we pass over?

Yes if you have that support around you of course because like this is a matter of trust, like the Bill Joel song, (AJ sings) "You can't go the distance with too much resistance." And the truth is that the more you resist the help you're given of course they then cannot help you. If you're open to the assistance it's really great because you can learn a lot in a very short period of time.

In the book "Through the Mists" by Robert James Lees - that was a man who passed. While on Earth he was very teachable and malleable, he was very loving, he had quite a good natural love state, and he passed into the top of the first sphere state. He describes the first move from Earth and he then very quickly went into a transition into the second sphere as a result of the amount of natural love that he had already. And he describes that process of his own passing and it's very much worth reading because it goes through all of the things he was taught and learned because he desired to. He was very inquisitive and so every spirit who came to help

him he just questioned one after the other, question after question after question. If you just sit down there all scared and everything and wait for somebody to tell you then you might not get told very much. But if you're questioning and open and free with your questions then you'll get told a lot. Basically it's based on your soul condition. [01:08:22.29]

So this is where here on Earth many of you have had the opportunity to ask questions of me in these public settings but you don't because you are afraid. Now when you pass in the spirit world do you think it's going to change? No, so why not get over your fear and ask the questions. Okay, (Laughter) there's now twenty five people with their hands up, this is awesome.

8. Audience questions

8.1. Sleep state experiences vs. awake state experiences

Participant: Monique has been having a lot of sleep state experiences of us in really blissful, beautiful experiences but it is not reflective of how we've been in our awake state.

Of course.

Participant: And so what is reality?

Both are a reality.

Participant: So which is our real soul condition?

Well of course your soul condition in your sleep state is very different to your soul condition in your awake state because of the different unhealed emotions you have in your awake state. So while you are here on Earth your soul condition is what it is right now and when you go to sleep your soul condition is what it is right then, and the two different sets of emotions are very different to each other.

You see in your sleep state you are already aware that you can't be afraid of death, you are already aware of a lot of Divine Truth that you are not yet aware of, in your awake state. So naturally in your sleep state you can be in a bit better condition in the sense of there are things you trust, there are things you have faith in that you don't yet have faith in, in your awake state. So allow these experiences to bring your awake state into the same state as your sleep state. Allow yourself to trigger that. [01:10:30.29]

You don't need to be confused because at the end of the day of course if you are in your sleep state, you know death isn't real. And for all the people who have passed who you refuse to mourn in your awake state, in your sleep state you don't need to mourn them because they are right there next to you. So there are emotions that we hold onto in our awake state that we are no longer holding onto in our sleep state and because of that we have very different experiences in comparison between those two states.

So in your sleep state you have removed a lot of the barriers between yourselves, the anger that you have with the opposite gender for example. A lot of that barrier has been removed because you know the reasons why you have it. And you've tried to process some of the emotions in the sleep state but there are awake state emotions to process too and that's where you're refusing to process those. I know you're trying to get into them and that's fine. But the reason why our sleep state and our awake state are not the same is because we are refusing to deal with certain emotions in our awake state that we are willing to deal with in our sleep state.

Many of you have far less fear in your sleep state than you do in your awake state, which makes sense because you're a lot more conscious of what happens in your sleep state than you are in your awake state. That's why you have less fear. So many of you will find it a breeze when you pass and it won't even be as painful an experience as you believe it to be because of some of the healed emotions that you've already processed. [01:12:19.22]

8.2. False beliefs about abundance

8.2.1. An example of a participant with abundance issues but a strong desire for God

Participant: Hi AJ. The other night we were going to sleep and I was praying to God and Daniel said, “There's a spirit who wants to speak” and I said, “Okay,” because normally I tell him to tell them go away, I'm going to sleep. The question was I was praying and she could see that I had a really strong connection to God and a desire and her question was how could I have such a strong desire when my reality is I don't have many possessions? She was questioning how could you not have all the abundance in your life and still have so much desire to God. I didn't know how to answer her so I said there were spirits around me and they said they could help her to understand what was going on. So I don't know because I do feel that I lack in abundance and material stuff but I don't feel that I lack in my desire for God.

Yes this was a good Law of Attraction event for you on two cases because you did actually know the answer. Why don't you have abundance in your life?

Participant: I feel that I don't want it.

Why?

Participant: I feel it's unloving.

So you have a guilt about it?

Participant: I feel that, yeah that I've got guilt but I also don't want to waste my time with it.

How is having abundance a waste of your time?

Participant: I'm not sure. (Laughs) I guess because I've got to go to work.

Because you think you have to work for it? You don't have to work for abundance.

Participant: I don't know any other way.

Ah of course. So what you could have told her is there's a whole set of beliefs that you have that cause you to not have abundance. But you have a whole set of really positive beliefs about God, which is the reason why you have a good strong connection with God. But there are some beliefs that you are yet to feel about God and that is that God wants you to have abundance. [01:14:57.26]

You think about what God does, for example with a fruit tree. We plant a fruit tree and it grows into a tree and one seed produces hundreds and hundreds of pieces of fruit this season. And then the next season what does it do? The same thing again. And the next season what does it do? Same thing again: from one seed. All I have to do is plant a hundred seeds and I can feed families and families. That's abundance, isn't it? God automatically provides abundance to us. So if we're not having abundance in our own lives then there must be a set of emotional beliefs that we have that cause us to reject abundance. One of yours is guilt and a feeling of responsibility is another.

Participant: But I don't understand what my responsibility would be. It doesn't make any sense to me, sorry.

This feeling I feel from within you is if you have things then you've got to look after them.

Participant: Yeah, definitely because I used to have things and it took a lot of effort.

And now you don't want them because it takes too much effort.

Participant: No I don't. I don't want them because then I don't have to take care of them. (Laughs)

But can you see if your soul is in a state where it was automatically creating the effort for you, then you would automatically have them looked after without you having to have the effort. So it's just an unhealed emotion, the emotion of responsibility for things.

[01:16:34.04]

Participant: And people.

8.2.2. Abundance does not create extra work or responsibility

You see this is why a lot of you don't want to be rich because you don't want the responsibilities associated with being rich. How many of you are happy looking after one house? Cleaning it, doing the toilet, bathroom, gee it's argument time when we've got to clean the house, isn't it? We all get together clean the house Saturday morning or whatever it is for you, and how do you feel? "This is tiring, annoying, I wish I didn't have to do it, I wish had a servant," is often what we feel and a lot of that is a feeling of not wanting to take responsibility for our life.

The truth is when you want to take responsibility for your life and you're willing to actually not feel guilt about abundance, you will attract lots of abundance. But you already know this and you could have told her that because what she was confused about was if you have God in your life why do you, on the other hand, have a lack of abundance? She was confused. Her emotions are if you have God in your life you should have abundance, that's her belief, which is also not necessarily accurate because having abundance is about a whole different set of emotions. So it was a good Law of Attraction for both of you to work through the issue emotionally. [01:18:09.14]

Participant: Good day, AJ. Just the last question actually brought up some things in my life. I feel the same, I don't want abundance because with abundance comes what I believe is illusion. An illusion, like having all the cars you want, all the houses and all the beautiful things around

you creates problems, which in turn creates more emotional problems as well so I just related to that last question and I...

Can I just dispel a belief system that many of you seem to have and that is abundance doesn't create problems. Emotions create problems; negative emotional injuries create problems, not abundance. Abundance doesn't create problems. When I was the first person who entered the twenty first sphere I had a whole dimensional universe to myself. (Laughter) And if you can just sit with that for a while, that's a lot of abundance.

Participant: It certainly is.

And it didn't create any problems for me whatsoever. It was just happy times (Laughter) and then when my soulmate joined me in that place, whoa! (Laughter) It was just happy times all the time, with all this abundance.

Participant: I just feel to me abundance to me is to be more connected to nature more connected with love, not cars..

I agree but it doesn't mean you won't have physical things. Abundance is not like that, so like don't think that abundance means that you won't have physical things, because you will. As you progress more and more and actually release the emotions that repel abundance, you'll find you'll attract more and more abundance but you'll use it in a manner that's part of your happy life, creating for others, creating for yourself and so forth. You won't use it in an unloving manner in a need, need, grab, grab type environment, and you also won't be afraid of it. You won't be afraid of the responsibilities that come with it.

So I wasn't sitting up there in the twenty-first sphere going yeah this is all too much work. It wasn't like that at all. It was just this beautiful place of being completely harmonious with an entire universe that was my own creation. And there are many spirits by the way who are in the sixth sphere state who have had that experience too, who can create their little tiny universes in comparison, but they feel that's very abundant and they're not afraid of the responsibilities of that. [01:20:59.01]

You see this is an Earth-based emotion that we have and these Earth-based emotions affect us a lot, far more than what we realise. And when we pass over into the spirit world it's that Earth-based emotion that actually affects a lot of our decisions and choices that we make in the spirit world as well.

Participant: I honestly don't even know what the question is I just want to connect. Hi AJ this is my first time here.

8.3. An example of a participant who is influenced by a spirit attempting to reincarnate

Participant: Yes. I guess my question that's sitting with me at the moment is I feel I that was born into my family as the first born of my family as a supposed stillborn. But my experience or imagination (I have no idea) is that he wasn't even stillborn that he was in a place of total peace but nonetheless wasn't met by my mother or my father. We don't even know what happened to him he wasn't buried. So that's my experience...

When you say... I'm a bit confused you were saying that you were born into...

Participant: I feel I may have been him.

You feel you may have been a him? Can I explain what was actually happening? [01:22:51.01]

Participant: Yes.

This is what often happens, due to false beliefs in the spirit world, and one thing I must say is that false beliefs in the spirit world and particularly false beliefs about their life in the spirit world compared to their life here on Earth cause spirits to do and attempt to do a lot of different things that they wouldn't normally do if they knew the truth. But I feel actually that there's a spirit with you who has been with you from the time you were born who tried to reincarnate using your body. This spirit passed as a stillborn in its life on Earth. There's no such thing as reincarnation actually as he understands it to be anyway and he then has tried to reincarnate into a new body and what he's done is attached himself to your body. And this is why you have a strong male influence through the rest of your life as well. [01:23:59.18]

Now the reason why that happened is the Law of Attraction of your mum and dad. Their own emotions did not protect you from this event and it's their unhealed emotions that created the event and it's also their unhealed emotions that you need to now heal before this man will release from you.

So let yourself just go through that experience of releasing those emotions and you'll actually connect with your own femininity for the first time in your life, which will be a very powerful thing for you to connect to once you release this connection between you and he. My suggestion is to talk to him as if he is a different person to you. Talk to him as if he is the person who has had a previous life on Earth in which he didn't experience a whole lot of it. That's one of the reasons why he tried to come again, by connecting to you, because he feels like he's missed out on a life on Earth and he has some deep emotions about that and as a result of that connected with you. He's confused you sexually quite a lot too at times.

Participant: Yeah, I had no idea. I mean I'm fifty eight next week and I have no idea. I thought I knew what sexuality I was but I really have no idea and it is painful and I am sorry to cry but it is so painful. No, no crying is welcome here. (Laughter) Kerry, crying is welcome here. As everyone here who has been here before knows very well. They have even seen me cry while I am talking. My suggestion is to allow yourself to just feel that grief that you have that you haven't been able to connect with yourself because of this heavy influence that you have had. Let yourself work through some emotions about your parents; it is parental emotions that caused the original attraction. Rather than go through them all with you if you allow yourself to feel them, you will connect to them pretty rapidly actually. But your confusion sexually is not because of anything other than this man being with you twenty four by seven, particularly during your awake hours, influencing many of your choices and decisions along a masculine track. [01:26:38.00]

Participant: Yes I feel like I have been like a mother and father to my own daughter anyway and so I feel like I have had to be really tough and male. I just want to relax and be feminine.

Yes be a girl, be a girl because that's your true nature obviously, that's the body your soul has incarnated into. So that means you are the feminine half of your soul and while this man is over-cloaking you and trying to influence you, he's actually causing quite a lot of damage to your life as well, unbeknown to himself because he had a whole series of false beliefs too. So if you can talk to him about those beliefs that he has, and encourage him to move on in the spirit world. He can actually have many experiences in the spirit world that he is trying to have here on Earth but he is avoiding them wanting to have a body again basically.

Can I just point out that the teaching of reincarnation and many of the subsequent related beliefs cause a lot of these kinds of problems where people on Earth get over-cloaked from a very, very young age and stay over-cloaked for a lot of their life. If spirits knew the truth and people on

Earth knew the truth they wouldn't allow these connections so much. But it's your mum and dad's emotions that allowed the connections.

[01:27:55.29]

You know what they are.

Participant: Oh yes. (Laughs) Thank you. Thank you so much.

No worries.

9. Closing words

It's six o'clock. And all is well. (Laughter)

What I would like to do is continue this discussion. So that's been part two of the introduction to What Happens When You Die. Remember we've not even yet got to the first sphere; we're still in the process of discussing this process of passing. So what we want to do at another time is we'll continue this discussion as another one as part of the intro. And then once we do that we'll have a look at life in the first sphere of the spirit world and discuss some of that, and hopefully can answer a lot of the spirits in the hells questions about why they are where they are and things like that as well.

Thank you again so much for your time. (Applause) It's really lovely to see you all enjoying each other's company more. Have you noticed that? That you're enjoying each other's company more and it's a really beautiful thing to see.

Your family of choice is growing and starting to connect with each other and it's beautiful to see actually. So I'd just like to compliment you on that. [01:29:57.18]

9.1. Comments about time compressing and the universe changing

Mary and I are just working through some pretty big soulmate type emotions still, to do with a lot with fear about connecting for Mary, and many of you will find as we're working through these emotions that your relationships are in topsy turvy mode. So I just wanted to warn you about that (Laughter) if you haven't already noticed that then you'll find that that's what's probably happening for you too.

There is a whole change going on. Many of you are not aware probably yet but time gets compressed every so often and this is a part of what one of the Mayan calendars describes - the compression of time and space. And in the compression of time it means that many of the things that we took many years to resolve before now get resolved in months. And soon, once my own condition changes again, many of the things you go through will only take days to go through emotionally. (Laughter and applause) Just be careful about the “yay” (Laughter) because many of you are already confronted about having things come up one month at a time, you imagine things coming up every day different things coming up. So it gets a bit intense. So that's the warning for you. So just remember that it gets a bit intense and that's a part of this process of the changing on the planet that is going to happen where things will get more and more intense and more and more intense until the time, I suppose you could call it zero time or whatever when the Mayan calendar finishes and then things will change or usher into a new place as well. And that doesn't mean that the timing is exactly the timing of that calendar but things will happen in this progressive manner. It's interesting that many scientists actually know about this and some of those scientists have actually documented this process now.

There are many scientists in the spirit world that are very keen to communicate with mediums on Earth about these matters and so what's happening for us is that I'm typing up a series of questions for a group of mediums who want to answer those questions that we know. We'll see how those answers come up over the coming months and we might post them on the Internet for you as well just to keep you ahead of what's going on.

I don't think there's anything else I need to mention to you aside from you're all very beautiful people growing in love and it's great to see you growing in love. I love you guys so much.

Thanks for your time guys. (Applause)

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